**LaSheena Armstrong**

**lasheenaarmstrong@gmail.com**

**662-588-8772**

***PROFESSIONAL EXPERIENCE***

**Legal Nurse Consultant**

Legal Nurse Consultant for Attorneys

November 2018-present

**North Mississippi Medical Center**

Medical Surgical Charge Nurse

August 2021-present

**Methodist Healthcare**

Labor and Delivery and Mother-Baby Patient Care Coordinator

February 2021-April 2021

**Saint Francis Hospital**

Mother-Baby and Labor and Delivery Nurse

November 2020-January 2021

Seasonal Contract

**Baptist Memorial Healthcare Desoto & Memphis**

**Med-surg Head Nurse**

December 2019-November 2020

I help to staff for and coordinate patient care for the Med-surg Observation Unit. I assist with unit specific, hospital specific, and regulatory goals to help the unit achieve the best patient outcomes. I ensure that the unit is staff safely on a 24/7 basis. I assist with human resources, staff development, and job relations.

**Administrative House Supervisor & Labor and Delivery Nurse**

October 2015-June 2021

I coordinate care on all nursing units that provided nursing services. I assign nursing personnel, provide adequate personnel for all units, ensure the delivery of safe care, and provided expert advice. I oversee all clinical processes and personnel within the acute care facility during my shift. I consistently provide feedback to appropriate service leaders for needed improvements.

**University of Mississippi Medical Center-Grenada**

**House Supervisor and Labor and Delivery Nurse**

*June 2016-May 2018*

I coordinate care on all nursing units that provided nursing services. I assign nursing personnel, provide adequate personnel for all units, ensure the delivery of safe care, and provided expert advice. I oversee all clinical processes and personnel within the acute care facility during my shift. I consistently provide feedback to appropriate service leaders for needed improvement

**Bolivar Medical Center**

**Obstetrical Registered Nurse and Charge Nurse**

January 2013-October 2015

I cared for women who are in their antepartum period of pregnancy, admit women to the Labor and Delivery unit who are in active labor and monitor their progress by performing cervical exams and monitoring the maternal-fetal monitors. I administered medications to either induce or sedate labor, and medications that will enhance fetal lung maturity. I intervened when there are changes in the mother's and baby's conditions as evidenced by the maternal-fetal monitoring system, cervical changes, and physiological and emotional changes in the mother. I coached the mother during delivery and perform recovery care. I recovered the mothers after vaginal and C-section deliveries, helped them care for their newborns, and attended to their other needs. I also trained and worked as a charge nurse under a previous manager before she became ill.

**Delta Regional Medical Center**

**Level II Trauma**

**Critical Care Registered Nurse**

December 2011-January 2013

I cared for patients in the Intensive Care Unit. I titrated critical care medications in relation to the condition of the patient, such as dopamine, levophed, amiodarone, and cardene, cared for patients on the ventilator, and participated in code situations. I assisted physicians during various critical procedures as well. I also floated to the emergency room as well.

***EDUCATION***

Vickie Milazzo Institute

Houston, Texas

Legal Nurse Consulting

Bethel University

McKenzie, Tennessee

Master of Science in Healthcare Administration, January 2017-May 2019 4.0 GPA

University of South Alabama

Mobile, Alabama

Master of Science in Executive Nursing Administration, July 2016, 3.82 GPA

Delta State University

Cleveland, MS

Bachelor of Science in Nursing, December 2011, 3.58 GPA

***Certifications***

* ACLS
* BLS
* Inpatient-Obstetrics (RNC-OB)
* NRP