

Ariella Kheradyar, BSN, RN

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License Number: 95265201

Certification, Awards, & Skills:

- Certifications: BLS: 205503673629
ACLS: 215406381853
PALS: 215426404638
- Languages: English, Farsi, and Hebrew
- Awards: Dean's List at CSUN 2017-2018 and 2018 – 2019 academic year

Clinical Experience:

UCLA RONALD REAGAN, Westwood California - 09/2020-12/2020

Neurology Unit (280 hours)

- Focused on nursing fundamentals such as vital signs, glucose check, positioning, medication administration, and care plans. Provide support to RNs, CNAs, PT, and OT. Rotation in IR, OR, GI Lab, and Bowyer Oncology Clinic.

HUNTINGTON HOSPITAL, Pasadena, California - 01/2021-03/2021

COVID Unit (36 hours)

- Provide support to RNs and CNAs with COVID patients. Assisted in medication and injection administration, check vital signs, glucose check, support with ADLs, hygiene care, and positioning.

TORRANCE MEMORIAL MEDICAL CENTER, Torrance, California - 01/2021-03/2021

Cardiovascular Intensive Unit (36 hours)

- Provide support to RNs and CNAs, medication and injection administration, check vital signs, glucose check, and support with ADLs.

DIGNITY HEALTH COVID VACCINE CLINIC, Northridge, California - 01/2021-03/2021

Vaccine Clinic (8 hours)

- Administered Vaccine, patient education, and observed patient in the recovering unit.

RESNICK NEUROPSYCHIATRIC HOSPITAL, Westwood California - 01/2021-03/2021

Adult/Adolescent/Geriatrics/Med-Psych (63 hours)

- Encourage patients to participate in OT activities, complete mental status exams on mental health clients of all ages, and listen to patients, analyze, and meet their emotional needs.

UCLA MATTEL CHILDREN'S HOSPITAL, Westwood California -03/2021-05/2021

Pediatrics/Pediatric Oncology/ PICU/ NICU (63 hours)

- Administered medication, conducted physical exams, checked vital signs, glucose checks, and provided patient & family education.

CEDAR SINAI MEDICAL CENTER, West Hollywood, California - 03/2021-05/2020

Labor and Delivery/ Postpartum (63 hours)

- Participated in many multiple C-sections and vaginal births. Check vital signs, glucose check, monitor fetal vital signs, antepartum and postpartum assessment, patient care, and education. Assessed newborns using the APGAR scale.

VENICE FAMILY HEALTH CENTER, Culver City, California- 05/2021-06/2021

Food Security Program (62 hours)

- Administer COVID vaccines, packed and provided meals for families, and created health education presentations.

USC VACCINE CLINIC, Verdugo Hills, California - 05/20/2021

- Administered COVID vaccines

DOWNEY MEGA POD VACCINE CLINIC, Downey, California- 05/25/2021

- Administered COVID vaccines, provided patient education, and monitored patients in the recovery area.

UCLA SANTA MONICA MEDICAL CENTER, Santa Monica, California -05/2021-06/2021

Geriatrics Unit (63 hours)

- Provided care for geriatric patients. Assisted with ADLs, personal hygiene, and feeding. Performed skin assessments and created a care plan to implement early ambulation to prevent pressure injuries.

LITTLE COMPANY OF MARY, Torrance California - 07/2021-08/2021

MedCard Unit (84 hours)

- Provide support to RNs and CNAs, medication and injection administration, check vital signs, glucose check, support with ADLs, support with PT & OT, and tele box care. Focused on documentation, giving shift reports, and properly managing 3-4 patients.

PIH HEALTH GOOD SAMARITAN, Los Angeles, California - 07/2021-08/2021

Telemetry Unit (63 hours)

- Worked with the Director of the Telemetry Unit. Created a Quality Improve project, participated in administrative staff meetings, participated in daily catheter infection control rounding, and examined strategies to improve coordination of care, recognition of policy errors.

Education:

Mount Saint Mary’s University, Los Angeles, CA- B.S. in Nursing, 2021
 California State University, Northridge, CA- B.A. in Psychology, 2017

Work Experience:

Cedar Sinai Medical Center- OR RN	05/2022- Present
Yasmine Adult Day Health Care Center- RN	11/2021- Present
Total Health Surgical Center- Pre-op and PACU RN	11/2021- Present
Burbank Temple Emanu El- Teacher	09/2021- Present
Emek Hebrew Academy- Substitute Teacher	09/2019- 03/2020
Exceptional Home Care (Internship)	06/2016-08/2019

Volunteer Experience:

Venice Family Clinic	05/2021-07/2021
Cedar Sinai, Transforming Care at Bedside Program (TCAB)	03/2019-03/2020
UCLA Santa Monica Medical Center	02/2018- 11/201
Providence Tarzana Medical Center	08/2015-11/2017