Julie Gleason

123 S Main

Cheraw, CO 81030

719-853-6111 Home

719-469-4082 Cell

[yomamaluvsya@yahoo.com](mailto:yomamaluvsya@yahoo.com)

Work History

LPN

Arkansas Valley Regional Medical Center 12/27/21-present

Medical /Surgical Unit

* Medication administration
* Vital Signs
* Assessments
* Manage Care as per ordered by provider

LPN

University Park Care Center 3/25/20-12/17/21

* Medication administration
* Vital signs
* Oversee CNA’s
* Report to provider

Manage all care for Residents

LPN

Crowley County Nursing Center 8/2019-3/11/2020

Wound Care, medication Update care plans

* Medication administration, vital signs
* Monitored residents and reported to provider
* Oversee CNA’s
* Managed 35 residents and their daily needs

LPN 1/2015- 8/2019 Health Coach

Southeast Health Group- La Junta, CO

* Provide a confidential Partnership with clients to assist them with achieving their personal wellness goals.
* Emergency Management Institute –NIMS-IS 100B
* Adult Mental Health First Aid
* Youth Mental Health First Aid
* Certified Health Coach-Dr. Sears Wellness Institute (6/2015)

CHILDREN/PREGNANCY/PRIME TIME

* CPR Instructor (current)
* Master Certification in Health Coach-Dr. Sears Wellness Institute (8/2016)
* Exercise group leader
* Weight loss support group facilitator

LPN 4/2019-8/2019 Maxim Home Health

* Complete observation of patients in their home
* Vital Signs
* Pain Assessment/Management
* Blood Sugar Monitoring
* Administer Insulin
* Wound Care

LPN 5-2014 – 12/2014

Charge Nurse

Arkansas Valley Regional Medical Center- La Junta, CO

* Update care plans
* Wound Care, medication administration, vital signs
* Monitored residents and reported to provider
* Oversee CNA’s
* Managed 20 residents and their daily needs

LPN 12/2013-3/2014

Bent County Health Care Center- Las Animas

* Update care plans
* Wound Care, medication administration, vital signs
* Monitored residents and reported to provider
* Oversee CNA’s
* Managed 20 residents and their daily needs

LPN 8/2008-12/2013

Medication Refill Nurse

Valley Wide Health Systems- La Junta, CO

* Refilled patients medications as defined in the protocol for 6-10 providers
* Assisted with rooming of patients
* Assisted with procedures

LPN 6/2006-7/2008

CNA Instructor

Four Corners Health Care-Durango, CO

* Teach students the core curriculum for certified nursing assistant program
* Assisted with staff coordination
* Assisted drug testing of staff and new hires
* Assisted with scheduling of staff
* Work the rehab unit as needed

LPN 12/2004-3/2006

Office Nurse

Valley Wide Health Systems- La Junta, CO

* Roomed patients for provider
* Took Vital signs
* Completed paperwork, prior authorizations, referrals, medication refills
* Gave injections as ordered

LPN 6/1998-11/2004

Charge Nurse

Arkansas Valley Regional Medical Center- La Junta, CO

* Update care plans
* Wound Care, medication administration, vital signs
* Monitored residents and reported to provider
* Oversee CNA’s
* Managed 20 residents and their daily needs

Education

Associates of Science- Nursing degree

Lamar Community College- Lamar, CO

Skills

* Excellent Communication
* Work well with team
* Attention to details
* Demonstrate confidence
* Ability to work under pressure
* Average computer skills
* Proactive
* Good presentation skills
* Professionalism
* Multi-tasking
* Time management
* Strong work ethic

License/Certification

Licensed Practical Nurse

Compact License # 35199

CPR certified through American Heart Association

Master Certified Health Coach