# **Tuoilay Kpangar**

1601 30th st NW unit 8 Cedar Rapids, IA 52405 **319-654-3367 Tuoilay Kpangar** 

#### **EXPERIENCE**

### Nextaff Medical Staff, Des Moines IA

Feb 25 2021-Present

Nextaff agency is a medical staffing agency. I get sent to many nursing home facilities in and out of town as a CNA. Aspire Muscatine, Sunnybrook Muscatine, etc.

- Provide high-quality patient care
- Preserve patient dignity and minimize discomfort while carrying out duties
- Assisted residents with activities of daily living including helping with meals, transferring using assistive devices, bathing, dressing, and grooming
- Adhered to safety guidelines
- Display strong clinical skills in assessing vital signs and glucose checks
- Commended for chart accuracy, effective team collaboration, patient relations, and consistent delivery of empathetic care
- Ensure the accurate, timely flow of information by maintaining thorough patient records and updating healthcare team on patient status
- Complied with HIPAA standards in all patient documentation and interactions
- Provide hygienic care

## Allheart Medical Staffing, Cedar Rapids July 27-Present

Allheart is a medical staffing agency based in Cedar Rapids IA. As with all medical staffing, they work with many facilities and sometimes with clinics. Through this agency, I had a contract with PCI one of the biggest hospital in Cedar Rapids. I worked closely with providers and learn many things. I have worked at many other facilities through them as well.

- Assisted residents with activities of daily living including helping with meals, transferring using assistive devices, bathing, dressing, and grooming
- Ensure the accurate, timely flow of information by maintaining thorough patient records and updating healthcare team on patient status
- Provide hygienic care
- Provide high-quality patient care
- Complied with HIPAA standards in all patient documentation and interactions
- Display strong clinical skills in assessing vital signs and glucose checks

# Sunnybrook Assisted Living, Muscatine IA— Dietary Aide

Nov 2018 - March 2019

- Assisted with meal preparation for all residents
- Follow all health and safety guidelines
- Make sure all resident dietary needs are handled properly
- Clean and sanitized all cookware
- Prepare and serve nutritious meals and snacks to residents, staff, and visitors
- Interact with patients in a pleasant manner and handled patient complaints
- Assist in clean up, kitchen maintenance, setting up and taking down dining areas
- Maintain a clean work environment by washing dishes, cleaning countertops, sweeping and mopping the floor

#### **SKILLS**

- Patient advocacy
- Medication support
- CPR
- Utilize patient safety with proper use of equipment
- Health Assessment
- Vital signs and patient monitoring
- Record Intake and Output
- Patient care and Safety
- Electronic Medical Records
- HIPAA regulations
- Medical terminology
- Covid testing

#### WARDS

Nominated as the student speaker for my nursing class

### **EDUCATION**

# Muscatine Community College LPN diploma-graduated May 2021 Certified Nursing Assistant obtained

# Muscatine High School, Muscatine—diploma

Graduated May 2017