

SHOLANDA RICHARDSON

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PROFESSIONAL SUMMARY

Dedicated Registered Nurse committed to practicing excellence in professional practice while providing safe and quality patient-centered care in a healing environment. Demonstrates competency and professional responsibility in the Charge Nurse Role by delegating assignments and providing supervision to support staff in accordance with their level of expertise and patients acuity.

SKILLS

Highly dependable with providing compassion Strong clinical judgment and empathy while establishing the nurse to Fluent in healthcare standard infection client relationship precautions and disease

prevention Problem resolution capability Insulin medication assistance Professional bedside manner Patient positioning competency High level of autonomy

Patient and family advocacy Patient evaluation/intervention

Patient /family focused MEDITECH/Cerner/Epic/ McKesson documentation proficiency Acute care expertise In-depth knowledge of intravenous therapy Adept at prioritizing/managing deadlines

Foley catheter insertion/removal familiarity
Thorough physical assessments

WORK HISTORY

East Jefferson General Hospital, Metairie, LA(Snap nurse Louisiana deployment crisis contract) 1/26/2022-4/27/2022

Telemetry RN responded as a float RN to various units throughout the hospital to meet staffing needs during the Covid State crisis epidemic.

Ochsner Rehabilitation Hospital, Jefferson, LA(8 week travel contract) 11/15/2021-1/13/2022 Rehab/Med-Surg RN providing safe and effective care to patients status post Neuro deficits, Ortho trauma, and Debilitation/Weakness by helping patients recover and perform and function as independently as possible in their daily living activities.

Tulane Medical Hospital and Clinics, New Orleans,LA(Rapid Response RN travel Contract)-09/15/2021-10/16/2021 Neuro PCU Telemetry RN/ ER Med Surg/TELE holding RN responded as a float RN to various units throughout the hospital to meet staffing needs post Hurricane Ida disaster.

OCHSNER Medical Center Westbank Campus, Gretna, LA(travel with resign extension)-12/21/2020-08/07/2021 Med Surg/Telemetry/Psychiatric RN floating to various units to meet staffing needs with a large homeless population.

Our Lady of the Lake Regional Medical Center(In House Contract)- 09/22/2020-12/14/2020 Baton Rouge, LA-COVCC Covid PCU RN providing safe and adequate care of Covid positive patients while maintaining a safe working environment for employees and other nursing staff.

West Jefferson Medical Center Marrero, LA(In House Contract)-04/10/2019-9/21/2020-Adult Acute Care Intermediate/Telemetry RN.Covid RN providing safe and proficient care to patients during the initial coronavirus outbreak.

Gifted Healthcare/Charge RN(travel with resign extension)- 8/23/2018-04/06/2019 Our lady of the Lake Regional Medical Center, Baton Rouge LA-MedSurg/Telemetry and Adult/Geriatric psychiatric RN often floating to various units to meet staffing needs.

Supplemental Healthcare (travel) -3/5/2018-06/09/2018 Riverplace Behavioral Health Center, Laplace, Louisiana – Adult and geriatric psychiatric unit with detox, schizophrenia, bipolar disorder, eating disorders and a mix of mental disorders.

Gifted Healthcare (travel) – 01/2018-02/2018 (8 wks) University Hospital and Clinic, Lafayette, Louisiana – Telemetry and psychiatric with large homeless population.

Travel RN,Advantage Medical Professional (travel) -12/16/2016-09/16/2017 Acadia General – Med Surg/Telemetry and adult and geriatric psychiatric.

Hospital Travel RN,Advantage Medical Professionals (travel) -05/29/2016-08/27/2016 Lafayette General Southwest – Med Surg/telemetry and renal unit and float to telemetry neuro floor.

Adequately worked on a Medical-Surgical as a contracted nurse,while implementing and providing the most optimal form of care according to the standards of professional nursing practice.Often acted as float pool staff to various units to meet staffing needs.

Travel RN,Gifted Healthcare Nurses (travel with resign extension) -10/2015-05/2016 Lafayette General Medical Center-1214 Coolidge St. Lafayette,La 70503

Adequately worked on a Medical-Surgical/Renal floor as a contracted nurse, while implementing and providing the most optimal form of care according to the standards of professional nursing practice.

Registered Nurse/Charge RN- 02/2013 to 7/15/2019 (Prn status) Christus St. Patrick Hospital – 524 Dr. DeBakey Dr. Lake Charles, La 70601

Assesses, plans, implements, evaluates and documents nursing care in accordance with standards of professional nursing practice. Chronic patient care in Medical Surgical/Telemetry/Renal Unit, adeptly handling all aspects of treatment from medication to wound care to monitoring for up to six patients per shift. Float to Psychiatric Unit with population of adults and geriatric regularly with detox, schizophrenia, bipolar disorder, eating disorders and a mix of mental disorders.

Ensured efficacy of treatments through monitoring of treatment regimens. Developed patient care plans, including assessments, evaluations and nursing diagnoses. Demonstrated ability to participate and maintain professionalism during patient care among healthcare teams. Ensured HIPAA compliance.

Diet Tech, 10/2006 to 02/2013

Christus St. Patrick Hospital (Aramark) – 524 Dr. DeBakey Dr. Lake Charles, La

Assisted Registered Dietitians with patient compliance and nutritional education to diet regimens as ordered by Physician during hospital admission.

Educated patients about therapeutic nutrition, sanitation, food prep and presentation. Assessed individual nutritional risk and status.

Monitored quality control procedures to guarantee the preparation and delivery of healthy menu choices.

Established and maintained thorough nutritional records and information.

EDUCATION

Bachelor of Science: Nursing, Fall 2012

McNeese State University - Lake Charles, LA

ACCOMPLISHMENTS

Daisy Award Nominee 2013

-Award entitles a healthcare professional nominated by a patient or other healthcare professional for commendable care and expertise, professionalism, and acting as a role model in the healthcare setting.

CERTIFICATIONS

Registered Nurse in [Louisiana](#), License number [140245](#),

[2013](#)

[BLS/CPR-American Heart Association, August](#)

[2020-present.](#)

Advanced Cardiac Life Support (ACLS) Certification December 2020-present.