

Mindy Brar

Corpus Christi, TX 78414

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Highly inspired nursing professional seeking a position as a Licensed Vocational Nurse (LVN) at a continuous medical institution using incomparable patient care, and obtained nursing proficiency to achieve the elevated level of patient satisfaction. Possess extraordinary communication ability with cultural diversity awareness. Efficient and lively personality with veritable empathy for people who are sick.

Authorized to work in the US for any employer

Work Experience

LVN Charge Nurse

Windsor Nursing and Rehabilitation - Corpus Christi, TX

April 2021 to Present

LVN Charge Nurse

Spring Branch Transitional Care Center - Houston, TX

November 2020 to March 2021

Medication Administration. Monitoring intake and output levels, and administering G-tube feedings. Changing wound dressings, review labs and contact Physicians as necessary. Perform assessments daily, weekly and monthly as well as perform quarterly assessment. Assessed, monitored and documented patient progress, symptoms and vital signs on each patient. Follow treatment plans for patient recovery and to minimize pain, discomfort, infections and complications. Behavioral and cognitive impairments, lockdown units.

LVN Nurse

The Heights of North Houston - Houston, TX

November 2020 to March 2021

Medication administration, Add minister breathing treatments and provide tracheotomy care and sectioning. G-tube feedings. Taking vital signs, testing blood glucose and administering Insulin.

LVN Charge Nurse

Villa Toscana at Cypress Woods - Houston, TX

November 2020 to March 2021

medication administration, wound care, blood glucose checks, IM injections, vital signs, assessments and admissions, behavioral and cognitive impairments.

Certified Nursing Assistant

Villa Toscana at Cypress Woods - Houston, TX

August 2017 to April 2020

Provide nursing assistance to residents in a long term care facility.

- Assisted residents with activities of daily living including helping with meals, transferring using assisted devices, bathing, dressing and grooming.

- Observe or examine patients to detect symptoms that may require medical attention, such as bruises, open wounds, or blood in urine.
- Feed patients or assist patients to eat or drink
- worked with behavioral and cognitive impairment residents in lockdown units

Certified Nursing Assistant

Bright Star Home Healthcare - The Woodlands, TX
July 2016 to April 2020

Help clients with bathing, dressing, grooming, and toileting to eating, meal preparation, medication reminders, and light housekeeping.

- Document or otherwise report observations of patient behavior, complaints, or physical symptoms to nurses
- Communicate with patients to ascertain feelings or need for assistance or social and emotional support
- Record vital signs, such as temperature, blood pressure, pulse, or respiration rate, as needed.

Education

Associate in Licensed Vocational Nursing

The College of Health Care Professions - Houston, TX
August 2019 to August 2020

Skills

- Home care
- Dementia care
- Experience administering injections
- Vital signs
- Memory care
- Tube feeding
- Blood sampling
- Infection control
- EMR systems
- Medication administration
- Laboratory experience
- Meal preparation
- Caregiving
- Venipuncture
- Food preparation
- Laundry
- Alzheimer's care

Certifications and Licenses

LVN

CNA

BLS Certification