

Michaelc198622@gmail.com | +1 210 365 0855 | San Antonio TX

## **Summary**

Accomplished Licensed Vocational Nurse leverages critical thinking, analysis and medical knowledge to deliver superior care in high-pressure environments. Maintains positive attitude in urgent, stressful situations.

#### Skills

- Multi-tasking and prioritization
- Patient triaging
- Pediatrics experience
- Rehabilitation techniques
- Tracking symptoms

- Medicine Adminstration
- Assisting physicians
- Working collaboratively
- Medication and IV administration
- Electronic Health Records Management

## Experience

COVID HALL NURSE, Abundant Staffing | San Antonio, TX

LVIN

04/2020 - 09/2021

- LVN with experience working COVID-19 infection halls in nursing home setting.
- Charted changes in patient conditions and discussed concerns with supervising healthcare provider.
- Experience with emergency interventions to include O2 administration, IV meds, respiratory treatments, medication administration, transferring and treatment documentation.
- Worked with registered nurses to deliver comprehensive, high-quality care to COVID-19 patients.

Fusion Home Health Care | San Antonio, TX

LVN

10/2018 - 04/2020

- Documented patient intake and dietary requirements and aided with feeding and monitoring.
- Monitored patient's respiration activity, blood pressure and blood glucose levels in response to medical administration.
- Provided respite for caregivers and support for patient families.
- Performed light housekeeping tasks in patient rooms.
- Assisted patients with eating, dressing and hygiene activities.

Vivacare | San Antonio, TX **Mental Health Specialist** 02/2019 - 11/2019

- Adhered to HIPAA confidentiality requirements by safeguarding files.
  Interviewed clients to gather data of social and psychiatric relevance.
- Demonstrated sensitivity and competence in treating patients from diverse backgrounds.
- Assisted clients in overcoming dependencies, adjusting to change and removing bad habits.
- Documented observations, interventions, and concerns in patient charts and electronic systems, sustaining continuum of care from admission through to discharge.

First Steps Nursing and Therapy | San Antonio, TX

• Evaluated patient care procedural changes for effectiveness and made necessary adjustments.

**LVN** 08/2018 - 02/2019

- Carl R Darnall Medical Center, UNITED STATES ARMY | Fort Hood, TX **Mental Health Technician** 01/2009 - 03/2012
- Assisted with patients' nutritional needs by setting up self-feeding assistance or directly feeding individuals with severely limited mobility.
- Managed patients' hygiene with comprehensive care for toileting, bathing and grooming needs.
- Directed implementation of improved patient care and documentation methods and procedures to achieve quality objectives.
- Identified and addressed individual mental health challenges to support patients.
- Worked frequently with service members with PTSD, Anxiety and Depression in a closed 12-bed unit.
- Scheduled and coordinated patient follow-up appointments.
- Cultivated relationships with patients, discussing ways to help improve overall health while alleviating self-harm practices.
- Handled vital sign monitoring, medication administration and patient behavior assessments.

# **Education and Training**

Southern New Hampshire University **Bachelor's** in Psychology 11/2021

US Army | Fort Sam Houston 01/2010

#### **Additional Information**

• Certifications and Licenses , Texas Driver License Standard Class C License LVN #336836 August 2020 to August 2022