



ISMAHAN YUSUF

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PROFESSIONAL SUMMARY

Certified Nursing Assisting with more than four years experience. Committed to providing high-level care to the patients I work with. Able to work under pressure and I encourage team work, and excellent communication skills and consistent team player in all type of environments.

SKILLS

- Communication -Team work
- Ability to work most of the time under -Attention to every little Detail
- Pressure -CPR and first -aid certified
- Time management -Resident and the environmental safety
- Stress management -HIPAA and patient privacy
- Problem solving and Analytical thinking
- Interpersonal skills
- Vital signs monitoring
- Safety regulations.
- Knowledge of medical terminology.

EXPERIENCE

Resident Assistant December 2019 - Current

Arbors at Ridges | Burnsville, MN

- Resident care Assistant work closely with the Residents and provide basic cares to them such as showering, medications, feeding and ADL cares.
- CERTIFIED NURSING ASSISTANT NIGHTS
Assists department manager with secretarial duties related to unit
Assists patients in ambulation
Answering patient lights and performs services in a timely manner that adds to the physical well-being of the patient.

CNA

December 2018 - December 2019

Augstana Health Care Center | Apple Valley, MN

- Supervise, assist or provide showers and baths
Makes routine rounds on each assigned resident and patient in accordance with established procedures
Assist in development of resident treatment plans
Recognizes and can assist in the prevention of elder abuse, neglect, and exploitation
Provides personal care and services such as
Assisting with ambulation

Certified Nursing Assistant

April 2018 - December 2018

Hillcrest Rehabilitation Center | Mankato, MN

- Assist patients with bathing, dressing, eating, and other daily activities.
- Monitor vital signs and changes in patients' conditions; report to assigned physicians.
- Provide special care to bedridden patients by repositioning them and taking their bedpans.
- Collect information about treatment plans from nursing professionals and physician.
- Examine patient's body for bruises or other injuries; check for blood in urine.
- Clean and sanitize patient areas, change bedsheets, and assist with restocking.

Certified Nursing Assistant

June 2019 - Current

Riverside Home | Minneapolis, MN

- Assisting clients with disabilities
- Assisting clients with daily activities
- more than 3000 hours of working and assisting clients with disabilities
- Experience Residents with mental disabilities, behavioral problems, and physical behaviors as well.
- worked in a group and came up with different treatments plan that will help the clients.

Assistant Activities Director

February 2014 - March 2015

Autumn Grace | Mankato, MN

- Take them on short outings.
- Watch a TV show or movie with them.
- Do a group sing a long with the clients
- Card making.
- Always doing different Activities Kits.

EDUCATION

Nuesing school	March 2021
Rasmussen College , Bloomington , MN	
High School diploma	June 2016
Mankato West High School, Mankato, MN	
CNA Certification	April 2018
Basic Life Support -BSL (Infant - Child -adult)	November 2019
OSHA BloodBorne Pathogen Training	January 2016
Rasmussen College , Mankato, MN	
Completed 20 hours of training.	

CERTIFICATIONS

pressure -CPR and first -aid certified -Time management -Resident and the environmental safety -stress management -HIPAA and patient privacy -problem solving and Analytical thinking

VOLUNTEER

Customer service

April 2014 - August 2016

Echo Food shelf | Mankato, MN

The Emergency Community Help Organization (ECHO) provides emergency food assistance to people in Blue Earth County and North Mankato

LANGUAGES

English, Somali, Arabic and Turkish