

# Shiela Zirk

## **RN ICU/CICU**

Aurora, IL 60506

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, patient-focused, highly motivated nurse seeking a position in a fast-paced ER, ICU, or Telemetry department working any available shift. I am focused on providing outstanding patient care by following appropriate procedures and safety guidelines, as well as using my skills and training to create a therapeutic environment that promotes physical, spiritual and emotional healing.

## Work Experience

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### **CICU staff nurse**

Presence Mercy Medical Center - Aurora, IL

January 2018 to Present

16 bed medical/cardiac ICU. High volume level 1 trauma center. Use to high stress, demanding and critical patients. Able to help family members through stressful situations and difficult decisions. Able to quickly asses patients needs and Correlate with MDs for proper care. Titration of all medication including Insulin, Heparin, sedation and cardiac mes. One to one care including dressing changes, toiletibg, bathing, and turning. Confident with multiple drains and chest tubes. ACLS, tele, and stroke certified

### **RN for high acute**

Community Nursing and Rehabilitation

July 2015 to Present

sub-acute and LTC facility. Able to efficiently and accurately care for LTC unit with 30 residents, sub-acute unit with 25 patients and a high acute pulmonary unit that routinely has 10-15 patients at any given time with the ability to care for up to 23.

### **RN Staff Nurse**

Northwestern Medicine - Geneva, IL

November 2016

RN on fast paced, Neuro/Oncology/Ortho floor. Epic experience, able to read, interpret and relay pertinent labs assessments and acute status changes to physicians and NP's, follows chain of command, and able to discharge and admit several patients during the duration of a shift.

- Jackson Pratt drains, Penrose drains, Pleural catheters, hemo-vacs, PICC lines, Midlines, I J ports
- IV antibiotics, IV pushes, PCA pumps, wound vacs, J pegs, G tubes, NG tubes, CIWA patients
- Clean and sterile dressing changes, external defibrillators, TPN, tracheostomies, ventilators, kangaroo pumps
- Platelets, albumin, and blood transfusions, oral chemo medications, morphine and dilaudid boluses
- Experience in speaking to families about code status changes, palliative and hospice options and expectations.

## Education

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### **Bachelor of Science degree in Nursing in didactic and clinical**

Aurora University - Aurora, IL

May 2015

Publicist and State Delegate

2013 to 2014

### **Associates degree of Science**

Waubensee Community College - Sugar Grove, IL

May 2013

## Nursing Licenses

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### **RN**

Expires: May 2020

State: IL

## Skills

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- RN
- Med Surg
- Leadership
- Documentation review
- Nursing
- HIPAA
- Ventilator
- ICU experience
- Critical care experience
- Medication administration
- Data collection
- Tube Feeding
- Hospice Care
- Hospital Experience

## Certifications and Licenses

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### **ACLS**

May 2018 to May 2020

### **BLS for Healthcare Providers**

May 2017 to May 2019

**NOH Stroke certificatio**

July 2018 to July 2020