

CLARA (DENISE) WILSON

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☎ (404) 268-3582

📍 DeSoto, TX 75115

PROFESSIONAL SUMMARY

Dedicated, competent, highly-skilled, resourceful, seasoned registered nurse with a Master's degree as a Family Nurse Practitioner (ANCC Certification will be obtained when ATT arrives), with 29-years of experience in the healthcare settings. Superb technical knowledge and high-level communication skills that fostered high-quality care. Offering proven clinical knowledge/critical thinking, analysis, natural interpersonal strengths, and technical abilities along with quality-focused and efficiency-driven leadership. Considered hardworking, ambitious, and tasks oriented in a fast-paced healthcare environment.

SKILLS

- Preventative health
- ICD-9 forms
- Trauma recovery
- Patient and family advocacy
- Women's health exams
- Strong clinical judgment
- Patient consultation
- Acute care expertise
- Chronic disease management
- EMR / EHR
- Triageing patient concerns

EDUCATION

Spring Arbor University

Spring Arbor, MI • Expected in 05/2021

Master of Science: Family Nurse Practitioner

- Graduated with 3.74 GPA
- Thesis: Sepsis Screening Tool Compliancy in the

WORK HISTORY

Various Agencies - Travel Trauma/ICU Registered Nurse
Manhattan, NYC • 04/2019 - 04/2021

- Explained health care issues and ramifications to patients and families to promote informed medical care choices.
- Delivered age-appropriate medical care for adult, adolescent, pediatric, and geriatric patients in the emergency room/ICU patients.
- Monitored patients' respiratory status and ventilator operation and made adjustments to promote stabilization.
- Developed and implemented patient care plans based on physicians' instructions and generally accepted nursing practices.
- Followed all HCA ethical values and principles and adhered to HIPAA medical record regulations to promote patients' privacy.

Medical Center Arlington - Trauma Registered Nurse
Arlington, TX • 04/2018 - 03/2019

- Collaborated with the patient, family, and healthcare team in open discussion to identify mutual goals based on nursing assessment and nursing diagnosis.
- Observed patient condition and notified physician of

- Emergency Department
- Graduated in Top 5% of Class
- Dean's List since school year started in 2018
- Majored in Family Nurse Practitioner

CERTIFICATIONS

- Family Nurse Practitioner: Spring Arbor University, December, 2020 #984778 Unencumbered, Exp. 2-28-2023
- BSN: Spring Arbor University, February, 2018
- RN: Gardner Webb University
- Licensed Registered Nurse for the State of Texas - 29-years
- TCRN - Trauma Certified Registered Nurse
- BLS, Current
- ACLS, Current
- Trauma Nurse, Current
- PALS, Current
- NRP, Current
- SANE, Current
- FNP: Program Experience

CLINICAL ROTATIONS AND PRECEPTORS

FNP OB/GYN Rotation hours - 106.0

Assisted with examination, obtaining consent, collaboration, ordering radiological test, collaborating with provider, collaborated with provider concerning medication

- patient reaction to drugs, treatments, and significant incidents.
- Maintained and upgraded knowledge, skills, practice, and competencies affecting the quality of nursing care and re-licensure.
- Treated patients requiring stabilization and resuscitation for a variety of illnesses and injuries.
- Assessed and provided primary, secondary, and tertiary care to patients in hospital care.
- Detected, monitored, and attempted to prevent complications associated with health situations or treatment plans.
- Conducted ongoing monitoring and evaluations of behaviors and conditions, and updated clinical supervisors with current information.
- Monitored patient reactions after administering medications and IV therapies.
- Participated in education activities, including evidence-based practice project implementation, nursing competency development, and nursing simulation activities.
- Reported findings to quality departments after conducting routine restraint audits and worked with the team to devise corrective actions for deficiencies.
- Adhered to strict safety measures by carefully determining proper dosages before administering medications.
- Accurately documented all elements of nursing assessment, including treatment, medications, and IVs administered, discharge instructions, and follow-up care.
- Applied nursing expertise to meet the needs of trauma patients in challenging high-stressed environments.
- Led teams in driving successful patient outcomes by prioritizing standard of care and best practices.
- Equipped patients with tools and knowledge needed for speedy and sustained recovery.
- Used first-hand knowledge and clinical expertise to advocate for patients under the care and enacted prescribed treatment strategies.
- Offered exceptional care and support to individuals recovering from acute incidents and dealing with chronic conditions.

changes, optional test, treatment for STDs while pregnant, and specimen collection and submittals to outside labs

Aleyamma Mathrew, NP-C
Multi Specialty Clinic of Texas
3453 Saint Francis Ave Ste.
100

Dallas, Tx
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Alemath68@gmail.com
FNP Mental Health Rotation
hours - 160

Collaborated with provider, interview pt/family, assessed, treated, and provided interventional treatment concerning diagnosis. Offered additional information concerning medication regimen and clinical diagnosis
Stella Adebusoye, DNP, APRN - BC

2121 Main Street, Dallas, TX
240-645-3390

Stellaadebusoye@gmail.com
FNP Pediatric Rotation hours - 127.2

Collaborated with provider, interview pt/family, assessed, treated, and provided interventional treatment concerning diagnosis. Offered additional information concerning medication regimen and clinical diagnosis
Stella Adebusoye, DNP, APRN - BC

2121 Main Street, Dallas, TX
240-645-3390

Stellaadebusoye@gmail.com
FNP Primary Care Rotation

- Quickly responded to situations impacting safety and security to the unit, actualizing crisis prevention interventions to control and de-escalate situations.
- Educated patients and answered questions about their health condition, prognosis, and treatment.
- Demonstrated ability to advocate for and strive to protect the health, safety, and rights of patients.
- Facilitated therapeutic communication, conflict resolution, and crisis intervention by redirecting negative behaviors and helping patients regain or improve coping abilities to prevent further disability.
- Strengthened training and nursing knowledge by taking part in continuing education programs and trauma workshops.
- Communicated with healthcare team members to plan, implement and enhance treatment strategies.
- Collaborated with physicians to quickly assess patients and deliver appropriate treatment while managing rapidly changing conditions.
- Delivered a high level of quality care to diverse populations while overseeing patient admission and triaging based on acuity and appropriate department admission.
- Performed frequent checks on life support equipment and made necessary adjustments to preserve optimal patient conditions.
- Implemented care plans for patient treatment after assessing physician medical regimens.
- Provided skilled, timely, and level-headed emergency response to critically ill patients.
- Implemented interventions, including medication and IV administration, catheter insertion, and airway management.
- Reported patients' status and delegated nurse assignments to achieve optimal outcomes.
- Administered different therapies and medications in line with physician orders and treatment plans.
- Sustained quality standards by performing routine medication audits and upholding internal and industry best practices.
- Leveraged feedback and process improvement opportunities to create a safer and healthier environment and increase patient satisfaction.

hours - 256.5

Appropriate assessed, treated, and diagnosed 26 primary care patients on average in an 8-hours day setting. Reported findings, drew labs, ordered tests, collaborated with provider (concerning findings/initial impression of patient, and need for emergent admission), and scheduled/referred to outside facilities depending on entry to clinic.

Dr. Adila Siddiqi

DFW Family Clinic

2771 Sherman Street, Ste. A

Grand Prairie, Tx

972-647-0550

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- Performed triage on all incoming patients and determining, the severity of injuries and illnesses.
- Identified high-acuity and life-threatening conditions by conducting health screenings and reviewing patient histories.
- Performed ongoing assessments to evaluate mental health needs, working with a multidisciplinary team to develop, initiate, manage and modify individualized plans of care.

Various Agencies - Travel Trauma Nurse

Los Angeles, CA • 04/2014 - 12/2017

- Collaborated with the patient, family, and healthcare team in open discussion to identify mutual goals based on nursing assessment and nursing diagnosis.
- Observed patient condition and notified physician of patient reaction to drugs, treatments, and significant incidents.
- Assessed and provided primary, secondary, and tertiary care to patients in hospital care.
- Maintained and upgraded knowledge, skills, nursing practice, and competencies affecting the quality of nursing care and re-licensure.
- Detected, monitored, and attempted to prevent complications associated with health situations or treatment plans.
- Treated patients requiring stabilization and resuscitation for a variety of illnesses and injuries.
- Demonstrated ability to advocate for and strive to protect the health, safety, and rights of patients.
- Conveyed treatment options, diagnosis information, and home care techniques to patients and caregivers to continue care consistency.
- Followed all personal and health data procedures to effectively comply with HIPAA laws and prevent information breaches.
- Facilitated therapeutic communication, conflict resolution, and crisis intervention by redirecting negative behaviors and helping patients regain or improve coping abilities to prevent further disability.

Grady Memorial Hospital - Registered Nurse, Trauma Center

Atlanta, GA • 08/2011 - 05/2014

- Conferred with physicians to discuss diagnoses and devise well-coordinated treatment approaches.
- Monitored patient condition, including interpreting and tracking EKG readings, identifying irregular telemetry readings and updating team members on changes in stability or acuity.
- Educated patients, families and caregivers on diagnosis and prognosis, treatment options, disease process and management and lifestyle options.
- Collaborated with interdisciplinary healthcare personnel to meet patients' personal, physical, psychological and cognitive needs.
- Coordinated and implemented in-service educational programs focusing on safety and adherence to protocols.
- Developed strategy to target nursing and patient satisfaction issues, improve response and patient care quality and suggest actionable improvements to promote hospital-wide quality and safety initiatives .
- Collaborated with physicians to quickly assess patients and deliver appropriate treatment while managing rapidly changing conditions.
- Promoted professional development opportunities to encourage nurses to pursue continuous training.
- Supervised professional and paraprofessional nursing staff and delegated tasks to maintain continuum of care.
- Fostered improvement in all operational facets, including staff development, personnel training and standards of patient care.
- Documented patient information obtained from interviews concerning symptoms, medications and prior treatment.
- Performed ongoing assessments to evaluate mental health needs, working with multidisciplinary team to develop, initiate, manage and modify individualized plans of care.
- Provided direct patient care, stabilized patients and determined next course of action.
- Audited charts and reviewed clinical documents to verify accuracy.
- Advocated for patients by communicating care preferences to practitioners, verifying interventions met

treatment goals and identifying insurance coverage limitations.

- Collaborated with leadership to devise initiatives for improving nursing satisfaction, retention and morale.
- Reported findings to quality departments after conducting routine restraint audits and worked with team to devise corrective actions for deficiencies.