

# Chantel Beck

226B Route 301 South Zuni, NM \* (505) 966-6887 \* chantelbeck88@gmail.com

## CAREER OBJECTIVE

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Detail-oriented nurse with extensive knowledge in the long term and skilled setting looking to provide quality care for those in need while utilizing my nursing skills in healthcare. Aiming to contribute nursing care and compassion with years of healthcare experience to successfully fill any Registered Nurse role.

## EDUCATION

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### UNIVERSITY OF NEW MEXICO

#### Gallup, NM

*Associate in Science (A.S.) Nursing (May 2020)*

- **GPA:** 3.7
- **Relevant Coursework:** Clinical Locations- RMCH Medical (Surgical Unit, Intensive Care Unit, Emergency Dept, Women's Health, Operating Room, PACU), US Renal, McKinley Center, and Little Sisters of the Poor ,
- Capstone Clinical Intensive Course
- **Awards & Honors:** Dean's List, Endowment Award, America for Native American's Scholarship ,

### PIMA MEDICAL INSTITUTE

#### Albuquerque, NM

Certificate in Medical Assistant- Honor Roll

## CLINICAL SKILLS

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- Nursing care using the nursing process following a thorough patient assessment while ensuring patient safety and applying a patient care plan.
- Observe and assess patients to detect symptoms that may require medical attention, such as bruises, open wounds, or blood in urine. Experience with wound care.
- Administer medications or treatments, such as catheterizations, suppositories, irrigations, enemas, massages, or douches, as directed by nurse or clinical instructor.
- Collect specimens, such as urine, feces, or sputum.
- Administering Injections,
- Regulating an Intravenous Infusion,
- Initiating a Blood Transfusion,
- Tracheostomy Care, Catheterization
- Administering Parenteral Nutrition,
- Nasogastric Tube Insertion

### Certifications

- New Mexico Registered Nurse License- NM license number 61499
- Certified Nursing Assistant
- Certified Medical Assistant
- BLS for Healthcare Providers Certified

## EXPERIENCE

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### MCKINLEY CENTER. Gallup, NM

*Registered Nurse (night shift charge nurse) Sept 2020- Oct 2021*

Managed resident's health care by performing nursing assessment and collaborating with the nursing team, physicians, families and residents. Developed a resident's care plan while communicating with the provider. Established short and long term resident goals following the nurses process with evaluation of outcomes to minimize rehospitalization. Ensured effective communication among assigned staff and between shifts regarding the resident's plan of care. Administer medication and treatments per physician's orders. Delegate resident care

responsibilities to staff and supervise staff to ensure tasks and interventions are being implemented. Strong foundation of clinical knowledge and skills on which to base judgement and make decisions, organize to direct nursing tasks with interpersonal skills to facilitate communication and teamwork.

**(RAPID TEMP NURSING AGENCY) DOH/NCI MEDICAL UNIT. Gallup, NM**

*Certified Nursing Assistant , May 2020 - Sept 2020*

Performed all CNA duties, obtained and recorded vital signs upon admission, conducted patient assessments with RN for patient safety and identified signs and symptoms of COVID-19. Followed all Dept of NM Health procedures and protocols regarding COVID-19. Applied clean dressings, slings, stockings, or support bandages, under direction of the nurse. Communicate with patients to ascertain feelings or need for assistance or social and emotional support. Monitor for elevated temperatures, decreased respirations, decreased oxygen saturation with increased work of breathing. Monitored for seizures due to alcohol withdrawal and initiated seizure protocol when needed. Submitted medical referrals to GIMC when required. Completed medication count with RN. Documented all care provided.

**HOSPITAL STAFFING NETWORK. Albuquerque, NM**

*Certified Nursing Assistant , Jun 2015 - Oct 2019*

Hospital, Skilled Nursing and Long-Term Nursing Home locations vary. Job duties include assisting patient care with RNs, providing all activities of daily living, incontinence care, colostomy care and maintaining hygiene along with adequate nutrition. Computer entry of care provided with communication among all staff and family. Performed all CNA duties including obtaining vital signs, assisting with wound care and applying supplemental oxygen. Equipment: Hoyer Lift, Sit to Stand Lift, Aspirators, Wound VAC Machine, Sequential Compression Device, and mechanical wheelchairs.

**PALOMA BLANCA NURSING HOME. Albuquerque, NM**

*Certified Nursing Assistant , Nov 2014 - Jun 2015*

Provided care to residents from adults to geriatrics. Patient care included assistance with ambulation, any or all ADL (activities of daily living), assisting with feeding, picking up and passing out meal trays. Assisted residents with turning, repositioning, toileting and personal hygiene. Assisted or performed all toileting needs including catheter care, perineal care, colostomy care. Assisted RNs, LPNs, and Physicians. Conducted all CNA duties.

**UNMH. Albuquerque, NM**

*Certified Nursing Assistant , Jan 2011 - Apr 2013*

Provided inpatient care includes assisting with incontinence, perineal care, repositioning, ambulation or range of motion, wound care, as well as personal hygiene, bathing and grooming . Provided nutritional support. Set up a room prior to admission, taking vital signs, assisting physicians and nurses, computer charted all information, and discharge patients with RN. Obtain lab specimens when advised by RN. Provided postmortem after-care. Performed house duties such as light cleaning, bed making and waste disposal.

**Reference**

Shawnadine Bencenti RN, BSN, MSN, NP (505) 409-3663 [Sbencenti82@gmail.com](mailto:Sbencenti82@gmail.com)  
Nelsona Yazzie RN (505) 285- 2044 [nryazzie@unm.edu](mailto:nryazzie@unm.edu)  
Tina Thompson CNA (505) 615-9940



# BASIC LIFE SUPPORT

## BLS Provider



**Chantel Beck**

The above individual has successfully completed the cognitive and skills evaluations in accordance with the curriculum of the American Heart Association Basic Life Support (CPR and AED) Program.

Issue Date	Recommended Renewal Date
2/17/2020	02/2022

To view or verify authenticity, students and employers should scan this QR code with their mobile device or go to [www.heart.org/cpr/mycards](http://www.heart.org/cpr/mycards).



# BASIC LIFE SUPPORT

<b>Training Center Name</b>	Region II EMS Inc.
<b>Training Center ID</b>	NM04123
<b>TC Address</b>	125 North Main St Las Cruces NM 88004-2049 USA
<b>TC Phone</b>	(575) 524-2167 x1003
<b>Instructor Name</b>	John Derrick Chavez
<b>Instructor ID</b>	03101765545

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