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| DF | DemiFreytag |
|  | Licensed Practical Nurse |
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|  | (217) 204-8628 |  | ABOUT ME |
|  | Demifreytag2@gmail.com |  |
|  | 103 Wrightsman St.Virden, Il 62690 |  | I have been in the HealthCare field, specifically direct patient care, since 2016. My passion is taking care of others and ensuring their quality of life is fulfilled to the fullest. I am continuing my education to obtain my R.N. as well as a master’s degree in nursing. My lifelong dream has been to help others and improve the lives of as many people as possible. I am passionate, caring, dedicated, focused, and driven.  |  |
|  | Indeed |  |
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|  |  |  |
|  |  |
|  ***References**** **Mary** **Barnes**

**Mary.barnes@sjcs.edu**(217)899-9976* Ashley Moore

Am5710111@gmail.com(217)494-5232* Kelly Roth

Rothkelly1979@gmail.com (217)313-0671* Kyla Buhlig
 |  |
|  (217)319-8562* Brandon Price

(217)899-7339 |  |  |  |
| SkillsDependable Efficient and detailed Excellent CommunicatorDedicated and MotivatedLeadership Qualities and skillsTeam playerAbility to work under pressureStaminaEmpathetic and compassionateEthical aConConfidientialityEducationHigh School DiplomaRochester High SchoolMay 2009Pharmacy Technician Certification*Allied Business Schools, Inc.*November 22nd, 2013Practical Nurse DiplomaLincoln Land Community CollegeJuly 29th, 2019Basic Nurse Assistant Diploma/Certification*Lincoln Land Community College*December 19th, 2016Practical Nurse Credentials: 043128085 |  | Experience **Licensed Practical Nurse**Auburn Nursing and Rehab/Auburn, Il/ December 29t5 2020– December 6th 2021Licensed Practical Nurse – Floor Nurse* Plan, manage, communicate, and implement resident care with Nursing Team, Doctors, family, and the resident
* Safely and effectively administer medications and perform treatments
* Schedule appointments
* Assist with admissions and discharges
* Coordinate care and rehab goals with Therapy Department
* Monitor residents’ quality of life, cares, vitals, and skin
* Educate and assist CNAs on job role and meeting resident needs, coordinate resident care, ensure infection control
* Advocate, educate, and protect Residents and their rights
* Documentation involving all cares, communications, and changes with resident
* Proactively assessed potential problems and initiated solutions using nursing judgement and practices

**Licensed Practical Nurse**Sunrise Skilled Nursing and Rehab/Virden, IL/August 22nd 2019 – December 15th 2020Licensed Practical Nurse – Floor Nurse* Administer medications effectively and safely
* Perform treatments
* Assist with resident cares
* Plan, manage, communicate, coordinate, and implement resident care with Nursing Team, Doctors, Therapy, family, and resident
* Monitor residents’ health – vitals, skin, intakes/outputs
* Ensure quality of life, maintain well-being and dignity
* Documentation

**Private In-Home Care CNA**Department Human Services/Springfield, IL/August 15th 2018 – August 2019* Assist with meal cooking/prep
* Assist with ADLS and grooming
* Assist with house-hold chores
* Run errands and grocery shopping
* Assist with all needs to ensure proper quality of life
* Assist with taking care of service dog

**CNA***Concordia Village/Springfield, IL/March 2017-April 2018** Provide basic cares to ensure quality of life and well-being
* Assist with basic grooming, ADLS, showering, and changing
* Assist to, from, and with meals
* Ensure dignity and rights were maintained and kept
* Obtain vitals, report change of condition, assist Nurse
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