**CURRICULUM VITAE**

**Of**

**METHUSELAH G.CAYAO B.S.N, R.N.**

**Position Desired: TRAVEL RN TELEMETRY/PCU**

**Home Address: 302 Shenandoah Drive Raymore MO.**

**Date of Birth: July 5,1982**

**Mobile No.: 417-298-5583**

**EMAIL: serious\_nurse@yahoo.com.ph**

**EDUCATIONAL ATTAINMENT:**

**College: RIVERSIDE COLLEGE**

 **Bacolod City, Neg.Occ.Philippines**

**Degree: Bachelor of Science in Nursing**

 **1999-2003**

**High School: JARO NATIONAL HIGH SCHOOL**

 **Jaro,Iloilo City**

 **1996-1999**

**Elementary: CALAPACUAN ELEM.SCHOOL**

 **Calapacuan Subic,Zambales**

 **1989-1996**

**CIVIL SERVICE ELIGIBILITY:**

**Nurses’ Board Examination (PRC): Passed 2003**

 **License no. 356942**

**Ministry of Health Nurse Licensure Passed 2007**

**Riyadh, K.S.A.: License no. 24919**

**Missouri Board of Nursing Passed**

 **License no.201700539**

**WORK EXPERIENCES:**

**APRIL 20,2020 -UP TO THE PRESENT Registered Nurse/relief Charge nurse**

 **MED TELE/PCU/Critical care level 3**

 **BELTON REGIONAL MEDICAL CENTER**

 **BELTON Missouri**

**August 05,2017- April 18,2020 Registered Nurse**

 **CARDIAC FLOOR/CARDIAC TELEMETRY**

 **COX SOUTH MEDICAL HEALTH**

 **Springfield Missouri**

**June 05,2015 – JULY 30 ,2017 Charge Nurse**

 **Citizens Memorial Health Care Facility**

 **REHABILITATION/LONGTERM**

 **BOLIVAR Missouri**

**Feb 07,2013 -April22,2015 Certified Nursing Assistant**

 **Life Care Center of America**

 **800 North Arthur Drive**

 **Humansville ,Mo**

**Experience Abroad/OUTSIDE USA**

**May 15,2007- Dec.9,2009: Staff Nurse (PACU)/Anesthesia RN**

 **Al Hammadi Hospital**

 **P.o. Box 55004, Riyadh 11534**

 **Kingdom of Saudi Arabia**

**March 25,2003-May 15,2007: Staff Nurse/Public Health Nurse**

 **HINIGARAN EMERGENCY HOSPITAL**

 **HINIGARAN,NEG.OCC.PHILIPPINES**

**OBJECTIVES:**

**To practice my profession as a Nurse and to gain more knowledge and experience particularly in my area of specialization.**

**JOB DESCRIPTIONS :**

**PROGRESSIVE CARE UNIT REGISTERED NURSE:**

* **Progressive care nurses are registered nurses who are skilled in assessing and treating acutely ill patients. They monitor critical vital signs, detect changes, and perform interventions when required. They provide care to patients who do not require treatment in Intensive Care Units, but whose conditions need constant observation and monitoring**.

**CARDIAC TELEMETRY RN:**

* Telemetry nurses are registered nurses who specialize in reviewing and interpreting data measured by sophisticated medical equipment. They provide care for critically ill patients, monitor the condition of patients in telemetry units, and administer medication. They also advise patients and their families on post-hospital care.

**Staff Nurse:**

* Assist individual patients need for Nursing.
* Keep and assist the patients in identifying her needs for medical assistance and rehabilitation.
* Observe symptoms and reaction of their physical and mental condition.
* Give assistance and plan nursing care appropriate for the patient involving their family.
* Join the health team, the physicians, nurses, and social workers in the developing the total health care plan for the patients.
* Interpret as practicable to the patient and her family the over all care for has been developed for her.
* Encourage the patient to accept modification of her normal pattern imposed of chronic illness or permanent incapacity.
* Apply nursing measures and techniques pertinent to medical diagnosis and therapy of the patient.
* Execute legal orders of the physician concerning treatment and proper medication.
* Record and report facts about the patient including evaluation of the whole case.

**Public Health Nurse:**

* Performs generalized or specialized public health nursing works such as maternal & child hygiene, tuberculosis, social hygiene, industrial or school nursing, both in clinic & in field.
* Gives treatment & injections.
* Administers medicines and performs other nursing work as ordered by the physician.
* Goes out to answer calls for follow-up cases and gives the prescribed treatment.
* Participates in educating individuals, families and community on health matters.

**JOB DESCRIPTION FOR POST-ANESTHESIA CARE UNIT (PACU)/RECOVERY ROOM STAFF NURSE**

* **Purpose:**
* To provide the optimal quality patient care to post-operative patient who undergone general/regional anesthesia.
* To ensure the safety of post-operative patients while in recovery room and to provide guidelines of endorsement to ward nurses.
* **Nursing Management Objective:**
* To provide care until the patient has recovered from the effects of anesthesia (e.g. until resumption of motor and sensory functions), is oriented, has stable vital signs, and show no evidence of hemorrhage or other complications.
* **Chief Responsibilities of the Pacu Nurse:**
* Maintain a patent airway. Clear the airway by suctioning the excessive secretions of mucus or vomitus. The anesthetist may leave a plastic airway or a hard rubber on the patient’s mouth. Such device should not be removed until signs such as gagging indicate that reflex action is returning. Turning the patient to side prevent airway obstruction and facilitate suctioning.
* Administer oxygen by nasal prong, face mask/face mask with rebreather bag as ordered. After the initial assessment by the anesthetist, vital signs are monitored and the patient’s general physical status is assessed at least every 15 minutes. Report immediately to the Anesthetist any signs and symptoms of immediate post-operative complications.
* Position patient to enhance comfort, safety and lung expansion.
* Verify patients’ identification, file no., ID band, type of anesthesia given, allergies, type of operation, name of surgeon. Assess the surgical site, dressing and wound drainage systems, IV site for patency and infusions for correct rate and solutions, ongoing IV medicines, catheters, NGT etc.
* Document the received I & O. Measure accurately and refer if urine is less than 30cc/hour. Or the patient urge to void and with bladder distention. Checked all drainage tubes to ensure patency and connect to gravity or suction as indicated. Monitor the amount, color, and odor of drainage to detect signs of hemorrhage or any abnormal drainage.
* Check the “ **Post Anesthesia Care Unit Criteria**”. Indicator of recovery includes stable blood pressure, adequate respiratory function, adequate oxygen saturation level compared with baseline, and spontaneous movement on command.
* Provide comfort by relieving pain and anxiety thru IV administration of opioids analgesics as per order by the Anesthetist provide immediate relief and are short acting, thus minimizing the potential for drug interactions or prolong respiratory depression while anesthetics are still acting on the patients system. Epidural infusion used with caution. The patient is covered with warm lightweight blankets. Other pain relief measure includes turning patient position, changing or reinforcing soaked dressing may also relieved discomfort. In addition to monitoring the patient’s status and managing pain, the PACU nurse provides psychological support in an effort to relieve the patient fears and concerns. When the patient condition permits, a close family member may visit for a few minutes thus often decrease the family anxiety and makes the patient feel more secured.
* Maintaining safety- stretcher should always be locked and side rails are raised to guard against falls.
* Observe the principles of safe administration of blood transfusion, medications and treatment as ordered.
* Observe proper aseptic technique to avoid cross infections.
* Proper endorsement- the PACU nurse reports the baseline data about the patient’s general condition, review post-operative orders or therapeutic regimen including medications, diet and activity performs, dressing changes and wound care and any other treatments to the receiving nurse. Patients being discharge directly to home such as Day Case requires verbal and written instructions about follow-up care.
* **JOB DESCRIPTION FOR ANESTHESIA NURSE:**
* Prepare medicines, equipments needed for patient intubation.
* Prepares patient for surgery by giving physical,emotional,psychological and spiritual.
* Check all pre-operative medications and materials needed for surgery and administers pre and post operative medications as ordered.
* Assist Anesthesiologist for intubation.
* Monitor patient’vital signs and observe CAREFULLY
* Prepare for extubation.
* Prepare for Reversal
* Assist in the rehabilitation of patient.
* Assist head nurse or immediate superiors in the management of the ward and ensures adherence to all policies and procedures.
* **Registered Nurses, or RN's--Job Description in CMHCF:**
* Registered nurses hold the highest nursing position in nursing homes, as they oversee the activities of the rest of the nursing staff. Instead of just focusing on the immediate needs of patients, RNs are responsible for overseeing each patient's overall health and medical histories. By taking a patient's entire history into account, the RN can ensure that each individual receives the best care possible. In addition to the basic duties performed by nursing assistants and LPNs, RNs are also responsible for advanced activities such as starting intravenous infusions, administering oxygen, monitoring blood sugar levels and consulting with the supervising physicians.

**CHARACTER REFERENCES:**

**JENNA COLLIER**

**CRITICAL CARE MANAGER**

**Tel :816-217-7342**

**EMAIL:jenna.collier@hcamidwest.com**

**BELTON REGIONAL MEDICAL CENTER**

 **CATIE SAGER**

 **CHARGE NURSE/NP**

 **MEDICAL TELEMETRY**

**Tel:816-807-6095**

 **Email:cjsager@gmail.com**

 **BELTON REGIONAL MEDICAL CENTER**

**IN-SERVICE TRAINING AND SEMINARS:( see attached certificates)**

**TNCC-EXPIRES 07/2023**

**ACLS-EXPIRES 10/2023**

**BLS**

**NIHSS-2023**

I hereby certify that the above-mentioned are true and correct to the best of my knowledge.

 **MS.METHUSELAH G.CAYAO B.S.N, R.N**

 **Applicant**