

DULCE MAYORAL CINCO

Imperial, United States 92251
760-693-2999
mayoraldulce94@gmail.com

SUMMARY

Dedicated Registered Nurse with clinical practicum experience and passion for delivering quality healthcare. Skilled at establishing care plans and educating patients and families. Offering caring bedside manner, patient-centric focus and expertise in discharge management.

SKILLS

- Medical screening
- Patient monitoring
- Unit administration
- Post-Anesthesia Care Unit (PACU) Certification
- Diagnostic tools experience
- Staff Development and Precepting
- Patient discharging
- IV drug therapy management
- Hematology testing aptitude
- Postpartum care
- Cesarean section preparation
- Diabetes management
- Patient Care
- Prenatal care
- Medication and IV administration
- Bi-lingual in English and Spanish
- SBAR communication
- Newborn education
- Patient care planning
- Birth coaching
- Patient Management

EXPERIENCE

PIONEERS MEMORIAL HEALTHCARE DISTRICT

Brawley, CA

Registered Nurse

08/2015 to 09/2021

- Monitored and managed various treatment and care interventions.
- Updated physicians on patient test results and assisted in developing care plans.
- Performed blood and blood product transfusions and intravenous infusions to address patient symptoms or underlying causes.
- Collected lab specimens, ordering and interpreting diagnostic tests and lab results.
- Monitored and recorded patient condition, vital signs, recovery progress and medication side effects.
- Administered medications, tracked dosages and documented patient conditions.
- Trained new RN hires and ancillary staff members to meet patient service goals, champion standards of care and improve patient overall satisfaction.
- Trained and mentored new RNs on best practices, hospital policies and standards of care.
- Oversaw patient admission and discharge processes to coordinate related paperwork.
- Assisted patients with healing and recovery after surgery by closely monitoring and caring for wounds, answering questions and educating about continued care strategies.
- Prioritized nursing tasks and assignments and accurately reported patient status.
- Assessed patients' response to treatment and suggested ways to combat side effects.
- Improved patient outcomes and quality of care by determining and suggesting changes to processes.
- Collaborated with doctors to plan post-treatment home care and prevent return hospitalization.
- Used feedback and clinical data to improve care quality and patient outcomes.
- Monitored and educated nursing students and externs on proper care procedures and prioritization strategies.
- Acted as patient advocate and implemented total patient care through team nursing process.

EDUCATION AND TRAINING

ASSOCIATE OF SCIENCE: REGISTERED NURSING

06/2016

Imperial Valley College, Imperial, CA

BACHELOR OF SCIENCE: REGISTERED NURSE

05/2017

San Diego State University, San Diego, CA

MASTER OF SCIENCE: FAMILY PRACTICE NURSE PRACTITIONER

United States University, Chula Vista, CA