

Raven Long

Registered Nurse

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Proficient and compassionate Registered Nurse offering over 3 years of patient-facing experience. Adept at addressing patient needs with compassionate care and attention to detail. Diligent about maximizing satisfaction, safety and wellness while serving patients of all backgrounds.



Skills

- Health promotion
- Critical thinking and Decision Making
- Professionalism
- Time Management
- Cultural Awareness



Work History

April 2021 – Staff Nurse ICU

Present SSM St. Mary's Hospital St. Louis, MO

- Assesses, utilizing age specific data, the patient's physical, psychosocial, and spiritual status in a comprehensive manner
- Demonstrates accurate assessment skills, appropriate to the age of the patient, based on scientific facts and principles
- Performs initial assessment and completes required documentation within organizational standards
- Performs and documents ongoing assessments including observation, physical examination, laboratory/test results, and patient response to procedural intervention
- Participates in the identification and clarification of patient needs, as evidenced by participation in multidisciplinary care planning, to achieve optimal patient outcomes
- Assists other staff in the delivery of patient care, as appropriate Incorporates patient teaching/discharge planning to promote optimal patient outcomes
- Conduct followup visits and patient treatment
- Communicate with doctors and patients to keep everyone updated on test results and treatment recommendations
- Monitoring patient recovery and care
- Assist in the care of traumas, cardiac arrests, strokes, and other triage situations.
- Demonstration of sound decision-making in emergency scenarios based on patient conditions

such as vital signs, patient presentation, and assessments.

-Provide RN care for all patients, as well as handling of intubations, defibrillations, auto transfusions, Medlock insertions, splinting, and more.

June 9, 2020- Registered Nurse ICU & PCU

Present

Saint Lukes Hospital Chesterfield, MO

- Direct and coordinate the daily operational aspects of a 43-bed cardiac unit to continuously provide quality, outcome-focused nursing care
 - Consistently provide exceptional patient care to continuously secure new patients
 - Instruct patients on their disease, treatment, and care plan to enhance their quality of life and promote a positive attitude
 - Restores and promotes patient's health by completing the nursing process.
 - Collaborates with physicians and multidisciplinary team members.
 - Provides physical and psychological support to patients, friends, and families.
 - Identifies patient care requirements by establishing personal rapport with patients and their families.
 - Establishes a compassionate environment by providing emotional, psychological, and spiritual support to patients, friends, and families..
 - Resolves patient problems and needs by utilizing multidisciplinary team strategies
- Assist in the care of traumas, cardiac arrests, strokes, and other triage situations.
- Demonstration of sound decision-making in emergency scenarios based on patient conditions such as vital signs, patient presentation, and assessments.

Aug 2019 - Student Nurse

Nov 2019

Christian Hospital, Saint Louis, MO

- Delivered medications via oral, IV and intramuscular injections, monitoring responses to catch and address new concerns
- Administered and monitored medications, noted side effects and reported issues to senior staff
- Observed patient care outcomes, including patient feedback, to facilitate ongoing quality care
- Changed out and cared for bandages, catheters and IVs
- Met with patient to make introductions, inquire about needs and offer assistance
- Worked alongside experienced nursing professionals to learn new procedures

Jan 2019 -

May 2019

Worked alongside experienced nursing professionals to learn new procedures

- Delivered medications via oral, IV and intramuscular injections, monitoring responses to catch and address new concerns
- Maintained comfort and safety of each patient through careful monitoring and knowledge application
- Administered and monitored medications, noted side effects and reported issues to senior staff

Jul 2018 -

Current

Patient Care Technician

Saint Lukes Hospital, Chesterfield, MO

- Helped patients maintain healthy skin by checking wounds, assessing integrity and

bathing bedbound individuals

- Answered call lights and supported patient comfort and safety by adjusting bed rails and equipment
- Monitored, tracked and conveyed important patient information to healthcare staff to help optimize treatment planning and care delivery
- Maximized patient satisfaction by helping individuals carry out personal tasks such as dressing and walking

Aug 2018 - Student Nurse

Dec 2018 *DePaul Hospital, Bridgeton, MO*

- Worked alongside experienced nursing professionals to learn new procedures
- Researched different diagnoses to become familiar with presentation and treatment protocols
- Administered and monitored medications, noted side effects and reported issues to senior staff
- Maintained comfort and safety of each patient through careful monitoring and knowledge application
- Delivered medications via oral, IV and intramuscular injections, monitoring responses to catch and address new concerns

Apr 2018 – Rehabilitation Aide

April 2020 *Select Medical, Saint Louis, MO*

- Assisted patients with employing assistive devices such as splints and braces to support treatment goals
- Restocked supplies, cleaned common surfaces and replaced linens between appointments
- Enhanced practice efficiency by completing basic administrative tasks such as answering calls, scheduling appointments and arranging files
- Offered expert mobility assistance with physical support, wheelchairs and other strategies

Jan 2016 - Behavioral Health Technician

Dec 2016 *Mercy Hospital, Creve Coeur, MO*

- Kept facility clean, performed basic maintenance and restocked supplies to support program needs
- Conducted client rounds every fifteen minutes to check on residents
- Performed client intake procedures according to internal standards for all new admissions
- Built and maintained positive staff relationships to promote teamwork and better serve clients



Aug 2018 - Associate of Applied Science: Nursing
May 2020 *Saint Louis Community College - St Louis, MO*



Affiliations

Member of Student Nurses Association (SNA)



Certifications

Jun 2019 Mental Health First Aide

Aug 2019 CPR