

Aneena Varghese

Alexandria, VA 22310

aneena91@gmail.com

+1 214 897 9866

- Registered nurse seeking an opportunity to use my knowledge and clinical experience to strengthen patient care, enhance clinical skills and evolve as a nurse professional.
- Proficient in medication administration, medical surgical procedures, burns wound care, and critical thinking.
- Background includes 5 ½ years of work experience as a registered nurse in India from 2013 September to 2019 April.
- COVID Vaccinated.

Work Experience

Registered Nurse

Christian Medical College - Vellore, Tamil Nadu

September 2013 to September 2014

in Pediatric Surgical Unit.

- Specialized in pediatric surgical care especially with burns patients, burns wound care and burns dressing.
- Skilled nursing care including IV infusion, PICC line care, supra pubic catheter care, bladder wash & wound VAC care.
- Provided staff in-service educations and clinical teachings.
- Organized and coordinated daily unit reports and patient care procedures.
- Actively participated in physician rounds and assisted in procedures.
- Team work, patient advocate, problem solving, critical thinking.
- Displayed strong clinical skills in providing preoperative & postoperative care.

Professional achievement

- Volunteer nursing care and supportive care for Geriatric patients at their own residence after my hospital duty hours.
- Regular visit to the Old age homes around my community and provided psychological support and nursing care.

Registered Nurse

Ranny Marthoma Medical Mission Hospital & Research Centre - Kerala, India

200 bedded multispecialty hospital. Worked from October 2016 to April 2019 in

ICU.

- Performing plan of care for the group of designated patients using assessment, diagnosis, identification, planning, implementation and evaluation of patient care.
- Collaborating with health team members in implementing procedures and treatments.
- Administering medications IV, IM, Subcutaneous, PO, and NG-tube.
- Inserting IV's, NG tubes and foley catheter's.
- Team work, patient advocate, problem solving, critical thinking.
- Admitting, transferring, educating and discharging patients.
- Documentation

Registered Nurse

Rev. George Matthen Mission Hospital - Mallappally, Kerala, India

100 bedded general mission hospital. Worked from October 2014 to September 2016.

- Direct high quality patient care as an in demand per-diem registered nurse within emergency unit, surgical unit, medical unit, pediatric unit & orthopedic unit.
- Coordinated and actively participated as a scrub nurse for 40 general surgeries in a free surgical camp conducted in association with Surgical Volunteers International from USA.
- Provided long term care, short term care, rehabilitation and hospice care.
- Assisted orthopedist in orthopedic procedures.
- Lead and mentored newly licensed nurses in developing and achieving professional expertise.
- Management of the units, staff scheduling, and took in-charge during night shifts.
- Triage and prioritizing patients according to the importance of their conditions at the emergency unit.
- Provided diversional therapy to pediatric patients during invasive procedures.

Education

Master of Science in Counselling & Psychology

TRADA College of Health and Social Science - Kottayam, Kerala

2015 to 2017

Bachelor of Science in Nursing

Christian Medical College - Vellore, Tamil Nadu

2009 to 2013

Nursing Licenses

RN

Expires: June 2024

State: DC

Skills

- Pediatrics
- Microsoft Powerpoint
- Patient monitoring
- Vital signs
- Triage
- Catheterization
- Patient care
- Catheter care
- Teaching
- Microsoft Word
- Organizational skills

- Hospice care
- Research
- ICU experience
- Mentoring
- Nursing
- Hospital experience
- Infusion
- Foley catheter
- Tube feeding
- Training & development
- Medication administration
- Microsoft Excel
- Basic IV

Certifications and Licenses

RN

BLS Certification

December 2023

ACLS Certification

February 2024