

Angelique Garcia, RN BSN

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PROFESSIONAL SUMMARY

3-year critical care nurse in fast paced adult ICU environment.
Proficient managing ICU COVID patients that include 1:1 CRRT patients, ARDS and proning, mechanically intubated, Bipap/Cpap, and HFNC.
Safely able to manage and titrate critical care medications such as paralytics, vasopressors, and sedation/pain infusions per hospital protocol
Management of general medical intensive care patients
Capstone preceptor for graduating student nurses

HIGHLIGHTS

Detail oriented with excellent time management and critical thinking skills
Strong organization and prioritization skills
Excellent communicator and collaborator for staff, family, and patients
Positive team player as well as a motivated independent worker when needed
Ability to maintain confidentiality and adhere to HIPPA guidelines
Proficient in English and Spanish
NM Nursing Excellence Nominee 2020

PROFESSIONAL WORK EXPERIENCE

UNM Sandoval Regional Medical Center

Registered Nurse- Intensive Care Unit

05/2019- present

Provide excellent evidenced based patient care at a 12-bed ICU teaching hospital for adult medical/cardiac/surgical patients

Hemodynamic monitoring such as cardiac monitoring/invasive and noninvasive, cardioversion and defibrillation.

Management of cardiac arrest, thermoregulation, and cardiac medications.

Assist and manage with intubation and care of the patient

Safely and accurately titrate multiple critical care IV medication drips simultaneously based on hospital protocols and patient's hemodynamics

Proficient in management of DKA, CIWA, Sepsis, Acute/Chronic Renal Failure requiring CRRT

Manage and set up chest tubes, arterial lines, central lines, Flowtrack, NG/OG tubes (Contrak), and super user for CRRT machines (NxStage)

Educational Clinical Experience

CNM Nursing student – UNM clinical rotations- Geriatric/Cardiac/MedSurg/ICU/ED

08/2017-12/2018

Provided timely patient assessments and charting.

Documented data including assessment results, interventions, medication and responses, treatment changes, and patient care plans.

Provided bedside monitoring and bedside care.

Ability to interpret and anticipate lab request and orders.

Collaborated with other healthcare members regarding patient focused care and concerns.

Foley insertions, IV insertions, EKG, blood draws, safely administer and manage blood products, and medications (all routes)

Patent advocate and patient education

Lovelace Women's Hospital

Patient care float tech

07/2017- 04/2019

Ability to assist various departments within the hospital such as ER, NICU, Med Surg, ICU, Labor and Delivery triage, and Post-Partum. Provided skills and care such as ADL's, phlebotomy, IV starts, 12 lead EKG, wound care, splinting, vital signs, fetal monitoring, sterility set up, and basic infant care such as bathing and feeding. Assisted physician with wound care and infant circumcision. Can accurately collect and record specimen data. Prompt and accurate documentation throughout shift.

EDUCATION

University of New Mexico
Bachelor of Nursing Degree
July 2021

Central New Mexico Community College
Associate of Nursing Degree
December 2018

Albuquerque High School
High School Diploma
May 2011

CERTIFICATIONS

BLS/ACLS
June 2021-current

TNCC
August 2020-current

Basic Cardiac Arrhythmia
June 2021- current

Registered Nurse
March 25, 2019
License number: 55647