# Ciara Rhoades

Solon, IA

-Email me on Indeed: http://www.indeed.com/r/Ciara-Rhoades/4ea6d62a4da89ff4

# Work Experience

## **RN Travel Charge Nurse**

Grapetree Medical Staffing and Medical Solutions Staffing January 2018 to Present

• Provide exceptional nursing care to patients in various locations, in and out of state, via a contracted time period

• In these settings it is routine to be exposed to IV care, wound vacuums, venipuncture, and other minor procedures as ordered by the physician

- Perform administrative duties such as completing medical forms, reports, evaluations, and charting
- Admit new patients and discharge patients to home or other care facilities
- Provide education to patients and their families about their medical conditions and medication management
- Implement and change the patient care plan as needed
- Communicate with physicians and other health care staff to ensure quality care of patients
- Administer medications and treatments to patients in a timely manner

## **RN Charge Nurse**

Solon Retirement Village - Solon, IA March 2020 to October 2021

- Performed administrative duties such as completing medical forms, reports, evaluations, and charting
- Completed and filed required recordkeeping forms/charts upon the resident's admission, transfer, and/ or discharge
- Planned the shift for the nursing assistants according to guidelines governing the care facility
- Communicated with physicians and other health care staff to ensure quality care of residents
- Administered medications and treatments to residents in a timely manner
- Routinely talked to residents to ensure that they were happy with their care
- Performed venipuncture per physician's order
- Worked with a variety of patient population namely geriatric and hospice patients with complex health conditions who required patient teaching and health coaching

## **RN Charge Nurse**

Rehabilitation Center of Lisbon - Lisbon, IA September 2018 to March 2020

- Performed administrative duties such as completing medical forms, reports, evaluations, and charting
- Completed and filed required recordkeeping forms/charts upon the resident's admission, transfer, and/ or discharge
- Planned the shift for the nursing assistants according to guidelines governing the care facility
- Communicated with physicians and other health care staff to ensure quality care of residents
- Administered medications and treatments to residents in a timely manner
- Routinely talked to residents to ensure that they were happy with their care

• Performed venipuncture per physician's order

## **RN Charge Nurse**

Manor House Care Center - Sigourney, IA March 2016 to September 2018

- Performed administrative duties such as completing medical forms, reports, evaluations, and charting
- Completed and filed required recordkeeping forms/charts upon the resident's admission, transfer, and/ or discharge
- Planned the shift for the nursing assistants according to guidelines governing the care facility
- Communicated with physicians and other health care staff to ensure quality care of residents
- Administered medications and treatments to residents in a timely manner
- Routinely talked to residents to ensure that they were happy with their care

## **RN Charge Nurse**

Crystal Heights Care Center - Oskaloosa, IA January 2017 to June 2017

- Performed administrative duties such as completing medical forms, reports, evaluations, and charting
- Completed and filed required recordkeeping forms/charts upon the resident's admission, transfer, and/ or discharge
- Planned the shift for the nursing assistants according to guidelines governing the care facility
- Communicated with physicians and other health care staff to ensure quality care of residents
- Administered medications and treatments to residents in a timely manner
- Routinely talked to residents to ensure that they were happy with their care
- Performed venipuncture per physician's order

## Self-Employed Dog Groomer

Ciara Rhoades Dog Grooming - Ottumwa, IA September 2015 to May 2017

- Shampooed and blow dried dogs' coats
- Groomed fur and trimmed nails
- Expressed glands
- Routine teeth cleanings
- Removed fur from ears to prevent infections
- Provided a safe and nurturing environment that was full of fun for all dogs

### **RN Charge Nurse**

Care Initiatives - Ottumwa, IA January 2016 to December 2016

- Performed administrative duties such as completing medical forms, reports, evaluations, and charting
- Completed and filed required recordkeeping forms/charts upon the resident's admission, transfer, and/ or discharge
- Planned the shift for the nursing assistants according to guidelines governing the care facility
- Communicated with physicians and other health care staff to ensure quality care of residents
- Administered medications and treatments to residents in a timely manner
- Operated and applied wound vacuums and maintained them per physician's orders

### **RN Clinic Nurse**

Family Medical Center - Ottumwa, IA

#### December 2015 to May 2016

- Performed clerical and nursing duties in a doctor's office setting
- Utilized ICD-10 coding for billing and insurance purposes
- Set up appointments for patients and collaborated with other staff to ensure quality care
- Called in medications to the patient's preferred pharmacy
- Obtained vital signs and weight for the physician
- Performed vaccine administration and other minor procedures as directed by the physician

#### **Customer Service Representative**

Family Video - Ottumwa, IA February 2015 to August 2015

- Handled store operational tasks and sales goals as delegated by Store Management
- Provided exceptional customer service to all customers
- Performed clerical and janitorial duties
- Stocked store with merchandise and performed inventories

\*Was a seasonal job\*

#### **RN Charge Nurse**

Sigourney Health Care - Sigourney, IA May 2013 to December 2014

- Performed administrative duties such as completing medical forms, reports, evaluations, and charting
- Completed and filed required recordkeeping forms/charts upon the resident's admission, transfer, and/ or discharge
- Planned the shift for the nursing assistants according to guidelines governing the care facility
- Communicated with physicians and other health care staff to ensure quality care of residents
- Administered medications and treatments to residents in a timely manner
- Routinely talked to residents to ensure that they were happy with their care

#### **RN Volunteer**

Ezra Free Clinic - Ottumwa, IA December 2012 to December 2013

- Conducted patient intake/registration
- Obtained medical histories
- Performed assessments, recorded vital signs, and reported patient conditions
- Performed venipuncture and/or urine cultures per physician order
- Provided basic patient care
- Assisted physician with procedures
- Provided patient and family education
- Administered vaccines per physician order

## Self-Employed Child Care Provider

Self-Employed January 2006 to December 2013

• Created and carried out daily schedules for children to meet their physical, emotional, dietary, and personal care needs

- Provided quality care with an individual focus in a nurturing and safe environment
- Effectively collaborated with parents on children's needs

• Planned daily activities according to child's developmental stage

## **Community Support Staff**

Light of Faith Community Services - Ottumwa, IA January 2013 to May 2013

- Assisted clients with ADL's, socialization skills, and cooking skills
- Completed and filed required recordkeeping documents per client
- Chauffeured and supervised clients in community based settings to aid in socialization skills
- Went into the clients' homes and assisted them in housekeeping skills

## Education

#### Associate Degree in Nursing

Indian Hills Community College - Ottumwa, IA May 2012 to May 2012

Indian Hills Community College

#### Skills

- Able to plan, implement, manage, and document patient care
- Possesses excellent assessment skills
- Highly skilled in communicating, collaborating, and teaching patients and family
- · Able to collaborate on patient care with fellow healthcare professionals
- Broad knowledge in intravenous and oral medication administration
- Possess the ability to perform duties in a safe, dependable, and timely manner
- Possesses prioritization and delegation skills
- · Works well in a team-based setting or individually
- Possesses the learning ability needed to take on new tasks

## Certifications and Licenses

#### **RN License**

**AHA Certification**