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# Kayla Patterson

## Professional Summary

Critical Care Registered Nurse with seven years of experience in Intensive Care. Works cooperatively with physicians and other members of the healthcare team. High level of critical thinking skills, organizational skills, and desire for continuous learning. Successful in managing time, prioritizing tasks, and exercising the sound judgment required to improve the quality of patient care.

## Professional Experience

**Medical/Surgical Intensive Care Registered Nurse** – [Methodist Hospital](https://sahealth.secure.ehc.com/locations/methodisthospital/), San Antonio, TX▪ October 2014 – January 2020

* Conducts in-depth and ongoing assessments, and provides care to critically ill patients. Recognizes changes in patient condition, determines when reassessments are needed, and adjusts the plan of care as necessary.
* Care and maintenance of life-sustaining devices such as artificial airways, central lines and arterial lines. Titration of multiple drips based on patient condition and physician orders.
* Participates in multidisciplinary rounds to create plan of care that is individualized for each patient.
* Establishes goals of care with patient and family. Provides health education for both the patient and family members throughout the patient’s stay.
* Assisting in communication between patients, families, and physicians.

### Medical/Surgical Intensive Care Charge Nurse – [Methodist Hospital](https://sahealth.secure.ehc.com/locations/methodisthospital/), San Antonio, TX▪ February 2017– January 2020

* Responsible for managing, supervising and assisting the nursing staff, as well as providing administrative support and patient care.
* Create patient assignments based on the skill level of nurses working on the unit each day.
* Rounds with physician on all patients on the unit to discuss current and future treatment plans.
* Conducts daily audits of patient records to verify that all treatment plans are being followed.

Rounds on patients and families daily to ensure patients are receiving quality care, while allowing patients and families the opportunity to express concerns if necessary.

Supplemental Staff STARS Nurse – [University Hospital](file:///C:\Users\Susan\Documents\universityhealthsystem.com), San Antonio, TX▪ January 2020 – April 2020

* Float ICU RN for medical ICU, surgical/trauma ICU, and neurosurgical ICU

### ICU Registered Nurse, Systems Resource Team **–** [Methodist Hospital](https://sahealth.secure.ehc.com/locations/methodisthospital/), San Antonio, TX▪ April 2020 - Present

* Resource ICU RN working in MICU, MSICU, SICU, and LRICU
* Charge RN as needed in all units
* ECMO specialist
* COVID ICU experience

Seasonal ICU Registered Nurse – [Texas Vista Medical Center](file:///C:\Users\Susan\Documents\texasvistamedicalcenter.org), San Antonio, TX▪ October 2021 - Present

## Licenses and Certifications

Registered Nurse, State of Texas, 2014-Present

ACLS and BLS Certifications – Current

NIHSS Certification – Current

## Skill Highlights and Additional Training

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| --- | --- | --- |
| * Ventilatory support * Procedural assistance * CRRT (Fresenius/NxStage) * RotoProne therapy | * IL-2 administration * Meditech documentation * Excellent time management skills | * Strong interpersonal skills * Values teamwork * Preceptor experience * ECMO specialist |

## Education

Bachelor of Science in Nursing – University of Texas Health Science Center at San Antonio, San Antonio, TX ▪ 2014 ▪ Summa Cum Laude

Bachelor of Science in Kinesiology – Texas A&M University, College Station, TX ▪ 2012 ▪ Magna Cum Laude