# Laura Vitro

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Employment in the field of nursing as a Licensed Practical Nurse (LPN)

# Work Experience

## LPN (Licensed Practical Nurse)

Trinidad Inn Nursing Home - Trinidad, CO May 2021 to Present

Floor nurse for approx. 30 residents daily.

## LPN (Licensed Practical Nurse)

Mount Saint Francis Nursing Center - Colorado Springs, CO November 2020 to April 2021

• Use oral, written and interpersonal communication skills with staff, physicians and families to provide proper medical care

- Use various redirection skills to assist with residents inappropriate behavior due to illness
- Assist residents with ADL's, meal time, behaviors, wound care, family intervention as needed
- Administer medications both PO and IM as order by physician

## **Memory Care Nurse**

PIKES PEAK CARE CENTER September 2015 to November 2020

• Responsible for direct care of 38+ residents in a memory care unit.

• Use oral, written and interpersonal communication skills with staff, physicians and families to provide proper medical care

- Use various redirection skills to assist with residents inappropriate behavior due to illness
- Assist residents with ADL's, meal time, behaviors, wound care, family intervention as needed
- Administer medications both PO and IM as order by physician

## **Resident Care Coordinator**

BROOKDALE- PALMER PARK December 2014 to September 2015

• Plan, organize, and direct all resident-care needs for 56+ residents in a 74 bed stand alone memory care community in accordance with Colorado state and Brookdale's guidelines

• Create and maintain an atmosphere of warmth, personal interest, and positive emphasis, as well as a calm environment throughout the community for both residents and staff

• Use oral, written and interpersonal communication skills with staff, physician's and families to provide proper medical care

• Oversee individual service plans for each resident to confirm that they are being carried out appropriately

• Conduct and assist with pre-admission evaluation with prospective residents to determine if admission is appropriate

• Coordinate admission, discharge, transfer, death procedures, hospice care, and home health care

• Review, and or update the physician's orders, medication records, and related resident-care chart, including daily charting for any change of condition to ensure accuracy and completion

- Transcribe all physician's orders into MAR to insure accuracy and timely administration
- Work closely with Pharmacy to ensure all medications are ordered and all prescriptions are correct
- Assess for and administer PRN medication as needed
- Cart and MAR Audits as well as MAR to MAR transfers on a monthly bases

• Assist with interviewing, hiring and supervising the Resident Care Associates and Med Techs to ensure performance meets the state requirements as well as the Brookdale standards

• Advocating for staff when conflicts arise, conducting objective investigations for complaints about staff and residents in building, nominating staff for employee-of-the-month awards, using other resources for recognizing exceptional performance, and counsel/discipline personnel when necessary

## **Licensed Practical Nurse**

MAXIM STAFFING SOLUTIONS July 2014 to September 2015

- Temping at Nursing Homes, Prison, and Rehabs as a LPN
- Medication and treatment nursing

#### Wellness Nurse

NEW DAWN MEMORY CARE August 2014 to December 2014

- Responsible for direct care of 22+ residents in a 46 bed memory care facility
- Supervise CNA's and MAP'S
- Use oral, written and interpersonal communication skills with staff, physician's and families to provide proper medical care

• Provide skilled nursing care for residents as needed, including but not limited to wound care, catheter care, palliative care, ostomy care

- Assess for and administer PRN medication as needed
- Administered daily medication as needed using the EMR system

## **Licensed Practical Nurse**

SALEM HILLS REHABILITATION AND NURSING CENTER May 2013 to June 2014

• Responsible for 30+ residents direct care in a 126 bed facility on the Alzheimer's/Dementia/Parkinson's Unit

- Dispensing of Medication Administer orally, IM, Subcutaneous, PPD's, vaccinations and narcotics
- · Counting and charting of all controlled narcotic medications during change of shift
- Maintain medication supply, order new and reorder existing medications, restock medication cart
- Wound Care Observe wounds, apply dressings, resolve wound care orders, report changes to RN and Physician
- Vital Signs, Oxygen Therapy, Oral Suctioning, Catheter Cares, G-Tube Cares
- Observe residents for changes in condition, communicate findings to Charge Nurse, Physician and family
- Supervise and educate CNA's in the cares and daily procedures needed for our residents
- Review and maintain infection control precautions at all times

- Assist Charge Nurse with initial assessment of resident upon admission/re-admission
- Strong interpersonal communication skills with both patients and their family members

## Travel Planner /Chaperon / Fundraiser Chairperson

PAWLING HIGH SCHOOL JAZZ BAND September 2008 to October 2013

• Plan all fundraiser events, which included Jazz Fest's, Family Fun Nights, Bake Sales, Raffles

• Arrange the annual Jazz Band trip to the Jazz Celebration completion, where the students compete against schools from around the country. Which included all traveling arrangement for approximately 25 students plus chaperons. From the airlines to the food vouchers

### **Licensed Practical Nurse**

ARMS ACRES REHABILITATION CENTER June 2011 to May 2013

- Administer oral medications, injections, administer PPD's to new admissions as needed
- Coordinated with physicians regarding implementation of medication and treatment plans
- Maintain medication supplies, order new medications, reorder existing medications
- Preform initial assessment of new patients, assist in the placement and care that will be provided
- Write up care plans for new admissions

• Assess and determine if the patients medical issues can be treated through nursing intervention or if patient will need to be seen by the physician

- Check vitals and document via EMR
- Detox assess and document all withdrawal symptoms, medicate when needed to maintain safety of patient

## **Communication Committee Member**

Sales Department and the Marketing Team September 2010 to May 2013

Proof reader for all sales and promotional material

#### VOLUNTEER PAWLING SCHOOL DISTRICT

Communication Committee Member, September 2010 to May 2013

- Work with the school board to promote communication between the school district and the community
- Help develop the school budget newsletter
- Worked as a liaison between the parents of the community and the communication committee to bring any concerns or ideas to the table regarding the schools

## **Account Executive**

MAL DUNN ASSOCIATES - Brewster, NY October 1999 to August 2008

- Researching multi channels to develop leads for new prospects
- Prospecting for New Participants in existing Database(s)
- · Developed promotional materials to increase revenue on a monthly basis
- Produce both single and multi list recommendations
- Maintain relationships in brokerage community through written, verbal, face to face communication
- Attending multiple DMA Conferences annually
- Oversee daily activities of order administrators

## Education

## Associate in Nursing

CAREER AND TECHNICAL INSTITUTE Poughkeepsie - New York, NY September 2009 to June 2010

## Skills

- Excel
- Experienced in the set-up and creation of simple spreadsheets for data management
- MS Word
- Experienced in the use of and formation and formatting of documents in a variety of styles
- PowerPoint
- · Competent in the creation of visual presentations
- Proficient with the internet for both research and communication
- LPN
- Intake Experience
- Dementia Care
- Memory Care
- Alzheimer's Care
- EMR Systems
- Infection Control Training
- Medication Administration
- Problem-solving
- Team Work
- Flexibility
- Reliability
- Transcription
- Catheter Care
- Nursing
- Caregiving

## Certifications and Licenses

#### **Licensed Practical Nurse**

August 2019 to August 2021

## **BLS Certification**

LPN

## **Patient-focused care — Proficient**

July 2020

Addressing concerns and using sensitivity when responding to needs and feelings of patients Full results: <u>Proficient</u>

## **Electronic health records: Best practices – Highly Proficient**

July 2020

Knowledge of EHR data, associated privacy regulations, and best practices for EHR use Full results: <u>Highly Proficient</u>

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