# Lache Sleydin

#### Fast learner, hard worker, humbly ambitious, bubbly/ energetic

St. Louis, MO 63147 lachesleydin2\_2ww@indeedemail.com +1 314 688 2083

#### Willing to relocate: Anywhere

Authorized to work in the US for any employer

## Work Experience

#### **Night Auditor**

marriott bonvoy - Saint Charles, MO January 2021 to Present

Night audit /front desk agent turn over the system Every night print reports, overview decline credit cards , make reservations if needed , stock lobby area make coffee , fold and wash laundry on down time

#### **Shower Aide**

Provident Inc / Mary Ryder Home - St. Louis, MO January 2020 to February 2021

Evening shower aide give's clients fresh towels before showering, help them undress if needed, sit and accompany those who need assistance, sanitize shower room after every use observe any rashes or bruises the tenants may have assist with putting cremes and ointments on feet as needed. Wash all towels and tenant laundry at end of shift.

#### **Site Supervisor**

4M Building Solutions - St. Louis, MO February 2018 to June 2020

- Work assignments, work schedule,
- Check completion of assignments
- Check all work areas
- Communicate/ email tenants

#### Deer valley health care

Deer valley health care January 2019 to March 2020

private care / direct support specialist ,meal prep, administer medications, bathe,dress,assist with teeth brushing, range of motion, standing & lifting,doctors appointments of any sort ,curriculum activity required from client

#### **Direct Support Professional (DSP)**

Austen-Dooley Company - Lees Summit, MO June 2016 to October 2018

1. Direct support

- 1. 24 hour care facility
- 2. Prepare meals
- 3. Assist with showers
- 4. Assist in/ out of bed/ shower
- 5. Assist with dressing/ laundry
- 6. Administer medication
- 7. Clean/cook
- 8. Assist / outings / doctors appointments
- 9. Assist with healthy activities provided for patients

#### **Lead Cleaner**

Clean Tech Janitorial - St. Louis, MO September 2006 to October 2016

- 1. Prep all supplies
- 2. Stock carts
- 3. Fill in when under staffed
- 4. Turn in time cards at the end of each shift
- 5. Keep employees update on safety & precaution hazards

### Lead Cleaning Technician

WFF

- January 2007 to March 2008
- 1. Dispense equipment To all employees
- 2. Vacuum
- 3. Dust
- 4. Deep clean
- 5. Organize work areas
- 6. Safety and precaution hazards
- 7.

## Education

#### High school diploma in General Studies

Jennings High School - St. Louis, MO September 2001 to April 2005

#### Skills

- Vital Signs
- Developmental Disabilities Experience
- Home Care
- Caregiving
- Hospice Care
- Medication Administration

- Meal Preparation
- Supervising Experience
- Nursing
- Cleaning Experience
- Patient Care
- Laundry
- Security
- Case Management
- Nursing

Certifications and Licenses

## **First Aid Certification**

## **CPR Certification**

# Additional Information

Certified nursing assistant