

# Shy Alexander

1000 Lake Street, 0818  
Oak Park, Illinois 60301  
(312) 200-4222  
shyander2020@gmail.com

## EXPERIENCE

### Grifols Biomat USA Plasma Center, Maywood, IL — Center Medical Specialist (CMS) / Licensed Practical Nurse (LPN)

SEPTEMBER 2021 - PRESENT

Center Medical Specialists (CMSs) build a rapport with donors to ensure overall customer satisfaction with the center to support long term donation. CMSs are responsible for the selection of suitable plasmapheresis donors by performing physical examinations and taking medical histories on all donors through the use of FDA approved Standard Operating Procedure (SOP) Manual, current State and Federal guidelines, OSHA, CLIA, CGMP, all internal company procedures, and personal education and experience. CMSs maintain and ensure proper sanitation and cleaning of equipment and work areas between donors. CMSs are responsible for donor awareness of potential hazards by providing donor education on trends identified regarding general health assessment completed at the Center. CMSs also provide counseling to donors regarding unacceptable test results, ensure donor and staff confidentiality, and report all unsafe situations or conditions to Center Management.

### Berkeley Nursing & Rehabilitation Center, Oak Park, IL — Licensed Practical Nurse (LPN)

APRIL 2021 - SEPTEMBER 2021

Licensed Practical Nurses provide holistic care and patient teachings to residents about their health status and safety in this facility. LPNs assist staff in residents' ADL care, we measure vital signs, we administer medication, we provide wound care, we provide emergency care to dire health concerns, we collect data to provide optimal daily care, and we are responsible for a plethora of other duties involving the residents' care individualized to each resident and in compliance to state regulations. LPNs are advocates of anti-abuse for the residents and we communicate closely with care providers and other members of the interdisciplinary team about the care of each resident. LPNs document all care given to assess and ensure the quality of life of these residents.

## EDUCATION

### Unitek College, Bakersfield — LPN/LVN

MARCH 2018 - MARCH 2020

### Independence High School, Bakersfield — Diploma

JANUARY 2013 - MAY 2013

## CLINICAL NURSING SKILLS (1400 hrs)

Activities of daily living, eye/ear/oral care, cardiopulmonary resuscitation, nasogastric insertion and care, tracheostomy care, gastrointestinal tube care and feedings, urethral catheterization and care, med-pass, wound care, blood glucose monitoring, nail care, etc.

## INTERESTS

Helping People/Traveling with Family/Obtaining Financial Freedom

## INTERPERSONAL SKILLS

- Exuberant and willing to learn and grow. Disciplined and passionate about achieving a challenging position that allows meaningful contributions to a business' financial/ethical success
- Embrasive personality that inspires people to want to work for/with me. I am motivated, determined, and resilient. I can learn quickly and adapt to change.
- Leadership skills, interpersonal, planning, work in a team environment and communication abilities. I can learn safety rules and procedures, and operating policies and procedures.

## AWARDS

Effective Communication

Perfect Attendance

Demonstrates Perseverance

Honor Roll (Principal's List, Dean's List)

Network For Teaching Entrepreneurship (Alumni Award)

CPR/BLS February 2021 - February 2023

## LANGUAGES

(Primary) English, (basic reading/ writing skills)  
Spanish

# Reference List:

*Name:* Orlando Arjona

*Relationship:* Mentor/Former Administrator

*Company:* Berkeley Nursing and Rehabilitation Center

*Phone number:* +17739576579

*Name:* Tiffany Willis

*Relationship:* Mentor/Former Director of Nurses

*Company:* Berkeley Nursing and Rehabilitation Center

*Phone number:* +13123639869

*Name:* Gary Pressley

*Relationship:* Coworker/Licensed Nurse

*Company:* Berkeley Nursing and Rehabilitation Center

*Phone number:* +12243014366

*Name:* Litasha Gardner

*Relationship:* Coworker/Nurse Assistant

*Company:* Berkeley Nursing and Rehabilitation Center

*Phone number:* +16303348786