Laura Zent

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Authorized to work in the US for any employer

Work Experience

CNA - Certified Nursing Assistant

RIVERBEND HEIGHTS HEALTH AND REHAB - Lexington, MO June 2019 to July 2020

Assist with daily basis activity.

- Monitored vital signs
- Provided caring, intimate, hands-on healthcare for residents
- Worked with mechanical lifts, as needed
- Made beds

general worker

triumph foods - Saint Joseph, MO October 2018 to May 2019

cut lions season and pack to ship.

CNA - Certified Nursing Assistant

Merrill Corporation - Saint Joseph, MO August 2012 to February 2014

Responsibilities

I gave personal home health care for consumers in the comfort of their own homes. Tasks including baths, laundry, dishes, errands.

Accomplishments

I helped a few people be able to continue to live alone. That was worth it all for me.

Skills Used

Dependability, problem solving abilities, organization, prioritizing, multiple tasking, communication. My ability to show compassion for my patients.

CNA

rescare - Saint Joseph, MO 2013 to 2014

Responsibilities

This was also home health and I did the same duties. I did General Cleaning and prepared meals.

Accomplishments

My client here was unable to walk when I started caring for her. She had a very long up hill fight and gave it her all and I helped her regain her ability to walk again. Best experience ever in helping someone.

Skills Used I used skills I learned in the cna field here. Rom (range of motion) Communication Dependability

CNA

saxton woods 2010 to 2011

Responsibilities Over night cna Caring for patients threw out the night Changing them Passing ice water Cleaning wheel chair Passing snacks Answering call lights Assist In getting up for breakfast

Accomplishments My CNA certification.

Skills Used Team work Communication Organization Multi tasking Keep going when the pressure was high.

Assistant Manager

Lesslies pool supplies - Saint Joseph, MO Pool sales, chemical sales, and retail sales. Open and close store daily.

Education

ged Ged Program - Saint Joseph, MO 2011 to 2011

Skills

- Organizational Skills
- Customer Service (1 year)
- Financial Management (Less than 1 year)

- CNA
- Meal Preparation
- Laundry
- Home Care
- Senior Care
- Caregiving
- Vital signs

Certifications and Licenses

CNA Certified

CPR Certification

Assessments

First Aid Skills — Highly Proficient

March 2019

Measures a candidate's ability to identify treatments for common medical emergencies. Full results: <u>Highly Proficient</u>

Merchandise & Supply Storage Skills — Highly Proficient

March 2019

Measures a candidate's ability to apply systematic processes for managing and storing products and merchandise.

Full results: Highly Proficient

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.