

Karen White

St. Louis, MO 63128

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A fast tracked, highly motivated, team oriented practical nurse with a successful background in turn-around situations.

Authorized to work in the US for any employer

Willing to relocate: Anywhere

Authorized to work in the US for any employer

Work Experience

LPN

ALM Hopewell Center - St. Louis, MO

2016 to Present

Observe outpatient clients mental, emotional and physical state after receiving prescribed psychotropic medication. Record vital signs, review of systems and administer bi-weekly/ monthly IM injections. Assist psychiatrist with client records, appointments, labs, follow-ups, medication prescriptions, medication orders, sample medication, PCP referrals, health care to home, case worker request and patient issues(homelessness, addiction and abuse). Provide education on health, wellness, intended medication benefits, compliance, adverse reactions, and side effects.

LPN

St. Louis Psychiatric Rehabilitation Center - St. Louis, MO

2015 to August 2016

PRN)

Monitor forensic clients physical, mental and emotional behavior's to implement the appropriate care, medication and privileges. Follow-up on clinic appointments, doctors' orders, med regimens, Precautions, ITP on safety evaluations, work programs and assist with client medication classes. Restock/reorder meds, administer monthly injections, and communicate with staff in all areas to keep clients safe and healthy to progress towards possible transfer to lower levels of security monitoring.

Home Health Aide/LPN

Independent Home Care - St. Louis, MO

2012 to 2016

Client assessment completed to confirm client in need of home health care. Provide safe and effective in-home care to those in need of assistance with activities of daily living: bathing, cooking, cleaning, hair care and medication regimens. Discuss wellness care to improve where the patient lacks specific needs.

LPN

HCR ManorCare - St. Louis, MO

2015 to 2015

to 2015

Monitor patients at 200+ bed facility, administer IM injections and Insulin, pass medication, monitor and clean tube feedings, foley catheters and decubitus ulcers. Assess and document on all clients with in care department: v/s, seizures, falls, wounds, intake/output. Follow-up with physician orders, appointments, admissions and discharges. Provide continuous care while using a team work ethic among CNA staff.

Education

Nursing

Applied Technical School of Nursing - St. Louis, MO
2013

Florissant Valley Community College - Florissant, MO
1995 to 2009

McCluer Senior High School - Florissant, MO
1993

Nursing Licenses

PN

Expires: May 2022

State: MO

Skills

- IV Certified and CPR Certified
- Medication Administration
- EMR Systems
- Nursing
- Home care
- Experience Administering Injections
- Critical Care Experience
- Vital Signs
- Hospice Care
- Transcription
- Triage
- Medical Office Experience
- Tube Feeding
- Nursing
- Case Management
- Nurse Management
- Patient Care
- Medical Records

- Managed Care

Certifications and Licenses

PN Expires: March 2022 State: MO LPN