# Career Objective

Hard-working, dedicated, compassionate, highly motivated and goal-oriented Registered Nurse with 5+ years of experience and a proven knowledge of skilled nursing rehabilitation services and acute care role in a hospital setting. Aiming to leverage my skills to successfully fill the Registered Nurse role at your facility.

# License & Certifications

Valued by instructors and healthcare professionals for adaptability in undefined situations and ability to connect with patients and other members of the healthcare team.

* RN license (expiration February 2022)
* Mastery of both Matrix, Point Click Care and Cerner
* Familiar with Epic databases
* Trilingual (English, Farsi, French)

**Certified in Basic Life Support for Healthcare Providers** Expires December 2021

*American Heart Association*

**Certified in Advanced Cardiac Life Support for Healthcare Providers** Expires January 2023

# Healthcare Experience

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## Rancho Springs Medical Center-RN floor nurse January 2021-present

* Provide direct quality care to patients including monitoring, medicating, and evaluating of medical conditions
* Monitor patients on the tele heart monitor
* Interact and communicate effectively with patients of all ages and ethnic backgrounds giving quality medical care and treatment.
* Demonstrate critical thinking through excellent problem- solving skills, and ability to set priorities.
* Excellent customer service, interpersonal communication skills, and the ability to build respectful relationships within and between colleagues.
* Proficiency with typing and electronic health record documentation.
* Performed thorough head to toe assessments in order to provide the most effective care.
* Identify abnormal patient growth and development levels and varies interactions with patients.
* Monitoring IV sites and tubing changes.
* Maintaining bedside cleanliness and supplies, including removal of discharged patient's equipment.

**AMN-Kaiser COVID clinic** December 2020-January 2021

* Performed COVID-19 testing for Kaiser patients in an open-air , drive through setting.
* Duties included: assessments, screening, patient education, and documentation
* Nursing based knowledge utilization and appropriate use of internal and external resources and collaborating with colleagues, other disciplines, and health care/community services to promote continuity of care.

## AMN-Kaiser Flu clinic September 2020-December 2020

* Ensured that flu vaccinations were properly stored.
* Skillfully administered flu shots to patients.
* Ensured that patients received the proper dosage of the flu vaccine.
* Reported unusual reactions or other issues to the physician on duty.
* Monitored the progress of each patient receiving a shot.

## AMN-Center for Discovery July 2020-September 2020

* Administered medications to women undergoing treatment for eating and substance abuse disorders.
* Observe, chart and report changes of condition
* Monitoring of vital signs
* Ensured proper meal planning with dietary staff

## Village Square Healthcare Center- RN Supervisor August 2019-August 2020

* Supervise nursing staff and manage patient care in a 116-bed facility.
* RN supervisor admitting and discharging patients and carrying out doctor orders
* Floor nurse administering medications via IV, oral, IM, subcutaneous and G-tube routes.
* Other supervisory roles include monitoring resident’s condition, transferring patients to the hospital for further evaluation under emergent situations.

## Coastal Gastroenterology- Triage Registered Nurse April 2019-August 2019

* Duties include triaging important phone calls relating to GI conditions such as Ulcerative Colitis, Chron’s disease, IBS/IBD, etc.
* Responsibilities included assessing patients on the phone and determining patients level of need for medical assistance

**Life Care Center of Vista- RN Supervisor** July 2018-April 2019

* Supervised nursing staff and managed patient care in a 118-bed facility
* RN supervisor and floor charge nurse, admitting and discharging patients, carrying out doctor orders, administering medications via IV, oral, IM, subcutaneous and G-tube routes.
* Other supervisory roles include monitoring resident’s condition, transferring patients to the hospital under emergent situations.

## La Paloma Healthcare Center- RN Charge nurse/Supervisor May 2016-June 2018

* Supervised nursing staff and managed patient care in a 98-bed facility
* Performed direct patient care including assessments, development of plans of care, execution of plans of care including administration of medications, management of G-tubes and multiple IV lines.
* Other supervisory roles include discharging and admitting patients.
* Placing orders and communicating patient care and needs to physicians in order to deliver excellent patient care.
* Transferring patients to the hospital under emergent situations for further evaluation.

# Education & Training

**Bachelor of Science in Nursing**  Graduated: December 2015

*California State University, San Marcos*

**Bachelor of Arts in French Literature** Graduated: September 2004

*University of California, Davis*

**Senior Preceptorship (*100 hours)*** *Tri-City Medical Center: Medical/Surgical*December 2015

**Community Health Nursing *(180 hours)*** *Oceanside Public Health*December 2015

**Leadership and Management *(90 hours)*** *Kaiser Permanente* August 2015

**Pediatric Nursing *(120 hours)*** *Rady’s Children’s Hospital: Medical/Surgical, NICU*August 2015

**Obstetrical Nursing *(120 hours)*** *Tri-City Medical Center: L&D, Post Partum*August 2015

**Medical/Surgical Nursing II *(120 hours)*** *Palomar Medical Center: Orthopedics, Neurology, ED, ICU*May 2015

**Medical/Surgical Nursing I *(180 hours)*** *Inland Valley Medical Center: Medical/Surgical, OR, PACU*December 2014

**Mental Health Nursing *(90 hours)*** *VA Hospital La Jolla*December 2014

**Fundamentals of Nursing *(120 hours)*** *Kindred Transitional Care and Rehabilitation*August 2014

# Additional Experience

**Oceanside Unified School District** *Substitute teacher grades K-12* March 2014-May 2016

**Carlsbad Unified School District** *Substitute teacher grades K-12* February 2016-May 2016

**Fremont Unified School District** *Long-term sub teacher for French levels 1,2,3*August 2013-January 2

**Honors, Affiliations & Activities**

**Sigma Theta Tau International Honor Society** *Member*

**Pi Delta Phi French Honors Society** *Member*

**National Society of Collegiate Scholars** *Member*

# References

References available upon request