

# Wokie Tinyan

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## Summary

Experienced Registered Nurse seeking position in the healthcare field with current, valid, and unrestricted nursing license. Committed to using Nursing education and experience within the operating room, OB/GYN and geriatric settings toward serving others.

## Education

Bachelor of Science in Nursing May 2022  
University of Missouri – St. Louis, St. Louis, MO

Associate in Applied Science in Nursing May 2020  
St. Louis Community College at Forest Park, St. Louis, MO

Associate in Arts in General Transfer Studies May 2018  
St. Louis Community College at Forest Park, St. Louis, MO

## Certifications

Registered Nurse Missouri Board of Nursing License Number: 2021002910

Basic Life Support American Heart Association, St. Louis, MO Renewed 2021

Medical Technician MANHA, Jefferson City, MO Completed 2014

Nursing Assistant Gateway Stem High School, St. Louis, MO Completed 2013

## Skills

- EPIC
- Surgical assisting
- HIPAA regulation
- Leadership ability
- Trauma
- General surgeries
- Infection prevention
- Analytical skills
- Epidurals
- IV placement
- Patient & family education
- Medication administration
- Teamwork

## Professional Experience

### Labor and Delivery Nurse

- Manage patients in labor, including induction assistance, epidural assistance, pain management, education, and delivery support
- Administer medications and immunizations of newborn
- Educate patients on labor, pushing, delivering, and postpartum care of mother and baby
- Chart electronic fetal monitoring and maternal wellbeing through stages of labor
- Care for patients on Pitocin, Magnesium sulfate and Insulin
- Monitor contractions and help patient with breathing techniques
- Check patient cervix periodically to monitor the progression of dilation
- Provide immediate care of the newborn and give Apgar score

- Provide care and treatment to high-risk labor and delivery patients, maintaining pregnancy in antepartum mothers and provide support and breast-feeding education to postpartum mothers
- Circulate, scrub, and manage care of the recovery caesarean sections patient

### **Circulating Nurse/Scrub Nurse**

- Assess patient prior to surgery, maintain patient safety standards and alleviate concerns related to surgery
- Monitor, record and communicate patient's condition/vital signs and needs with the interdisciplinary team
- Gather supplies, instruments, and ensure equipment is functioning properly for operative care
- Maintain sterile field while passing instruments and other objects to surgeon during procedure
- Assist the surgeon with sponging, retracting, clamping, cauterizing and closure of the surgical wound
- Collaborate with the surgical team to ensure the highest safety and surgical standards
- Adhere to AORN perioperative standards of practice
- Respond effectively in emergency scenarios by demonstrating sound decision making and prioritizing skills that help save lives

### **CNA/CMT**

- Check and record vital signs using electronic charting
- Administer scheduled medications and restock medications
- Assist residents with daily living activities, including turning, repositioning, and transferring residents
- Care for patients with dementia through activities such as games and folding clothes and by redirecting and reorienting them within their environment

### **Employment History**

Registered Nurse (Full-Time), High-Risk Labor and Delivery, St. Mary's Hospital	27/06/2022 – Present
Registered Nurse (Full-Time), Labor and Delivery, Mercy Hospital St. Louis	30/08/2021 – 08/03/2022
Registered Nurse (Full-Time), Operating Room, St. Louis University Hospital Level One Trauma Center	14/06/2020 – 29/09/2021
Student Nurse (Part-Time), St. Louis University Hospital, St. Louis, MO Level One Trauma Center	21/09/2019 – 01/06/2020
CNA/CMT (Part-Time), West Chester House, Chesterfield, MO	02/01/2019 – 19/9/2020
CNA/CMT (Full-Time), Provision Assisted Living at West County, St. Louis, MO	07/12/2017 – 28/12/2018
Psychiatric Technician (Full-Time), St. Louis Psychiatric Rehab Center	08/04/2014 – 30/11/2017
CNA (Part-Time), Cardinal Ritter Senior Services, St. Louis, MO	23/08/2013 – 11/04/2016
Teacher Assistant (Part-time), Teacher Loving Children, St. Louis, MO	11/05/2010 – 17/08/2013
Braider/Front Desk (Part-time), Confidence Hair and Beauty Shop, St. Louis, MO	02/01/2007 – 23/02/2011

### **Involvement & Volunteer Experience**

American Nurses Association of Missouri	05/01/2022 – Present
Association of Women's Health, Obstetric, and Neonatal Nurses	30/08/2021 – Present
TRiO Student Support Services – St. Louis Community College, St. Louis, MO	13/08/2018 – 14/05/2020
Community Service – St. Louis Community College. St. Louis, MO	23/03/2017
AFJROTC Program – Gateway STEM High School, St. Louis, MO	18/08/2009 – 14/05/2013
YMCA – Carondelet Park Recreation Complex, St. Louis, MO	11/05/2010 – 16/05/2013