

Katherine Benoit

Compact Licensed LVN with Diverse EHR SOFTWARE, Travel, LTAC, Corrections, Wound Care, SNF, TBI, Mental Health, Hospice, LTC, Family Practice Experience

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I am a mature, focused, competent licensed vocational nurse with great communication skills and staff/patient/family rapport-building ability.

I have diverse nursing experience, competence and versatility in facility education, adaptation and use of various EHR platforms.

I'm seeking prn, travel or local full-time or contractual employment in supervisory, skilled, long-term, psychiatric, assisted living, treatment, hospice, Covid-care or corrections nursing.

#call or text 575-446-9816 or email katherinembenoit@icloud.com

Willing to relocate: Anywhere

Authorized to work in the US for any employer

Work Experience

LPN Charge Nurse

Rangely District Hospital via UnitiMed - Rangely, CO

July 2021 to Present

Provided hands on care including treatments, medications, orders, documentation, and infection control/isolation protocol as recommended by CDC during pandemic for 16 patients on a subacute extended care hospital wing under contract for 13 weeks.

Contract expires 10/22/2021.

Supervised up to 4 support staff on fast-paced acute care hospital wing. Consulted with physician when needed.

Received, transcribed and implemented orders using pointclickcare and Athena EHR software platforms.

Charge Nurse

El Paso Neurorestorative Brain Injury Hospital - El Paso, TX

June 2021 to July 2021

Medication administration by all routes; routine and acute neurological assessments; bowel/bladder/intake/mobility monitoring and management; behavior redirection when necessary; blood draws/IV line placement and management; wound care; admissions and discharges

Travel Nurse

GardaWorld Security Services - San Antonio, TX

April 2021 to May 2021

Assisted with patient intake, med pass, health screenings, Covid testing, triage, records entry and travel clearance for refugee children ages 13-18, including records data entry for up to 2000 patients as part of an integrated rapid deployment healthcare team.

LPN Psychiatric Nurse

Piedmont Geriatric Psychiatric Hospital via ACI Federal Staffing Agency - Burkeville, VA
February 2021 to April 2021

Working as part of integrated geriatric psychiatric healthcare team providing nursing services on forensic floor, secure unit for up to 30 ambulatory male inmates on rotating 8-12 hour shifts. Supervised up to 5 support staff, monitored for, de-escalated (including take-downs), documented behaviors, performed blood draws and minor treatments, administered routine, emergency, and behavioral meds by all routes, treated with emergency PRN medications as ordered and necessary, de-escalation and redirection for behaviors. Assisted with forensic-floor staff education on newly adapted EHR software (Cerner).

Charge Nurse LVN-PRN

Fundamental LTC-Falcon Ridge Nursing and Rehabilitation - Round Rock, TX
October 2020 to January 2021

Supervised 3-7 support staff depending on shift, medications by all routes, EHR documentation with PCC, admissions/discharge/postmortem care, wound treatments.

Staff LPN

Wellspring Nurse Source - Lebanon, NH
April 2020 to August 2020

Supervised 4-6 support staff depending on shift, medication administration by all routes, EHR documentation with PCC, admissions/discharge/postmortem care, wound treatments, Covid care.

SNF/LTC Charge Nurse

Rosewood Nursing & Rehab via ATC Healthcare - Killeen, TX
February 2020 to April 2020

Supervised 4-6 support staff depending on shift, medication administration by all routes, EHR documentation with PCC, admissions/discharge/postmortem care, wound treatments, Covid care.

LVN Pool Nurse

Brookdale Senior Living - Austin, TX
January 2019 to February 2020

Carried out charge nurse tasks per shift (rotating/irregular shifts), supervised 4-6 support staff depending on shift, medication administration by all routes, EHR documentation with PCC, admissions/discharge/postmortem care, wound treatments, Covid care.

SNF/LTC Charge Nurse

Austin Retirement & Nursing - Austin, TX
December 2018 to November 2019

Supervised 4-6 support staff depending on shift, medication administration by all routes, documentation and assistance with staff education with Matrix EHR system, admissions/discharge/postmortem care, wound treatments, etoh/drug detox observation and protocol, care of secured corrections patients.

Assistant Manager

Envoo, LLC - Austin, TX
October 2014 to August 2019

Assisted in building small Austin-area transportation company, including equipment acquisition, accounts payable/receivable, daily trip sheets, interviews/hiring/terminations for independent contract drivers, city/state licensing and commercial insurance acquisition, appointments/calendar management, and translations as needed (English/French and French/English language for international business owner). Tripled profits and reduced expenses through vendor/customer management, assisted in website construction/maintenance, database maintenance, and technical support for server issues.

LVN-Charge Nurse

Regency Integrated Healthcare System - Austin, TX
June 2018 to December 2018

Carried out charge nurse tasks full time-evenings, supervised 4-6 support staff depending on shift, medication administration by all routes, EHR documentation with PCC, admissions/discharge/postmortem care, wound treatments, care of dementia affected and psychiatric patients in secure unit.

Family Practice LVN

Baylor Scott & White Health - Austin, TX
February 2018 to July 2018

Performed rooming procedures, body systems assessments, health history interviews, obtained and processed biological specimens including phlebotomy, requested and verified medical records, follow-up calls, triaged care according to acuity, administered immunizations and medications as ordered by physician via IV, IM, SQ, PO, transdermal, rectal and monitored for side effects/efficacy. Set up and cleaned surgical trays and procedure rooms for minor in-office surgical procedures. Used EPIC EHR for documenting, records and specimen processing.

LVN Charge Nurse

Bel Air At Teravista (Cantex) - Round Rock, TX
May 2017 to March 2018

Supervised 4-6 support staff depending on shift, medication administration by all routes, care of post-surgical, palliative, hospice, psychiatric and dementia affected patients, Performed EHR documentation and records management via PCC, routinely carried out admissions/discharge/hospice and postmortem care, wound treatments.

Treatment Nurse LVN

LEGEND OAKS HEALTHCARE - Austin, TX
January 2017 to July 2017

Identification, staging, treatment designation, documentation, tracking, and care-planning for simple to complex wounds including contusions, skin tears, abrasions, pressure ulcers (stage I through deep tissue injury), abrasions, lacerations, traumatic wounds, post-surgical wounds, chronic/nonhealing wounds including diabetic and arterial ulcers in elderly vascular-compromised and diet-noncompliant patients. Implementation and management of low air loss mattresses, wound vacs, palliative wound care in end-stage hospice patients. Worked interactively with wound care physicians and caregiving staff to effectively heal deep tissue injuries, arterial and diabetic ulcers, and other wounds in compromised patients, including reversal of condition on a patient with arterial wounds to all 10 toes with result of salvaging 9 complete digits and most of the 10th digit. Prevented development of pressure ulcers in severe at-risk patients by supervision and caregiver/patient education. Healed pressure ulcers and other wounds patients admitted with from hospital and maintained intact skin thereafter.

Use of PCC EHR and Microsoft applications including EXCEL for wound tracking and measurement.

LVN Charge Nurse

Silverado Memory Care - Bee Cave, TX

June 2016 to January 2017

Cared for up to 70 memory care residents in various stages of progressive dementia-related illness (independent to total dependent care/hospice) including falls prevention, documentation and treatment, medication administration, skin assessment and treatment, supervision of up to 8 direct care staff, redirection/reorientation and deescalation including PRN treatment for anxiety/agitation during 12 hour night shifts.

Skilled Charge Nurse LVN

Cottonwood Creek Nursing & Rehab - Cedar Park, TX

August 2014 to July 2016

Responsibilities

Worked as part of an integrated healthcare team in providing patient care in various functions; received, transcribed, implemented physician's orders, assessed patients on a routine and emergent basis, triaging and prioritizing care, delegated tasks to up to 4 CNA's during each shift as needed, performed admission/discharge assessments and ensured smooth transition into/out of facility, performed end-of-life care including pain management to long-term and hospice care patients. Carried out tasks and orders delegated by director of nursing and nurse practitioners, administered medications by mouth, inhaled, transdermally, peg tube, rectally, intra-muscular, subcutaneously, and by IV as ordered. Performed trach, peg-tube, and foley catheter care and replacement as ordered. Documented care given each shift on skilled floor and long-term according to section worked.

LVN

Texas PRN - Austin, TX

August 2014 to June 2016

Responsibilities

Supervision of 1-8 clinical staff as assigned including in servicing/teaching, administration of medications by all routes (PO, IM, etc), EMR and paper admissions and discharges, care planning as appropriate, documentation of change in condition, medication administration, and any other information relevant to post-surgical, skilled, rehab, long-term, or memory care patients. Effective communication with other team members in different clinical environments to facilitate seamless continuity of care. Effective communication with patients/residents and family members to emphasize quality care and resolve complaints/disputes.

Accomplishments

Facilitated patient care in a variety of fast-paced clinical environments, various shifts including 12, 8 hour shifts.

Skills Used

Wound care including wound vac, tracheostomy, colostomy, urostomy, ileostomy, surgical drains, staging, care planning, treatment, and tracking of all stages pressure wounds, palliative wound care in end-stage hospice patients, EMR/Medicare charting, skin & weekly/monthly assessments, admissions, discharges, clinical experience in 1 and 2 person CPR with AED, PO/PT/PR/TD/SL/SQ/IM/IV medication including installing/DCing IV access, PICC line dressing change sterile technique, PICC blood draw, hanging/assessing side effects for IV ABT, installing/irrigating/assessing/DCing indwelling foley catheters

including suprapubic, intermittent catheterization and bladder scanning for urinary retention, neuro assessments including LOC/glasgow scale, communicating effectively with doctors, nurse practitioners, other staff members to facilitate patient care.

LVN Charge Nurse

Summit at Lakeway - Lakeway, TX

April 2014 to August 2014

Charge Nurse Skilled Nursing Floor-began as GVN on challenging skilled nursing floor providing post-acute services including IV medication administration, ostomy care, and advanced wound care to 22+ residents.

CNA - Certified Nursing Assistant

Cottonwood Creek Nursing and Rehabilitation - Cedar Park, TX

January 2012 to May 2014

- Checked vital signs
- Assisted 25 elderly and hospice patients daily
- Worked in a nursing facility
- Helped residents with activities of daily life (ADL): bathing, grooming, dressing, feeding, walking, exercising, and ROM exercises
- Documented all care
- Cleaned and sanitized rooms
- Performed post-mortem care, if needed
- Made beds

CNA - Certified Nursing Assistant

NEW HOPE MANOR - Cedar Park, TX

December 2012 to July 2013

- Checked vital signs
- Assisted 25 elderly and hospice patients daily
- Worked in a nursing facility
- Helped residents with activities of daily life (ADL): bathing, grooming, dressing, feeding, walking, exercising, and ROM exercises
- Documented all care
- Cleaned and sanitized rooms
- Performed post-mortem care, if needed
- Made beds

CNA/Caregiver

Cedar Ridge Alzheimer's-CNA - Cedar Park, TX

October 2011 to December 2012

Responsibilities

Provided hands-on resident care to up to 16 memory care residents in a private facility, as part of an integrated health-care team focused on creating a peaceful, homelike environment and maximizing residents independence level and quality of life.

CNA - Certified Nursing Assistant

Folsom Convalescent Hospital - Folsom, CA

1999 to 2006

Responsibilities

Provided hands-on patient care to up to 25 residents with varying needs for assistance, including those affected by Alzheimer's, Parkinson's, ALS, TBI, MS, and debility/mobility issues associated with aging. Participated in an individualized approach to resident care as part of an integrated health-care team in maximizing residents' independence level and quality of life.

Education

Vocational Nurse Certificate-Graduate September 2011 in Nursing

Fortis College - Houston, TX

2010 to 2011

Nursing Licenses

PN

Expires: July 2023

State: TX

Skills

- LPN
- LVN
- Staff Nurse
- Medication Administration
- Wound Care
- Patient Care
- Epic
- PCC EMR software (5 years)
- Healthcare
- Microsoft Office
- Time Management
- Microsoft Word
- Documentation
- EKG
- IV Therapy
- Excel
- Home Health
- Catheter Care
- Dementia Care
- Caregiving
- Acquisitions

- Pain Management
- Alzheimer's Care
- Hospice Care
- Medical Office Experience
- Employee Orientation
- Triage
- Memory Care
- Supervising experience
- English
- Experience Administering Injections
- Phlebotomy
- Vital Signs
- Laboratory Experience
- Home Care
- Technical Support
- Sanitation
- Documentation review
- Travel nursing
- Help Desk
- Hospital Experience
- Cerner
- ICD-10
- Anatomy Knowledge
- Recruiting
- Medical Billing
- Acute care
- Management
- Leadership
- Medical records
- Administrative experience
- Medical terminology
- Medical scheduling
- Office manager experience

Certifications and Licenses

Lvn

May 2014 to July 2021

Number 320246-expiration July 2021

BLS

July 2019 to July 2021

BLS for healthcare providers

Driver's License

April 1987 to July 2022

BLS, ACLS

LPN

LVN

LPN

LPN

LVN

Assessments

Nursing Skills: Clinical Judgment — Proficient

October 2019

Assessing a patient's condition and implementing the appropriate medical intervention.

Full results: [Proficient](#)

Electronic Medical Records Knowledge — Highly Proficient

October 2019

Knowledge of EMR data, associated privacy regulations, and best practices for EMR use.

Full results: [Highly Proficient](#)

Medical Terminology — Expert

October 2019

Understanding and using medical terminology

Full results: [Expert](#)

Scheduling — Highly Proficient

October 2019

Cross-referencing agendas and itineraries to avoid scheduling conflicts.

Full results: [Highly Proficient](#)

Customer Focus & Orientation — Highly Proficient

October 2019

Responding to customer situations with sensitivity.

Full results: [Highly Proficient](#)

Clinical judgment — Completed

January 2021

Assessing a patient's condition and implementing the appropriate medical intervention

Full results: [Completed](#)

Patient-focused care — Highly Proficient

January 2021

Addressing concerns and using sensitivity when responding to needs and feelings of patients

Full results: [Highly Proficient](#)

Work style: Reliability — Highly Proficient

February 2021

Tendency to be reliable, dependable, and act with integrity at work

Full results: [Highly Proficient](#)

Verbal communication — Highly Proficient

October 2019

Speaking clearly, correctly, and concisely

Full results: [Highly Proficient](#)

First aid — Highly Proficient

October 2019

Treating common medical emergencies.

Full results: [Highly Proficient](#)

Electronic health records: Best practices — Highly Proficient

February 2021

Knowledge of EHR data, associated privacy regulations, and best practices for EHR use

Full results: [Highly Proficient](#)

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.

Additional Information

SKILLS:

- Complex Wound and Ostomy Care including WVAC & pressure staging
- Subacute, Skilled, Rehab, Long-term, Memory, and TBI care
- Hospice/Palliative Care
- Medication administration-all routes
- IV Access and care
- All urinary catheterizations and bladder scanning
- Management/Team leadership experience including teaching
- Documentation via EMR and paper document