

Crystal Mepiefou

License practical Nurse

Johnston, IA

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5156896990

Experienced medical professional well-versed in performing triage, collecting intake information and caring for wounds. Good communicator with an organized nature and strong prioritization and multitasking skills. Sound judgment, a caring nature and a superior work ethic.

Authorized to work in the US for any employer

Work Experience

License Practical Nurse (LPN)

Fountain West Health Center - Granger, IA

February 2019 to Present

- Documented patient intake information, including medical histories, current symptoms and vitals such as height and weight.
- Managed wound care, gave respiratory treatments and helped with non-invasive procedures.
- Administered medications and therapies in accordance with physicians orders.
- Educated clients, patients, and caregivers on medical diagnoses, treatment options, chronic disease self-management and wound management.

LPN (Licensed Practical Nurse)

Rehabilitation center of Des Moines - Des Moines, IA

June 2019 to September 2020

CNA - Certified Nursing Assistant

BRIDGES AT ANKENY - Ankeny, IA

January 2017 to October 2018

- Assessed patients, documented and monitored vital signs, and communicated changes to supervising RNs.
- Provided hands-on nursing care to patients under direct RN supervision and in alignment with medical center's policies and procedures.
- Facilitated activities of daily living, including personal hygiene management, feeding, ambulation and locomotion.
- Observed and documented patient responses.
- Comforted patients and provided them with reassurance and encouragement.

senior care

Home Instead - Los Angeles, CA

January 2013 to August 2015

Providing conversation and encouraging seniors to share their thoughts and memories

- Helping clients stay as active as possible through outings and activities
- Being a reassuring hand to steady and help seniors walk safely

- Preparing meals and cleaning up meal-related items
- Reminding clients to take medications or keep medical appointments

Education

Associate in Nursing

Southwestern Community College - Creston, IA
August 2016 to June 2018

High school in Diploma

Inglewood High School - Inglewood, CA

Bachelor of Science in Public Health

Cal State University Los Angeles

Skills

- LPN
- Home Health
- CNA
- LVN
- Cna Certified
- Staff Nurse
- Medication Administration
- Triage
- Meal Preparation
- Tube Feeding
- Vital Signs

Certifications and Licenses

Licensed Practical Nurse

October 2018 to Present

LPN

Assessments

Verbal Communication — Expert

December 2018

Measures a candidate's ability to effectively convey information when speaking.

Full results: [Expert](#)

Nursing Skills: Clinical Judgment — Highly Proficient

December 2018

Measures a candidate's ability to assess a patient's condition and implement the appropriate medical intervention.

Full results: [Highly Proficient](#)

Nursing Skills: Patient Focus & Orientation – Proficient

December 2018

Measures a candidate's ability to address concerns and use sensitivity when responding to needs and feelings of patients.

Full results: [Proficient](#)

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.

Additional Information

- Licensed Practical Nurse
- Tracking symptoms
- Documenting incidents
- Multi-tasking and prioritization
- Educating families
- Rehabilitation techniques
- Empathetic and compassionate
- Staff direction and task delegation
- Counting narcotics
- Assisting physicians
- Caring for wounds
- Diagnostic tools experience
- Seizure management
- ELNEC training (End-Of-Life-Care)
- Relationship and team building
- CPR and BLS certified
- Tracheostomy care
- Geriatric treatment knowledge