

# Alice Mwangi

## **Rn. The Gardens**

Spokane, WA 99212

[alicemwangi21@yahoo.com](mailto:alicemwangi21@yahoo.com)

+1 205 706 1584

- Highly motivated, self-directed and positive worker works well under pressure and in a dynamic environment
- Very hardworking individual, critical and analytical thinker, compassionate for all people
- Excellent listening skills, empathetic, strong interpersonal and communication skills with tenacity to achieve goals
- Works well independently, industrious team player and collaborates with team members to provide effective care
- Person of integrity, honest, trustworthy, consistently responsible and eager to learn

Willing to relocate: Anywhere

Authorized to work in the US for any employer

## Work Experience

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### **LPN (Licensed Practical Nurse)**

Cascade Inn - Vancouver, WA

August 2016 to April 2017

- Perform daily assessments on residents and report changes to appropriate authorities.
- Checked capillary blood glucose and administered routine and sliding scale insulin
- Administered medications PO, SQ, IM, IV Antibiotics, Intradermal.
- Record resident's progress on their charts.
- Perform dressing changes on wounds.
- Notify family of changes in resident's status.
- Assist with activities of daily living.
- Work with colleagues in a professional manner.

### **lpn student**

Care Center East - Portland, OR

March 2016 to June 2016

Care Center East Rehabilitation - Portland, Oregon

210 Hours Preceptorship Training

- Delegated tasks to CNA's and evaluated performance, assessments and documentation of patients.
- Provided treatments as ordered including creams, wound vac, dry dressings, pressure ulcer/diabetic wound care
- Monitored capillary blood glucose as ordered, administered routine and sliding scale insulin
- Performed tracheal suctioning/care, inserted indwelling urinary catheter, inserted NG tube, and PICC line dressing change
- Administered medications PO, SQ, IM, IV Antibiotics, Intradermal

## **CNA /Medication Technician**

Maksu Inc - Federal Way, WA

April 2013 to February 2015

- Assisted clients with Activities of Daily Living (ADL's) prepared meals for client
- Performed range of motion every day, assisted client with ambulation
- Monitored vital signs and reported any deviations to private nurse
- Administer medication by mouth and perform CBG's

## **CNA - Certified Nursing Assistant**

Homewatch Caregivers - Vancouver, WA

June 2015

Vancouver, Washington

CNA 06/2015 - Current

- Assisted clients with Activities of Daily Living (ADL's) prepared meals for client
- Communicate with patients to ascertain feelings, and assistance in social and emotional support
- Document/report observations of patient's behavior, complaints or physical symptoms to the nurse

## Education

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### **Diploma in Clinical Training**

Sumner College - Portland, OR

June 2015 to June 2016

## Nursing Licenses

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### **RN**

## Skills

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- Nursing
- Tube Feeding
- Medication Administration
- Experience Administering Injections
- Laboratory Experience
- EMR systems
- Teaching
- Classroom experience
- Supervising experience
- Adult education
- Acute care
- Hospice care

## Certifications and Licenses

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### **CPR**

#### Assessments

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#### **Clinical Judgment — Highly Proficient**

September 2020

Assessing a patient's condition and implementing the appropriate medical intervention.

Full results: [Highly Proficient](#)

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.