

# Sabralyn Abernathy

St. Louis, MO 63137

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#readytowork

Authorized to work in the US for any employer

## Work Experience

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### **CNA**

Mary Culver Home - St. Louis, MO

November 2019 to Present

- Worked in a nursing home
- Assisted 12 elderly patients daily
- Took vital signs regularly
- Gave residents their medication
- Assisted with wound care

### **L1Ma**

Dougherty ferry assisted living - St. Louis, MO

October 2019 to December 2019

### **Medical Assistant**

Lemay family center - St. Louis, MO

September 2019 to November 2019

### **CNA**

Friendship village - Sunset Hills, MO

September 2018 to September 2019

### **L1MA**

Fountains of West County - Ellisville, MO

September 2017 to September 2018

Pass meds, assist residents with daily activities

### **CNA - Certified Nursing Assistant**

Delmar Gardens - Town and Country, MO

September 2016 to July 2017

- Assisted 12 elderly patients daily
- Provided patients/residents with care and companionship
- Helped residents with activities of daily life (ADL): bathing, grooming, dressing, feeding, and walking
- Documented all care
- Made beds
- Performed post-mortem care, if needed

- Cleaned and sanitized rooms

### **CNA - Certified Nursing Assistant**

Alexian Brothers Nursing home  
May 2013 to September 2016

### **CNA - Certified Nursing Assistant**

Riverview  
May 2011 to May 2013

## Education

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### **High school or equivalent**

Rockwood Summit Sr. High School

## Skills

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- Cna Certified
- Medication Administration
- Vital Signs
- Caregiving
- Nursing
- Home Care
- Caregiving
- Medication Administration
- Nursing
- Vital Signs
- Alzheimer's Care
- Senior Care
- Patient Care
- Dementia Care
- Laboratory Experience
- EMR Systems
- Food Preparation
- Medical terminology
- Medical receptionist
- Microsoft Access

## Certifications and Licenses

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### **Level 1 Med Aide**

October 2017 to Present

**CNA**

May 2011 to August 2019

**CPR**

**Certified Nursing Assistant (CNA)**