

**Tricia L. Ebertowski, LPN**  
414-429-3864

**EXPERIENCE**

**Occupational Health Care Associates**  
**March 2020 – Present**

- Supporting a successful plant safety and health program with emphasis on proactive accident prevention and OSHA compliance
- Administer first-aid treatment
- Support care to sick or injured persons
- Observe and record patient's condition or injury
- Assess nature and extent of illness or injury to establish and prioritize medical procedures
- Accident prevention and investigation
- Developing disease prevention programs, such as smoking cessation, exercise, and healthy eating programs.
- Documenting all employee injuries and illnesses within the workplace.
- Observing and assessing the work environment for potential dangers and hazards.
- Educating employees on health and safety topics
- Implement early return to work program and restricted duty program
- Working in conjunction with upper management on health and safety programs and issues.

**Heritage Senior Living | Wellness Director/LPN Supervisor**  
**July 2018 – July 2019**

- Responds to emergency situations
- Responsible for all direct patient care
- Provide wound care
- Administer medication and immunization administrations
- Head to toe assessments
- Responds to concerns, issues, complaints, and grievances
- Follow-ups on change of condition, medication errors, incidents, skin alterations
- Provide direct patient care according to the ISP and physician orders
- Assist the DON in the preparation and maintenance of an effective ISP
- Document notes in resident's charts that reflects the plan and specific aspects of the ISP
- Administer prescribed medications to residents per physician's orders
- Maintain a good rapport with residents' families
- Report and investigate reportable events for their root cause, including interviewing staff, reviewing progress notes and incident reports and developing a plan to minimize the reoccurrence of the event
- Complete follow-ups on: provider notification or change of condition, family notification of change of condition, labs, physician orders, incidents and skin alterations
- New admission chart review and clarifications
- Oversee the 24-hour report sheet. Make routine checks on any resident who is acutely ill or has any change in condition
- Communicate with providers, caregivers, hospice, rehab and pharmacy to ensure care of residents
- Oversee the care provided by caregivers, as well as ensuring their documentation is complete.
- Counsel and discipline caregivers/CNAs as necessary
- Provide education to care staff as necessary and required

- Obtaining patients vitals, medical history and chief complaint
- Patient education
- Wound care
- Medication and immunization administrations
- Specimen collection
- Provider communication
- Ordering supplies
- Preparing and organizing exam rooms
- Stocking
- Maintaining equipment
- Sterilizing and caring for instruments
- Performing EKG, spirometries and audios
- Removing sutures and staples
- Bladder scanning
- Foley insertion and care
- Assisting the provider with procedures

May 2011 -October 2003      CNA

- Activities of daily living
- Patient transfers to chair, wheelchair, bed and exam table
- Repositioning patients
- Documentation
- Intake/output
- Vital signs
- Reporting to RN
- Stocking
- Answer call light in a timely manner
- Experience with lifting equipment
- Assist with postmortem care
- Collects urine, stool and sputum specimen
- Sanitize equipment
- Assist with admission and transfers

## **EDUCATION**

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June 2008

### **Licensed Practical Nursing**

Milwaukee Area Technical College | Milwaukee, WI

October 2003

### **Certified Nursing Assistant**

Aurora Health Care – Educational Program | Milwaukee, WI

## **SKILLS**

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- Works well under pressure
- Organized
- Attention to detail
- Self-starter
- Time management
  
- Adaptability
- Interpersonal communication
- Team player
- Critical thinker
- Fast learner
- Multi-tasker

## **Certifications**

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- 2019 CPR
- 2016 Breath Alcohol Test Collector
- 2016 Drug Screen Collector
- 2011 Hair Drug Screen Collector
- 2003 Certificated Nursing Assistant

## **Professional References**

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- Kaitlyn Malek – Executive Director at Heritage (414) 840-5999
- Cheryl Bond – Director of Nursing at Heritage (414) 303-6321
- Penny Simon – LPN (920) 377-1101