# Kayelene Cast

Berthoud, CO 80513 khcast7@gmail.com +1 970 690 3193

To obtain a position in customer service industry.

Willing to relocate: Anywhere

Authorized to work in the US for any employer

# Work Experience

# **CNA - Certified Nursing Assistant**

Katherine and Charles Hover Green House Nursing Homes - Longmont, CO February 2021 to Present

Housekeeping, cooking, patient care, sanitation, bedside manner. Point of contact for elders and family members. Stock and order supplies for kitchen as well as medical supplies. Charting/document. Activities.

#### Cook

Healthcare Services Group - Berthoud, CO November 2016 to January 2021

Preparing ingredients, adhering to menu, and following food health and safety procedures. Cook, clean, assist other cooks and staff. Serve food in a fast-paced environment. Work may include operating a grill, oven, fryer, and mixer.

# **Nursing Aide**

Berthoud Living Center January 2012 to March 2018

Administered to patients' hygiene needs and everyday living functions. Assist in patient care; work in various areas as needed.

## **Control Room Operator**

Tillamook County Sheriff Justice Center - Tillamook, OR 2014 to 2015

Ensured communication between staff and management staff, coordinated deployment of officers, monitored and recorded all communications in case of emergencies.

#### **VOLUNTEER**

Berthoud Area Chamber of Commerce - Berthoud, CO 2009 to 2012

# Berthoud Days Volunteer

Assisted elderly in observing parade. Help in preparation and distribution of food and beverages to elderly and their families.

## **Dietary Aide**

Berthoud Living Center - Berthoud, CO

#### 2007 to 2011

Consulted with head cook on food preparation. Distribution of patient trays. Keep daily records of food, refrigerator, and dish machine temperatures. Organized and maintained stock inventory.

#### **Driver**

Volunteers of America - Loveland, CO 2007 to 2009

## **Elderly Transportation Volunteers**

Social work with senior population. Driving seniors to doctors' appointments and grocery shopping.

## Education

## G.E.D

Berthoud High School - Berthoud, CO 2011

## Skills

- Dietary Aide Experience
- Case Management
- Senior Care
- · Presentation Skills
- Social Work
- Conflict Management
- Nursing
- Meal Preparation
- Home Care
- Hospice Care

# Certifications and Licenses

## **Certified Nursing Assistant**

January 2016 to January 2021

#### **CPR Certification**

## Additional Information

Results-driven customer service with over 9 years of personal interaction. Self-confidence, integrity, and commitment to customer service excellence. Creative and proactive problem solver. Organized and attentive to detail without demonstrated time management skills. Strong research, mediation and negotiation skills gained from work place experience. Dynamic written, verbal, interpersonal and presentation skills. Energetic team member. PC proficient.