Dixie Fricovsky 204 West Lincoln Apt D Mangum, OK 73554 (580) 514-9843 Dfricovsky@yahoo.com

I am a very determined newer nurse. I graduated in May 2020 from Western Oklahoma State College. I took and passed my NCLEX in July 2020. I have a strong desire to utilize and expand my nursing knowledge and skill set to provide exceptional patient care. I have a desire to not only expand my skills but also the ability to give my family new experiences as well. RN License number - R0136929

PROFESSIONAL EXPERIENCE

- <u>Grace Living Center</u> Mangum, OK 6/2016-10/2016
 Certified Nursing Aide Responsible for assisting residents with all aspects of activities of daily living and documenting completion and/or refusal of care and tasks. Gained confidence in 1:1 patient care and learned importance of reporting occurrences such as complaints of pain, skin tears, falls, refusal of care, behaviors, and vital signs to charge nurse.
- <u>Mangum Skilled Nursing & Therapy</u> Mangum, OK 3/2021-5/2021
 Registered Nurse Charge Nurse– Responsible for making sure all aides get their work done. Responsible for some treatments including breathing treatments and creams. Responsible for evaluation of residents physically and mentally, contact with resident families, maintaining contact with physicians to keep them informed and obtaining orders. On some shifts works as medication aide as well as charge nursing. Responsible for charting.
- <u>Traditions Health</u> Lawton, OK 6/2021 Current
 <u>Registered Nurse Case Manager</u> Responsible for managing and participating in hospice patient care. Responsible for ensuring patient safety and comfort, evaluation and assessment of patients, starting patients on hospice service, ensure documentation is kept up to date as well as patient MARs, participating in interdisciplinary group, reviewed plan of care for nurses as well aides. Maintained continuity of care and communication with medical director and other staff members.

EDUCATIONAL EXPERIENCES

<u>Ayers Nursing Home</u> – Snyder, OK 4/2016
 CNA clinical – Became proficient in providing total care to residents in a long term care setting, documenting care provided and reporting occurrences to charge nurse.

• <u>Tamarack Assisted Living Center</u> – Altus, OK. 4/2016 Home Health Aide Clinicals – Gained knowledge in assisting clients with caring for themselves in home type environment, documenting care, and reporting occurrences.

 Jackson County Memorial Hospital – Altus, OK 10/2018-5/2020 RN clinicals – Gained proficiency in patient assessment, therapeutic communication, teaching, sterile technique, medication administration, and documentation. Gained knowledge in signs and symptoms of complications and changes in patient status to report to physician.

RN preceptorship – Used therapeutic communication with patients while preparing them for surgical procedures. Gained proficiency in preparing rooms and patients for surgery. Gained proficiency in transferring patients to and from operating suite as well as cleaning and sanitizing operating suite between procedures.

- <u>North Texas State Hospital</u> Vernon, TX. 8/2019-9/2019
 RN mental health clinicals Used therapeutic communication in interviews with patients. Observed patients and behaviors, reviewed clinical records of assigned patients, and observed team treatment plan meetings.
- <u>Red Rock Behavioral Unit</u> 9/2019 RN mental health clinical – Observed team treatment plan meetings and participated in group therapy sessions.

VOLUNTEER WORK

• Greer County EMS, Psychology club at Cameron Univ., Nursing club at WOSC

CERTIFICATIONS

•	Long Term Care Aide.	4/2016-4/2020
•	Home Health Aide	4/2016-4/2020

• Basic Life Support

8/2013-12/2015

1/2016-5/2016

EDUCATION

- Mangum High School Diploma 8/2010-5/2012
- Cameron University General Studies.
- Southwest Technology Center CNA
- Western Oklahoma State College Nursing 8/2016-5/2020