

# Deborah Kingsbury

## **Registered Nurse**

Savannah, GA 31401

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I am person who is proficient, professional and provides a great deal of confidentiality when dealing with private matters. I follow directives and employ all necessary steps to excel in high-pressure situations. Highly proficient in all Microsoft applications to include: Outlook, Word, PowerPoint, and Excel, Access, I am proficient in MediTech, Clinical Suites and have extensive knowledge of databases.

Willing to relocate: Anywhere

Authorized to work in the US for any employer

## Work Experience

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### **Travel Registered Nurse**

Aya Healthcare Travel Agency - San Diego, CA

August 2021 to Present

Travel RN Med-Surg Tele.

### **Registered Nurse - Trauma Charge Nurse**

Memorial University Hospital - Savannah, GA

September 2019 to July 2021

- Create individualized plans of care.
- Recognize and treat cancer-related issues.
- Collaborate with a team of professionals to share expertise and knowledge.
- Apply evidenced based practices to patient centered care.
- Provide emotional support and resources to patients with poor prognosis.
- Provide hospice care.
- EMR charting.

### **Registered Nurse (Neuro-Stroke)**

Carilion Roanoke Memorial Hospital - Roanoke, VA

April 2019 to November 2019

- Provides professional nursing care to a diverse patient population, conducts nursing assessments, assists with exams and treatment, patient education, and maintenance of medical records.
- Provides direct patient care effectively and efficiently which may include patients with varied and complex needs.
- Communicates and collaborates with the physicians and interprofessional health care team to facilitate, coordinate and maintain compassionate, efficient, quality care and achievement of desired treatment outcomes.
- Demonstrates clinical competence when providing care, using technology, administering medications, performing procedures and managing emergencies, acting as a patient and family advocate in order to monitor and maintain patient rights.

## **Registered Nurse (PRN)**

RiverWoods Continuing Care Retirement Community - Exeter, NH  
November 2018 to April 2019

- Coordinate self-driven wellness programming for those individuals who are more independent.
- Create services plans for individual residents in assisted living facilities.
- Test and re-evaluate the effectiveness and appropriateness of those plans.
- Coordinate healthcare services (specifically those services that come from sources outside of the assisted living facility — like onboarding and supporting hospice staff).
- Build and maintain relationships with other home health organizations
- Maintain consistent contact with local physicians to stay up-to-date on each individual's medical needs
- Coordinate discharges for individuals whose needs are no longer being met.

## **Registered Nurse Med/Surg**

Frisbie Memorial Hospital - Rochester, NH  
June 2018 to April 2019

- Provide careful assessment and monitoring of a patient's progress watching for sudden/subtle changes in medical/mental status requiring emergent medical intervention.
- Monitor and interpret cardiac rhythm strips.
- Communicate with the provider regarding status utilizing the SBAR system to advise of changes and, request for medication.
- Manage medication doses, anesthesia and support for ventilated patients.
- Provide support for families and patients that are encountering end-of-life care.
- Insert and care for urinary catheters.
- Part of the emergency response team

## **Licensed Nursing Assistant**

Portsmouth Regional Hospital - York, ME  
May 2015 to April 2017

Note: Did CNA work privately in York, ME

- Observe, report and document patient status and the care of services provided.
- Obtain and record vital signs
- Performed EKGs as directed.
- Utilize Hoyer Lift and Hover Matt.
- Glucose testing
- Perform ADLs

## **Personal Certified Aide**

Greater Faith Works - South Berwick, ME  
May 2013 to April 2015

- Medication Reminders
- Bathing /Dressing/Grooming/Oral Care
- Assessed Skin when providing ADLS
- Assisting with mobility & Exercise programs
- Assistance with lifting, transferring, positioning
- Respite for family members

## **Paralegal**

Rose Law - York, ME

July 2009 to May 2013

Interacted professionally and effectively with clients, partners, associates and all levels of firm personnel

- Worked under tight deadlines, handle multiple tasks, and responded quickly to changing priorities, and responsibilities during high profiled mergers and acquisitions
- Maintained Corporate Record Books
- Assembled and compiled all documents necessary for the completion of the transaction
- Composed and typed routine letters of correspondence

First Sergeant/Retail Store Manager/Customer Service Manager

## **Family Readiness Officer**

United States Marine Corps Reserve (Active) - Quantico, VA

November 1983 to March 2009

Assisted Commanding Officer as the Senior Enlisted Advisor

- Managed over 250 Marines in all administrative and legal matters
- Hired staff, created and lead a cohesive team, assigned duties, guided team to meet sales targets, while identifying staff coaching needs, reviewing staff performance and completing reporting information and administrative duties. Other tasks include assisting customers as needed, ensuring customers receive quality service and products, dealing with complaints, budgeting and accounting, reviewing inventory and sales records and coordinating sales promotions.

## Education

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### **Associates in Nursing**

Great Bay Community College

### **Associates in Liberal Arts**

Great Bay Community College

### **BSN in Nursing**

Granite State College

## Nursing Licenses

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### **RN**

## Skills

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- Med Surg (3 years)
- RN (3 years)
- Home Health (3 years)
- ICU (Less than 1 year)

- Medical Surgical
- Hospital (6 years)
- Staff Nurse
- Hoyer Lift
- Hospice Care
- Critical Care Experience
- EMR Systems
- Patient Care
- Medication Administration
- Epic (2 years)
- Caregiving
- Triage
- Case Management
- Nursing

## Military Service

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**Branch: United States Marine Corps**

Rank: First Sergeant

## Awards

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### **Daisy**

June 2020

Recognition by patients and families for going above and beyond.

## Certifications and Licenses

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### **BLS/CPR**

October 2019 to October 2021

### **Certified Nursing Assistant (CNA)**

### **NIH Stroke Certified**

Present

### **ACLS Certification**

## Assessments

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### **Electronic Medical Records Knowledge — Highly Proficient**

March 2019

Measures a candidate's knowledge of EMR data and associated privacy regulations, as well as best practices for EMR use.

Full results: [Highly Proficient](#)

### **Nursing Skills: Clinical Judgment — Expert**

March 2019

Measures a candidate's ability to assess a patient's condition and implement the appropriate medical intervention.

Full results: [Expert](#)

### **Conscientiousness — Expert**

March 2019

Measures a candidate's tendency to be rule-abiding, well-organized, hard-working, confident, and think before acting.

Full results: [Expert](#)

### **Work Style: Conscientiousness — Highly Proficient**

June 2020

Tendency to be well-organized, rule-abiding, and hard-working

Full results: [Highly Proficient](#)

### **Medical Terminology — Highly Proficient**

March 2019

Measures a candidate's ability to understand and appropriately use medical terminology.

Full results: [Highly Proficient](#)

### **Electronic Medical Records: Best Practices — Expert**

June 2020

Knowledge of EHR data, associated privacy regulations, and best practices for EHR use

Full results: [Expert](#)

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.