**Keisha Westmoreland**

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**Emergency/Critical Care RN with cardiac background**

 ***Work experience* Tennova-** *Emergency Dept RN- Cleveland, TN /2018 ­ current*

* Provided acute/critical nursing care to COVID-19 patients outside of normal specialty scope.
* Offered split second, decision making skills to ensure continuity of care to all patients.
* Assisted in the care of multiple traumas, cardiac arrests, stroke codes, sexual assaults, and conscious/deep sedations.
* Provided care to people across the lifespan with different conditions from infants, children, adults, pregnant women, and the elderly.
* Assisted in the completion of sexual assault examinations.
* Independently maintained safe and effective care to patients with different ESI levels in a time restricted and demanding environment.
* Constantly communicated and collaborated with physicians and other healthcare professionals to ensure optimal care is given to patients in a timely manner.
* Closely monitored ED patients while alerting ED physicians/charge nurse with any early changes in patient’s status.
* Close interaction with patient and family members often from pain, stress, shock, or grief.
* Efficiently and knowledgeably provided quality nursing care for all ED patients, handled intubations, defibrillations, auto transfusions, IV insertions, splinting, and conscious/deep sedation.
* Leveraged interpersonal communication strengths to establish rapport and build trust with patients and families.
* Reacted effectively in emergency scenarios, demonstrating sound decision making that helps save patient lives.
* Supervised LPN's/techs and served as a preceptor/mentor to new nursing staff.

 **Memorial Hospital-** *RN, Emergency Dept Float Pool ­ Chattanooga, TN, 03/2018 ­ 07/2018*

* Assisted in the care of multiple traumas, cardiac arrests, stroke codes, sexual assaults, and conscious/deep sedations.
* Provided care to people across the lifespan with different conditions from infants, children, adults, pregnant women, and the elderly.
* Assisted in the completion of sexual assault examinations.
* Independently maintained safe and effective care to patients with different ESI levels in a time restricted and demanding environment.
* Constantly communicated and collaborated with physicians and other healthcare professionals to ensure optimal care is given to patients in a timely manner.
* Closely monitored ED patients, alerted physicians/charge nurse with any changes in patient status.
* Interacted with patient and family members often from pain, stress, shock, or grief.
* Efficiently and knowledgeably provided nursing care for all ED patients, handled intubations, defibrillations, auto transfusions, med­lock insertions, splinting and conscious/deep sedation.
* Leveraged interpersonal communication strengths to establish rapport and build trust with patients and families.
* Reacted effectively in emergency scenarios, demonstrating sound decision making that helped save patient lives.
* Supervised LPN's, CNA's and served as a preceptor/mentor to new nursing staff.

 **Erlanger-** *RN, Emergency Dept/MICU- Chattanooga, TN, 09/2016 ­ 03/2018*

* Assisted in the care of multiple traumas, cardiac arrests, stroke codes, sexual assaults, and conscious/deep sedations.
* Provided care to people across the lifespan with different conditions from infants, children, adults, pregnant women, and the elderly.
* Assisted in the completion of sexual assault examinations.
* Independently maintained safe and effective care to patients with different ESI levels in a time restricted and demanding environment.
* Constantly communicated and collaborated with physicians and other healthcare professionals to ensure optimal care is given to patients in a timely manner.
* Interacted with patient and family members often from pain, stress, shock, or grief.
* Efficiently and knowledgeably provided nursing care for all ED patients, handled intubations, defibrillations, auto transfusions, IV insertions, splinting and conscious/deep sedation.
* Leveraged interpersonal communication strengths to establish rapport and build trust with patients and families.
* Reacted effectively in emergency scenarios, demonstrating sound decision making that helped save patient lives.
* Supervised LPN's/CNA's and served as a preceptor/mentor to new nursing staff.
* Worked as “Super User” in building, introducing, and teaching Epic charting system.

 **Chattanooga Heart Institute-** *RN, Cardiac ­ Cleveland, TN, 12/2014 ­ 09/2016*

* Assessed and cared for patients with heart arrhythmias and heart disease.
* Responded with initial diagnosis to person undergoing sudden life-threatening emergency during in-house nuclear stress testing.
* Monitored patients for any negative signs of a change in condition.
* Advised on proper medication and helped with basic personal care needs.
* Developed a plan of action for the patient's long term care.
* Provided a collaborative approach to patient care.
* Worked as a "Super User" to assist fellow employees during office 'go live' with electronic computer charting and filing system.
* Educated postoperative cardiovascular rehabilitation activities to the patient, such as postoperative home care needs; necessary changes in diet, nutrition and exercise to improve heart health; and how to administer heart medication and recommended physical therapy at home.
* Managed and dosed patients in Coumadin clinic.
* Performed and developed chest xrays.
* Responded to deteriorating patients in patients during nuclear stress tests.
* Placed and educated on holter and two-week event monitors.

 **Memorial-** *RN, Med­Surg/Telemetry ­ Chattanooga, TN, 06/2014 ­ 12/2014*

* Administered/titrated multiple IV drips such as antibiotics, and anti­arrhythmias.
* Proficient at interpreting EKG strips.
* Assisted physicians in bedside procedures like vascular line insertions, and paracentesis.
* Managed patients and coordinated with respiratory therapists and doctors when necessary.
* Provided support to patient families by communicating frequently keeping them updated on status of loved one.
* Assessed, planned, implemented, evaluated and documented patient care as well as patient response to interventions for both acute sick visits and well check­ups.
* Assisted physicians and nurse practitioners with inpatient hospital procedures.
* Administered vaccines, treatments and point of care testing when indicated.
* Provided patient and family education regarding follow­up and home care instruction.

 ***Education:*** Associate of Applied Science-*Cleveland State Community College, Cleveland, TN (2014)*

 ***Certifications:*** BLS, ACLS, PALS, TNCC, and ENPC

 ***References:*  Joseph Powers, MD­ FACC (cardiology) Chattanooga Heart Institute**

 423­902­4792

 **Jeffery Miller, MD (emergency medicine) Tennova- Cleveland/Bradley County Medical Examiner**

 423­310-8458

#  Jade Lockhart, Paramedic, EMT-IV (emergency medicine) CHI/Memorial EMS Operations Manager

 423-421-8872