

OBJECTIVE

To work in a fast paced ER with great teamwork and exceptional evidence-based care.

EXPERIENCE

RN – San Francisco General Hospital, 8 years, 2009 – Present

A Level 1 Trauma & Academic Medical Center affiliated with UCSF.

Emergency Department, 7 years, 2011 – Present, currently 4 shifts/month

- Proficient in stabilizing critically ill trauma and medical patients
- Routinely work in triage, resuscitation, and all other areas of department
- Dedicated preceptor for new hires during extended training program
- Taught US IV course and lectured on multiple subjects for training program
- Updated/organized pediatric equipment & obtained \$20k grant for US IV cart

4D Trauma MedSurg/Stepdown, 2 years, 2009 – 2011, 36+ hours/week

- Worked with other RNs to decrease shift report by > 30min and improve quality
- Organized a team of nurses to successfully address chronic supplies shortages

Professional Development Shared Governance Council, 18 months, 2011 – 2012

- Implemented a hospital wide nursing grand rounds program

Evidence Based Practice Fellowship, 6 months, 2011, 8 hours/week

- Implemented tool to improve transitions to outpatient care for diabetic patients

RN – Air LIFE, 1 year, 2017 – 2018, 48 hours/week

Air Methods, San Antonio, TX

- Independently care for critically ill medical and trauma patients
- Proficient in managing ventilated patients in varying modes and strategies
- Manage base medical supplies through multiple vendors

RN – Pediatric Emergency Department, 1 year, 2015 – 2016, Variable hours

UCSF Medical Center, San Francisco, CA

- Developed proficiency in caring for pediatric patients of a range of ages/acuities
- Successfully completed training for working in resuscitation area

RN – Diabetes Educator Volunteer, 3 years, 2009 – 2012, 4 hours/week

St Anthony Free Medical Clinic, San Francisco, CA

- Managed DM clients through education, motivational interviewing, and med titration
- Developed and implemented a protocol for routine clinic wide diabetes screening

RN – Volunteer, 2 years 2010 – 2012, Variable hours

California Disaster Medical Services Association, SF Bay Area, CA

- Staffed a clinic in rural Haiti as part of two week medical relief mission, June 2011



EDUCATION

Masters of Science in Nursing, August 2011– December 2012

Family Nurse Practitioner

UCSF, San Francisco, CA

GPA 3.73, 35 of 80 units completed, did not return following a 1 year LOA

Bachelor of Science in Nursing, December 2008

Samuel Merritt College, Oakland, CA

GPA 3.74 with Magna Cum Laude status

Bachelor of Arts in Biology, May 2001

Pomona College, Claremont, CA

CERTIFICATION/LICENSE

CCRN, CFRN

BLS, ACLS, ACLS Instructor

TX RN # 920507

CA RN # 740624, Public Health Nurse #74750

LECTURES/CLASSES

Endocrine & Electrolytes (2 hours) – Overview of common emergencies, ppt with case studies

Pediatric Emergencies (2 hours) – Pediatric ED basics, ppt and hands on review of equipment

Ultrasound IV (8 hour and 4 hour follow up) – Lecture on theory and hands on demonstration

Past lectures – Respiratory emergencies, Altered mental status

ACCOMPLISHMENTS

2016 Nurse of the Year award from the UCSF Emergency Medicine Residency Program

Loan Repayment Award 2010, Health Professions Education Foundation

First Overall, 2007 & 2016 Doublehanded Lightship Race: Ocean race in Gulf of Faralones

INTERESTS/HOBBIES

I am passionate about sailboat racing, from small dinghies to offshore racing on large boats.

I love to begin a day off with a cup of coffee and some reading before taking off on a hike.

