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| Ze Gao | Centreville, VA, 20121 703-618-6591 connie.gao66@gmail.com  |

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|  | **Objective** |

 **Registered nurse. Team leader. Critical care nurse**

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|  | Education |

**Bachelor’s Degree in Nursing**, The George Washington University, 2020 graduating April, 2021

## Associate Degree in Nursing, Global Health College, 2012 - 2014

## Associate Degree in Science, Northern Virginia Community College, 2006 - 2009

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|  | Experience |

##

##  Registered Nurse, Virginia Hospital Center: May, 2017 - current

* Provided exceptional care to high acuity patients needing complex care such as trach care, ostomy care, extensive wound care, catheter insertion and airway management.
* Administered medications via oral, IV and IM injections, monitoring responses to address new concerns.
* Managed care from admission to discharge including patient assessments, care planning, health educations and discharging support to provide comprehensive care to patients daily.
* Gathered lab specimens, ordered testing and interpreted results to diagnose patients.
* Audited charts and reviewed clinical documents in Epic for patient safety
* Collaborated with interdisciplinary healthcare personnel to meet patients' personal, physical, psychological and cognitive needs Performed ongoing assessments to evaluate.
* Monitored patient condition, including interpreting and tracking EKG readings, identifying irregular telemetry readings and updating team members on changes in stability or acuity.
* Provided didactic and clinical instructions to orient new nurses and potential student nurses to achieve training outcomes.
* Performed leadership role as charge nurse. Delegated tasks to team members.

## Registered Nurse, Northern Virginia Mental Health Institute: December,2016- May, 2017

* Provided direct patient care, stabilized patients and determined next course of action.
* Administered medications and treatment to patients and monitored responses while working with healthcare teams to adjust care plans.
* Managed care from admission to discharge, including patient assessments, care planning, health educations and discharging support to provide comprehensive care to patients daily.
* Reported findings to quality departments after conducting routine restraint audits and worked with team to devise corrective actions for deficiencies.
* Facilitated therapeutic communication, conflict resolution and crisis intervention by redirecting negative behaviors and helping patients regain or improve coping abilities to prevent further disability.
* Collaborated with interdisciplinary healthcare personnel to meet patients' personal, physical, psychological and cognitive needs.

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|  | Skills |

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| * Direct Patient Care
* Patient Education
* Staff Supervision
* Precepting
* Inpatient Rehab
* Telemetry nurse
* NIH Stroke Certification
* ACLS Certified
* Wound care Committee
* Epic software use
* Fluent Chinese
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|   | Award |

 **The Daisy Award**, November, 2019.