

# Demetria Peay

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## Work Experience

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### **Nurse Practitioner**

United Health Group

August 2020 to Present

- Conducts in-home assessments on health plan members, including past medical history, review of symptoms, physical examination, medication review and depression screening
- Responsible for checking vitals, conducting a physical exams that includes monofilament test, urine dipstick, vaccinations, and foot exams
- Identify diagnoses to be used in care management and active medical management in the furtherance of treatment
- Formulates and list current and past medical conditions using clinical knowledge and judgment and the findings of patient assessments
- Communicates assessment findings to inform the PCP of potential gaps in care
- Educate members on topics such as disease process, medication and compliance
- Comply with all HIPAA regulations and maintain security of protected health information (PHI)

### **RN Supervisor per Diem**

Capitol View Home Health

June 2020 to Present

- Develop care plans and supervise patient's general medical care, including in-home supervisory visits,
- Provide instruction education to patients about various health condition, disease processes and medications
- Evaluate and document patient's progress toward patient care goals and document all findings
- Act as a liaison with patient's physician and coordinate care care between the patient, physician and other healthcare professionals
- Supervise patient care aides to ensure they are following all rules, procedures and protocols while working in home with patients and families
- Provide instruction and special training to the employees who provide home care when applicable
- Supervise other members of the health care team in order to provide sound and continuous patient care
- Perform Medicaid recertifications and home health admissions

### **IMCU 4N and Unit 26 RN Travel Nurse**

Inova Alexandria Hospital

July 2019 to July 2020

- Charge nurse for a 16-bed progressive care unit
- Preceptor for new graduates and new hires
- Supervise Staff and worked along with clinical director to handle patient issues and concerns
- Conducted assessments, assessed and monitored patient status and provided professional care, administered medications

- Determined patient care priorities, using critical thinking and time management skills.
- Collaborated with doctors, case managers, social workers, regarding patient treatment plans, patient progress, expectations and therapies
- Supported patients and families, medically and emotionally. Provided education regarding diagnosis and treatments

### **Travel Nurse PACU, Endoscopy, Surgery Center**

Medstar Georgetown University Hospital

June 2014 to June 2019

- Float throughout Perioperative services caring for patients in the preoperative phase as well phase II after endoscopy, same day surgery procedures, and Interventional Radiology procedures
- Assisted physician performing colonoscopies and EGD's, also assisted with specimen collection during procedures
- Performed pre-procedure patient screening and assessments to include evaluating and educating scheduled patients for the procedure.
- Assisted Anesthesia providers performing regional nerve blocks, performed IV insertions, and blood draws
- Provided direct patient care by incorporating the nursing process assessment, planning, implementation and evaluation prior to, during and after all clinical procedures
- Collaborated with Anesthesia, Case Management, Acute Pain Service on Discharge Planning, and educated patients and families on discharge medical equipment, discharge medications, and post operative care
- Preceptor/Mentor for new travel nurses, supervised nursing care until probationary criteria was met
- Worked with medical team to develop patient treatment and care plans
- Observed patients and actualized nursing interventions to expedite healing and recovery after surgery
- Provide comprehensive instruction on discharge plans to sustain continuity of care upon discharge and drive recovery goals

### **Medical Surgical IMC Float Travel Nurse**

John Hopkins Howard County General Hospital

April 2013 to June 2014

- Provide direct quality care to patients including daily monitoring and evaluating of medical conditions
- Perform EKG interpretation and cardiac monitoring
- Performed initial patient assessments and subsequent assessments and treated based on patient's presenting problems
- Administer medications and monitor patient responses, developed, implemented and revised individual plan of care, perform tracheostomy care and suction
- Managed chest tubes, negative pressure wound therapy devices, Hemovac and Jackson-Pratt drains

### **Medical Surgical Telemetry Travel Nurse**

Wilson Medical Center

January 2013 to April 2013

- Performed initial patient assessments and worked with physicians to plan, implement and evaluate plans of care for patient
- Answered patients calls and determined how to assist them as well as provided family support
- Communicated changes in patients' clinical conditions with physicians, nursing supervisors, and co-workers as appropriate
- Managed critical cardiac drips to patient's desired effect such as Amiodarone, and Dopamine

- Recognized when to utilize chain of command when patient deterioration was apparent
- Interpreted patient cardiac rhythms, assessed and monitored patient needs while on cardiac monitoring
- Coordinate workforce management objectives with a focus on individual, departmental and hospital wide initiatives

### **Medical Surgical Unit Staff Nurse**

Duke University Health System

July 2010 to January 2013

- Charge nurse for 33 bed Orthopaedic / Medical Surgical unit
- Preceptor/Mentor for new graduate nurses and nursing care assistants and supervised nursing care until probationary criteria was met
- Performed initial patient assessments and subsequent assessments and treated based on patient's presenting problems
- Administer medications and monitor patient responses, developed, implemented and revised individual plan of care, managed PCA's, epidurals, heparin drips for patient's desired effect
- Perform tracheostomy care and suction, administered blood and blood products
- Managed chest tubes, negative pressure wound therapy devices, Hemovac and Jackson-Pratt drains
- Managed Total Parenteral Nutrition (TPN), Peripheral Parenteral Nutrition (PPN), Nasogastric tubes, PEG tubes, G/J tubes and performed feedings
- Perform blood draws, change colostomy bags, dressing changes, change IV lines, IV insertions, and perform PICC dressing changes and care per Duke Protocol
- Collaborated with Case Manager on Discharge Planning, and educated patient on DME, and discharge medications
- Contributed to strategic plans and initiatives to advance the standards of nursing care while improving patient outcomes
- Committed to serving as a patient advocate, proven collaborative working relationships with Physicians, Extenders, and the entire health care team for patient centered care

### Education

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#### **Master of Science in Nursing**

University of Cincinnati

May 2019

#### **Bachelor of Science in Nursing**

North Carolina Central University - Durham, NC

May 2010

### Skills

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- Primary care
- DME
- Medical management
- Care plans
- Nursing
- Epic

## Certifications and Licenses

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**Certified Nurse Practitioner**

**BLS Certification**

**ACLS Certification**

**RN**