Amanda Woods

Certified Nurse Assistant

St. Louis, MO 63136 amandawoods35_yax@indeedemail.com +1 314 230 2254

To obtain a PRN position as a certified nurse assistant

Authorized to work in the US for any employer

Work Experience

Certified Nursing Assistant

Integrity Staffing Solutions - St. Louis, MO June 2021 to October 2021

Toileting showers grooming feeding vitals weights transfers ambulation catheter care fingernail care etc

CNA - Certified Nursing Assistant

Delmar gardens Meramec Valley - Fenton, MO May 2021 to May 2021

- · Worked in a Skilled nursing facility
- Took care of approximately 10-13 Skilled patients daily
- Provided caring, intimate, hands-on healthcare for residents
- · Monitored vital signs
- Assisted with feeding residents 2 meals per day
- Assisted with bathing residents
- Helped residents with daily living needs
- · Worked with mechanical lifts, as needed
- Communicated resident's condition to the nurse in charge
- Cleaned rooms
- Made beds

Certified Nursing Assistant

Altenheim - St. Louis, MO April 2018 to April 2021

- · Worked in a nursing home
- Provided patients/residents with care and companionship
- Served meals
- · Aided residents with personal hygiene
- · Assisted residents with activities of daily living
- Aided in lifting residents when necessary
- · Changed bed linens
- Performed post-mortem care, if needed
- Took care of approximately 10-15 Dementia and/or long term patients daily

Certified Nurse Assistant

Delmar Gardens Meramec Valley - Fenton, MO March 2015 to April 2017

- · Worked in a Skilled facility
- Took care of approximately 10-13 Rehab and/or long term residents patients daily
- Monitored vital signs
- Provided caring, intimate, hands-on healthcare for residents
- Assisted with feeding residents 2 meals per day
- · Assisted with bathing residents
- Helped residents with daily living needs
- · Worked with mechanical lifts, as needed
- Communicated resident's condition to the nurse in charge
- Cleaned rooms
- Made beds

Line Production Worker

ProLogistix - St. Louis, MO September 2014 to January 2015

Packed finished product for distribution

Line Worker/Packer

Staff Management - St. Louis, MO November 2013 to July 2014

Packed finished product for distribution

Certified Nursing Assistant

Destined to reign home care - St. Louis, MO June 2013 to October 2013

Vitals

Housekeeping

Laundry

Prepared meals

Transfers/ ambulation

Education

1 year college in Patient care technician

St Louis College of Health Careers-St Louis - St. Louis, MO April 2012 to May 2013

Skills

- Certified Nursing Assistant
- · Catheter Care
- Vital Signs
- Meal Preparation

- Nursing
- Patient Care
- Tube Feeding
- Home Care
- Hospice Care
- Cleaning Experience
- Critical Care Experience
- Alzheimer's Care
- Dementia Care
- Caregiving
- Memory Care
- Infection Control Training
- Laundry

Certifications and Licenses

Certified Nursing Assistant (CNA)

May 2013 to Present

Driver's License

CPR Certification

Additional Information

SKILLS/EXPERIENCE:

- Patient Care
- Vital Signs
- Daily Charting
- Feeding
- Handling Medications
- Patient Hygiene
- Dressing/Undressing
- Venipunctures
- Finger sticks
- Urinalysis
- EKG's
- First Aid
- Ethical & Legal Aspects
- Hazardous Procedures
- CPR
- Oral/nail care

- Activities of Daily Living
- Made occupied/unoccupied bed
- Perform transfers/ambulation
- Assist with activities and entertainment

CLINICALS

Young in Spirit Adult Daycare (Education Externship) St. Louis, MO Certified Nursing Assistant 02/13-03/2013

- Checked patient's blood pressures
- Performed Insulin Checks
- Assisted with activities and entertainment

St. Louis Altenheim (Education Clinical) St. Louis, MO Certified Nursing Assistant 03/13-04/2013

- Ensured that patients received breakfast and lunch in an orderly fashion
- Performed light grooming duties
- Assisted with bathing