***Mitchell***

RM

***Rachelle***

***Professional Summary***

Focused Community Health Nurse with 8 years of experience in Home
Health care and 5 years in Hospice care. Successful in setting and
meeting long-term community goals and end of life care. Extensive
knowledge of terminal illness and working with individuals.

***Work History***

***Mount Sinai Holy Cross Hospital***

***Chicago, Il 11-30-20 to present***

* Covid-19 Infection Control and Care rendered
* Tele monitor placement to patient
* Code Blue response and care
* Assessment of Telemetry and Medical Surgical Patients
* ***IVcare, Wound care, Medical and Cardiac Intervention***
* Point of care charting in real time, Admissions

***South Suburban Nursing and Rehabilitation Staff Nurse***

***Homewood, Il 10-31-2020 – still present***

● Developed and implemented nursing care plans.
● Closely monitored acute conditions.
● Effectively managed clinical oversight for 44-bed unit.
● Pharmacological and non-pharmacological management and treatment

of various disorders and diseases***.***

**JourneyCare** - **RN RESOURCE NURSE**
Mokena, IL
*01/2014 - Current*

● Performed initial client assessment and analysis to begin research

process.

● Responded to patient requests via telephone and email.
● Worked directly with medical directors, physicians, social work and

other interdisciplinary team to achieve effective results in patient care.

● Ensured efficacy of treatments through monitoring of tr

**Belhaven Nursing Home** - **Registered Nurse**
Chicago, IL
*12/2013 - 01/2014*

● Provided skilled emergency response in critical situation
● Maintained accountability for controlled narcotics and distributed

medication on schedule.

● Evaluated effectiveness and settings of ventilator machines

***Skills***

● Microsoft, Excell, Word Perfect use
● Care plan development
● Diabetes and nutrition education
● Family advocacy
● Chronic disease management
● Hospice and palliative care
● Oncology authority
● Certifications
● Wound care coordination
● Family education

***Education***

***2018-2020***

***Ashford University***

***BSN- Nursing***

2007
**City Colleges of Chicago-Richard J**
**Daley College**
Chicago, IL
**Associate of Applied Science**: Nursing

2000
**Robert Morris University Orland Park Il**
Orland Park, IL
**Associate of Applied Science**: Medical
Assisting

***Certifications***

● CPR certified
● Wound Care Certified

**Ingalls Hospital** - **Medical Surgical Oncology Registered Nurse**
Harvey, IL
*03/2007 - 03/2010*

● Administered IVs and took patient records.
● Changed out tracheostomies, gastrostomy buttons and catheters

regularly to prevent infection or other problems.

● Utilized behavioral strategies such closed and open -ended questions

and deescalated emotional distress with patients to promote
adherence to their care plan, adopt healthy behaviors and engage in
self-care.

● Chronic patient care in med-surgical unit, adeptly handling all aspects

of treatment from medication to wound care to monitoring for 10
patients per shift.

● Specialized in the nursing care of patients with chemical dependency.
● Provided skilled emergency response in critical situations.

***Writing children stories***

"Kayla Wants to Be A Big Girl" published 2015
 "The Giant Sweet Potato - copy right 2014- in the process of being
published.
 In the future adult themes will be written.