

Arlene Wolcott

Compassionate Knowledgeable Highly Skilled RN

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My first love was acute care nursing. I did this many years both in Oregon and Washington. Critical Care, Med SURG, Oncology, Post Surgical including most Major Surgeries. Neurology, GYN, Orthopedics ENT. Leaving the hospital setting was extremely hard on me because I had worked there for so long and my dream was to retire there.

Unfortunately I was a diploma grad and did not have a BSN.

Authorized to work in the US for any employer

Work Experience

Assistant Health Services Director

The Springs Living - Salem, OR

September 2021 to November 2021

This position was not a good fit for me. I really wanted to succeed in this position. I got so hung up on the owners biography and his purpose for starting this magnificent dream. My heart was overjoyed because he had the same goals that I have always held so dear to my heart. The love of being a care taker, the importance of family and the love that shines through. The importance of strong Christian values. To stand behind your beliefs and always do your best. His desire to extend his dream to include not just his own family but to family's everywhere. To make a wonderful place for our seniors. A place to call home and to live out the final years of their lives. He recognized the importance of best practice, thinking things out clearly making plans and skillfully putting his dream in to action. It was very clear to me that this man has a compassionate heart and a desire to make things better for our aging population. His story touched me deeply and I was grateful and honored to be offered this position. I was overwhelmed with grief because I failed.

I have ADHD but my life's dream was to be a nurse. I excelled in nursing because it was my focus and my love! People with ADHD need structure. They need routine and organization. They need a dedicated teacher that believes in them. Someone that can mentor to them and provide quality time to help them succeed. I am very smart, knowledgeable and highly skilled. Nursing is my identity. God knew his plan for me. He provided me with strength, endurance the ability to fight, through mounds of hardship. I learned that to succeed I would have to fight. Fight is what I did!

If I had, had a daily agenda to follow. Handout material that was specific to my job. A organized structure learning environment. A dedicated, compassionate educator to guide me. Providing enough time and encouragement to succeed.

RN Nurse Manager

French Prairie Nursing & Rehabilitation Center - Woodburn, OR

August 2018 to February 2021

RN Charge Nurse and later the RN Weekend Manager. French Prairie is a skilled long term Care Facility in Woodburn, Oregon. Owned by the Avalon Corporation in Utah. I speak freely when I say French Prairie is top

notch and I enjoyed working there. They went above and beyond helping me to learn and feel fulfilled. What a drastic change from acute care. I surely felt like a fish out of water. I relied heavily on the LPN's RCM's, Medical Records (Lisa), Med Techs and Management. The Administrator Karla was my strength. My duties to report in to LN upon arrival, verify adequate staffing, obtain brief report on each resident from the assigned LN, assist with resident care as needed by LN ie; resident assessment, medication administration, CBG's, resident treatments and document all findings in EMR
Check emails from Administrator, DON, RCM, Social Services Worker and Medical Records. Address any issues or concerns.
Make resident rounds greeting each resident and discussing any concerns they may have.
Monitor dining room during meal times.
Observe for any safety issues during rounds
Answer resident call lights
Respond to all urgent and emergent situations.
Monitor resident care and the assigned ADL's are being completed in a timely manner.
Complete all UR chart reviews on the EMR & connect with all LN to make sure they're aware to complete record keeping on each of their residents.
Monitor all lab reports and notify designated providers of abnormalities. Take orders from providers, record all new orders on resident charts, alert LN of all new orders. Fax orders to pharmacy, labs and diagnostic providers. Check Crash Cart, Oxygen Tanks and Suction. Equipment
Check both treatment room and medication rooms for tidiness and account for all regulated supplies

RN Charge Nurse

Tierra Rose Care Center - Salem, OR
December 2016 to August 2018

Tierra Rose is a non-skilled LTC facility in Salem, Ore

Position: Charge Nurse

Upon arrival make assignments for all care providers ie; LN and CNA

Receive report from off going LN

Make rounds on all residents, monitor resident needs and report to LN

Observe for any safety issues

Check all emergency equipment and supplies.

CBG's and insulin administration in designated residents

Assess residents that have potential change in conditions. Intervene in all urgent and emergent situations

Monitor dining room during meals

Observe CNA's for providing ADL's as recorded on resident care plans. Observe resident attire and cleanliness. Observe bed bound residents for proper body positioning and turning schedule per facility protocol.

Administer treatments for assigned residents ie; gastrostomy feedings, Foley catheter and Supra Pubic catheters monitor and/or observe treatments.

Assist LN with scheduled resident skin checks,

Throughout the shift continue to answer incoming calls, review and enter all new provider orders in the EMR

Report all abnormal labs and diagnostic procedures

Communicate with all management personnel new orders, changed in resident conditions, new treatment and diagnostic orders.

Communicate with pharmacy for new medication and needed narcotics for individual residents

Work with all outside medical disciplinarians ie; Hospice, Home Health, technical support personnel.

Caregiver/Provider

Safehaven - Bend, OR

September 2015 to March 2016

Responsibilities

Currently working for this company. working with an elderly client with Alzheimer's Disease
Housekeeping medication management transport to medical apt grocery shopping and banking
Dementia care

Accomplishments built a professional trusting relationship .with this client

Skills Used

All caregiving skills

RN

Home Care - Bend, OR

April 2013 to October 2014

Responsibilities

Full time caregiver for private client included housekeeping, medication management, meal planning, transport to medical appts, all ADL's, pain management, P.T. exercise program, until his death.

RN Staff Nurse

Good Samaritan Hospital - Corvallis, OR

January 2010 to February 2013

Critical care & Oncology

RN Charge Nurse

Tierra Rose Care Center - Salem, OR

September 2009 to January 2010

Charge Nurse

RN Staff Nurse

Salem Hospital - Salem, OR

May 1999 to September 2009

Critical Care

Med-SURG

Post Surgical

Orthopedics

RN Staff Nurse

Harrison Hospital - Bremerton, WA

April 1997 to May 1999

Critical Care

RN Staff Nurse

Salem Hospital

April 1974 to February 1997

Med SURG Charge Nurse

Critical Care
Oncology

GN to RN

Good Samaritan Hospital
July 1973 to January 1974

New grad on an acute step down unit from Critical Care

Education

Diploma Graduate in Nursing

Good Samaritan School of Nursing - Portland, OR
September 1970 to June 1973

One year in Pre Nursing

Oregon College of Education - Monmouth, OR
September 1969 to June 1970

3 years in General Studies

North Salem High School - Salem, OR
September 1965 to June 1969

Skills

- Med Surg, RN
- Nursing
- Critical Care Experience
- Dementia Care
- Medication Administration
- Caregiving
- Pain Management
- ICU Experience
- Teaching
- Leadership
- Epic
- Alzheimer's Care
- Nurse Management
- Acute care
- EMR Systems
- Hospital Experience
- All Acute Care RN Skills (10+ years)
- Tube Feeding
- Patient Care

- Acute Care and LTC Skills (10+ years)
- Patient monitoring
- Experience administering injections
- Catheterization
- Basic IV
- Vital signs
- Foley catheter
- Employee orientation
- Home care
- Management

Certifications and Licenses

Registered Nurse (RN)

Present

Critical Care I & II

Present

CMSRN

February 2007 to March 2013

Telemetry

April 2010 to Present

Oncology Drug Therapy Certified

Present

NIH Stroke Scale

Present

Orthopedic TH/Tk

Present

Advanced Cardiovascular Life Support (ACLS)

March 1995 to April 1997

BLS for Healthcare Providers (CPR and AED)

June 2021 to July 2023