

Nichole Stewart

Objective

- Seeking employment in in temporary/agency ICU staffing while pursuing new Nursing Leadership position. Prefer start date between January and May 2022 but available sooner for the right opportunity.

Committees and Leadership

- 2016-November 2021: SLUH Code Blue Committee: Began serving on this committee to help with Code Blue training for 7ICU staff and to keep unit/hospital practices up to date.
- 2016-2021: SSM Critical Care Committee: Meet monthly to discuss items related to critical care across all SSM St. Louis hospitals. We discuss any adverse patient events, get updated on compliance with core measures, and each meeting one of the hospitals gives a presentation about what they are working on (i.e. early mobility).
- 2015-November 2021: SLUH Critical Care Committee-Co-Chair: Assist committee Chair to run the meeting, keep the meeting progressing timely, help compose sub-committees for various agenda items and help propose changes to ensure practice in the critical areas remains current with standards of practice. Maintain membership in Society of Critical Care Medicine (SCCM).
- 2010- 2015: CUSP team in 7 ICU-Committee Chair: Began serving on this committee to help reduce infections in 7 ICU. Our unit has seen drastic reduction in hospital acquired infections and in the number of falls each year. CUSP is now working on reducing unplanned extubations and increasing compliance with restraint documentation.
- 2008-2012: SLUH Nurse Practice Council-Chair in 2012, Co-Chair in 2011: Monthly meeting composed of nursing staff representatives from all areas of the hospital to discuss current practice and any nursing or safety issues that need attention. Discussed infection control practices, unit updates and goals for each unit based council. Sub-committees met after the large meeting to discuss items like retention of staff, infection control, Nurses Week activities and policy/procedure updates.

Professional Experience

Nurse Manager- 7 ICU (now 4 North ICU), SSM Health-Saint Louis University Hospital—2016-November 2021; Interim Nurse Manager for 4 South ICU April 2021-November 2021

- Directly supervise approximately 60 RNs in a high acuity CVICU, Transplant, Surgical, Medical ICU and an additional 40 RNs in a second high acuity Medical ICU, total 40 beds.
- Balance schedule daily and monthly
- Help staff accomplish best practices for patients
- Round on staff and patients
- Helped coordinate and move into a new hospital, combining two separate units into one.
- Maintain a budget
- Multidisciplinary teams for critical care meetings and collaborate with physicians and other staff to ensure safe and best practices for our patients
- Help coordinate continuing education for staff
- Encourage and foster growth in bedside nursing staff
- Huddle with staff
- Supervise charge nurses in everyday operations of the unit
- Daily rounding for Key Performance Indicators
- Hiring and training new staff and agency staff as needed
- Assist staff with direct patient care as needed

Perm Charge Nurse—7 ICU, St. Louis University Hospital ▪ 2013–2016

- Assist staff with direct patient care as needed, especially high acuity assignments
- Balance and finalize unit schedule monthly
- Reconcile daily staffing for current and future shifts, huddle with staff, help in making staff assignments, help with getting nursing students paired with a nurse
- Coordinate throughput for new admissions and transfers out of the ICU
- Perform chart audits including reviewing all CVC's and Foley's for accuracy and continuing need on a daily basis, review charting related to patient restraints
- Educate staff as needed including skills day, implementation of new practices or equipment, and serve as a resource for all staff members including other units
- Ensure compliance with Core Measures/Key Performance Indicators
- Round on patients and families
- Participate in interview process for new candidates

Interim Nurse Manager—7 North, St. Louis University Hospital ▪ 2011-2012

- Similar to current duties as listed above
- Implemented unit wide education sessions for Transplant and other specialty topics
- Reported to Director of Nursing and Chief Nursing Officer

Staff Nurse-7 ICU, St. Louis University Hospital▪ 2005–2011

- Cared for patients post heart surgery, post vascular surgery, post thoracic surgery, post transplant surgery, and post general surgery
- Performed care of patients on a ventilator, IABP, VAD, invasive monitoring, temporary pacemakers, chest tubes, Swan-Ganz catheters, IV vasopressors, CVVHD
- Charge nurse on the unit since 2007

Staff Nurse-Cardiopulmonary Unit, St. John's Hospital▪ 2002–2005

- Cared for patients with any heart problems, pre and post cardiac cath, pre and post heart surgery, pre and post vascular surgery
- IMC (Intermediate Care)- cared for higher acuity patients on Insulin drips, Nipride drips, arterial lines, tracheostomies or other invasive monitoring

Education

- Enrolled Master's Degree of Science in Nurse Executive: Chamberlain College of Nursing, Addison, IL - anticipated graduation July 2022
- Bachelor's of Science in Nursing: 2010-2012: St. Louis University, St. Louis, MO
- Associate's Degree in Nursing: 2000-2002: Lincoln Land Community College, Springfield, IL

References

- Tom Oreskovich—Former Director of Nursing 314-610-0865
- Lisa Hesse-Niebruegge—Nurse Manager Peer 618-340-0463
- Valerie Oster—Nurse Manager Peer/prior charge RN 314-609-6840
- Samantha Bush—Charge RN/previous staff RN 314-974-4065
- Sarah Nickel—Charge nurse 314-374-2796