


Crystal Janosek

contact:  (361)816-8170

 CrystalJanosek@icloud.com

about

I am an energetic, Registered Nurse with 4 years hospital experience seeking a professional nursing role that focuses on the health and well-being of others. I am a motivated learner who encompasses a desire to build my knowledge in the medical industry and eager to succeed. I have a strong desire to serve others, and provide quality, hands on patient care to the best of my abilities.

EDUCATION

Registered Nurse
Associate in Applied Science
Del Mar College
Corpus Christi, TX.
Del Mar College Alpha Delta
Nu Nurse Honor Society

SKILLS

Medical-Surgical
Critical Thinking
Strong Work Ethic
Hands-on Patient Care
Organization and Prioritization
Patient Assessments

CERTIFICATIONS

Graduate Nurse
Texas State Board of Nursing
License # 1021859
BASIC LIFE SUPPORT (BLS)
CERTIFIED
American Heart Association
2020

professional experience

REGISTERED NURSE/ CHRISTUS SPOHN HOSPITAL-SOUTH

- 2020-PRESENT
- Receive patients for admission, perform head-to-toe assessments and communicate with physicians to plan and implement care.
 - Perform hands-on patient care such as initiating IV access, administering IV, IM and oral medications, central line care, wound care, and patient hygiene care.
 - Implement critical thinking and proper patient care when analyzing critical lab values and changes in patient's condition, including prompt communication with physicians.
 - Patient and family education

STUDENT NURSE TECHNICIAN/ DRISCOLL CHILDRENS HOSPITAL

- 2018-2019
- Assisted Nursing staff with providing hands-on patient care within my scope of practice, including bathing, ambulating, vital signs, blood glucose testing, IV removal, and comfort.
 - Documenting daily care in EPIC Software System.
 - Recording of daily fluid input and output
 - Experience in multiple pediatric fields, including the Emergency Department, Pediatric ICU, and Med-Surg.

CERTIFIED NURSE AIDE/ *CHRISTUS SPOHN HOSPITAL*

- 2017-2018
- Assist nursing staff with providing patients with personal care and activities of daily living.
 - Take and record vital signs
 - Take glucose readings for diabetic patients
 - Assisting to chair/toilet, transferring immobile patients
 - Patient hygiene: Bathing, linen changes, oral care
 - Catheter care
 - Post-mortem care
 - Answer call lights
 - Assess and observe patients/ report any changes to chain of command
 - Record patient input/output, ADLs, vitals, assessment data in Meditech Software System
 - Verify orders in patient chart