

SHANA ST. JOHN

1640 Oak Place Blvd apt #98 Henrico, Va 23231 · (804)9017050

Shana_stjohn@icloud.com

Objective: My career goals are to provide basic and vital ways to all who are unavailable to care for themselves. I have the desire and excellent bedside manners to ensure that their dignity is restored in the process. As a first responder and nurse I know in practicing with quality care it can make a difference between mere existence and living with dignity. My mission is to be the best caregiver, nurse and first responder to include a holistic approach

EDUCATION

PRESENT

RN- BSN, JAMES MADISON UNIVERSITY

Tentative graduation year 2022

COMPLETED MAY 2020

NURSING AAS, J SARGEANT REYNOLDS COMMUNITY COLLEGE

GPA: 3.382 Clinical med Surgery 2 years

COMPLETED MAY 2015

PRACTICAL NURSING, MCI

GPA: 3.7

COMPLETED JANUARY 2012

CNA, J SARGEANT REYNOLDS COMMUNITY COLLEGE

GRADUATED JUNE 2007

HIGH SCHOOL, HIGHLAND SPRING HIGH, HENRICO, VA 23075

EXPERIENCE

MARCH 31, 2016 – OCTOBER 7, 2020

LPN, SUPERVISOR, HERMITAGE RICHMOND

Supervise and direct nursing services and staff, oversee clinical care, provide nursing assessments, medication management, wound care, reporting abnormality to physicians, transcribing orders, performing sterile procedures, interaction with family, care planning, MDS, Responsible for the delivery of efficient high quality patient care. Possess oral and written communication skills

JUNE 2015 – MARCH 31, 2016

LPN CHARGE NURSE, HENRICO HEALTHCARE

Provide nursing assessments, register patients for admissions, medication managements, wound care, patient care, reporting abnormalities to physicians, transcribing orders, interaction with families, patient care planning, performing sterile procedures. Charting and documenting patient vital signs and their care on a daily basis

JANUARY 2010- JUNE 2015

PCA/CNA, PATIENT CARE

ADL care, setting medical appointments, assisted with transportation needs, reporting abnormalities to Charge Nurse, bathing and personal hygiene care on a daily basis, maintaining clean living areas and spaces, participated in activities with patients, communicated

February 1, 2021- present

RN/ Sheltering arms spinal cord unit and complex care

Assessments, neuro assessment, intensive Stroke training, EKG interpretations, Family, staff, md communication, nursing knowledge and skills. wound care, reporting abnormality to physicians, transcribing orders, performing sterile procedures, interaction with family, care planning,

Licences/Certifications:

CNA – 2012 – 2015 – J Sargeant Reynolds Community College

LPN – 2014-2015 – ECPI University

RN – 2018-2020 – J Sargeant Reynolds Community College

REFERENCES:

**LaVern B Callaham – 400 West Jerald Street, Henrico, Va., 23075 – Retired
State of Virginia – Family Friend – 804-909-4301**

**Tracey Laidler – 804-726-0654 –Co-worker
RN Supervisor
MDS Coordinator**

MORE UPON REQUEST