

Carmela Esquibel

RN, BSN

Rio Rancho, NM 87124

mels_2006@hotmail.com

+1 505 359 8359

Authorized to work in the US for any employer

Work Experience

UNM Hospital

January 2016 to Present

- Provided competent postpartum/newborn care within a 24-bed unit.
- Provided direct patient care to mothers and newborns, including high risk (vaginal and cesarean births) and full-term deliveries.
- Supported relationships with mothers and family members.
- Fostered breastfeeding support and education within a baby-friendly hospital.

LDRP

January 2014 to March 2016

- Demonstrated exceptional skill in assessments, identifying abnormalities and implementing proper interventions.
- Provided direct patient care to full-term and high-risk laboring women.
- Monitored fetal heart tones.
- Experienced in newborn care and assessments as well as implementing emergency interventions as needed.

Graduate Nurse/RN

LABOR & DELIVERY

January 2013 to December 2013

Describe your achievements while in this position, and use action words like "managed" and "completed" instead of the passive "responsible for." Do not just list your job duties or copy your job description! What did you do in this position that could benefit the company you're applying to?

- List any accomplishments, skills you acquired, things you learned.
- Concentrate on really selling yourself and proving to your future employer how valuable you are as an employee.
- If you have specific numbers to quantify any accomplishments, use them! Numbers are key. You might have to do a little math to get numbers or percentages that really show what you've accomplished.
- For example: Exceeded annual sales forecast by \$80,000 in the first year as manager.

POSITION TITLE HERE

Company/Date Range

You can also list any challenges you faced in the position and what you did to overcome them. Make sure anything you write here is applicable to your prospective job. Be sure to use job-specific keywords to catch your future employer's eye, and to get chosen by application tracking systems.

- Re-read the job listing that you are applying for to help you pick out key skills/duties that are relevant.
- Bullet points ensure that your key achievements will be seen. You do not need to use complete sentences. Keep it short and concise.
- If the job you held is unrelated to the field you are applying for, list the relevant skills or experience you gained from the situation to make it apply to your future dream job.

POSITION TITLE HERE

Company/Date Range

- For example: Utilized exceptional customer service skills to attract and retain high-value customers.
- List any accomplishments, skills you acquired, things you learned.
- Concentrate on really selling yourself and proving to your future employer how valuable you are as an employee.
- If you have specific numbers to quantify any accomplishments, use them! Numbers are key. You might have to do a little math to get numbers or percentages that really show what you've accomplished.
- List any accomplishments, skills you acquired, things you learned.
- Concentrate on really selling yourself and proving to your future employer how valuable you are as an employee.

3197 Llano Vista Loop
Rio Rancho, NM
Nursing Process
Childbirth Teaching
Pregnancy Monitoring

Skills

- RN (1 year)
- CATHETER (Less than 1 year)
- REGISTERED NURSE (Less than 1 year)

Additional Information

Technical Skills

LABOR & DELIVERY (Graduate Nurse/RN)

Lovelace Women's Hospital January 2013-December 2013

- Transitioned from a Graduate Nurse role to a Registered Nurse.
- Learned External Fetal Monitoring and how to properly and safely implement interventions.
- Acquired basic skills (IV starts, foley catheter insertion, assessing cervix change)
- Monitored mothers and fetal well being via external and internal fetal monitors.
- Provided care to mothers and newborns, provided breastfeeding support and education to mothers and family members.