JASMINE GALLEGOS

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- 16587 Misanake Rd, Apple Va lley, Ca 92307

SKILLS

- Mental Health
- Well-Organized
- Critical Thinking
- Customer Service Skills
- Communication Skills
- Ability To Lift
- Friendly And Outgoing
- Flexible Availability
- Safety Awareness
- Computer Skills

COMMUNITY SERVICE

Department of Behavioral Health, San Bernardino County (2014-present)

Volunteer, Mental Health Symposium, 2019

Volunteer/ First Aid, Let it be 5k/10k run, 2019

Food Distributer, Lords Table, 2019

Volunteer, Trinity Church, 2019

Book Club, Topaz Elementary, 2019

PROFESSIONAL SUMMARY

Skilled team player with strong background in nursing care.
Team player who is also able to work independently to handle assignments and tasks. Quick learner with excellent computer skills. Seeking employment were I can combine my education with my compassion to grow professionally in the nursing field.

EXPERIENCE

EMERGENCY ROOM REGISTERED NURSE

Victorvalley Global Medical Center Victorville, Ca February 2022 - Current

- Collaborated with physicians and interprofessional health care team to facilitate, coordinate and maintain quality care and achieve desired treatment outcomes.
- Evaluated and stabilized patients by managing varying acuity and conditions, from minor and non-urgent to critical and emergent.
- Remained aware of patient needs to respond quickly to changes in condition or response to treatment.
- Measured physical and psychosocial needs and factors influencing patient flow-through system to determine priorities of care.
- Initiated and documented accurate and ongoing assessment of physical and psychosocial concerns to treat patients.
- Assessed and reassessed pain by utilizing specific techniques to educate patients and families about pain management.
- Communicated with physicians about changes in patient status, symptomatology and results of diagnostic studies to optimize care delivery.
- Maintained accurate and continued nursing documentation by gathering patient histories, conditions and treatment and responses.
- Delivered direct patient care, evaluated outcomes and consulted with other specialists to adjust nursing process and enhance patient care.
- Educated patients, family members and caregivers on conditions and treatment protocols to aid in compliance and improve outcomes.

COVID VACCINATOR

CVS Health

Hesperia, Ca

November 2021 - January 2022

 Used clinical knowledge and judgment, patient reports and assessment results to formulate list of medical conditions and concerns. Food Distributer, High Desert Second, 2019

Volunteer, Rose of Sharon, 2019

Volunteer, Vietnam Veteran Commemorative Picnic, 2019

Hospice, 2019

Mental Healthy Shadowing, Family Assisting, 2019

Volunteer, Center of Wounds and Hyperbaric Medicine, 2019

- Educated members on disease process, medications and positive lifestyle choices to improve wellbeing and overall health.
- Finished tasks and job duties, adhering to deadlines to avoid delays.
- Followed established guidelines and procedures.

NURSING CLINICAL EXPERIENCE

Azusa Pacific University

Victorville, CA

January 2018 - December 2019

St Mary Medical Center: Foundations, 90 hours

Desert Valley Medical Center: Medical- Surgical, 115 hours

Casa Colina Hospital: Rehabilitation, 84 hours San Antonio Hospital: Oncology, 84 hours

St Mary Medical Center: Labor and Delivery, 84 hours

Antelope Valley Hospital: Pediatrics, 84 hours

Riverside Regional Medical Center: Mental Health, 84 hours

Community/Urban Health Nursing, 180 hours

Desert Valley Medical Center: Critical Care, 96 hours

St Mary Medical Center: Postpartum Preceptorship, 84 hours

SALES FLOOR TEAM MEMBER/CASHIER /BACKROOM

Target

Victorville, Ca

September 2015 - January 2016

Floor Team: Responsible for providing guest experience in the areas of the stores designated as hardlines. Directed guest to find what they were looking for and that these areas maintained brand standards and in-stock merchandise. Prioritized guest needs over task. Helped grow sales by maintaining stocked merchandise, signs and labels on the sales floor.

Cashier: Multitasked communication while providing merchandise transactions. Attended to customers services, price checks and bagging merchandise.

Backroom: Pulled backstock items while preventing product damage to help control expenses. Picked items for guest orders, maintained backroom organization, and location accuracy while following equipment guidelines.

EDUCATION

BACHELOR OF SCIENCE: NURSING

Azusa Pacific University Victorville , Ca

ASSOCIATE OF SCIENCE: NURSING

Barstow Community College Barstow, Ca