**Katelyn M. Dykes, RN**

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# **Objective**

| Compassionate, hard-working certified Registered Nurse seeking a nursing position. Calm disposition and friendly nature with a history of providing quality healthcare to patients. Strong communication skills, willingness to work and help other co-workers, and ability to deal with all manners of people. |
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# **Skills & Abilities**

| Certified in first-aid, CPR, and ACLS. Previously a state registered nursing assistant until becoming a Registered Nurse. Excellent communication skills, as well as the ability to work well under pressure and maintain superb time management skills. Team building and employee inter-relationship skills are of outstanding quality. |
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# **Experience**

| February 2016-March 2019 | Nurse Aid,  Hyden Health and Rehabilitation  During my time at HHR, I was a nurse-aid providing adequate and quality care to my residents. I assisted with bathing, feeding, dressing, and incontinence care, PRN. I also participated in daily activities with the residents, and provided limited ROM. |
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| June 2016-March 2017  November 2018- September 2019 | Nurse Aid,  Eastern Kentucky Veterans Center  During my time at the Veterans Center as a nurse-aid, I provided adequate and quality care to the Veterans. I assisted with bathing, feeding, dressing, and incontinence care PRN, while also participating in daily activities with the Veterans.  Nurse Extern, *Hazard Appalachian Regional Medical Center (ARH)*  During my time working as a nurse extern I developed nursing skill(s) and knowledge to help me in my future career as a nurse at Hazard ARH. I assisted the nurse I was assigned to with feedings, turning, bathing, IV’s, Foley catheters, ambulation, CPR, NG tube insertions, and tube feedings. |
| October 2019-Present | Registered Nurse, *Hazard Appalachian Regional Medical Center*  During my time working as a nurse I worked on a cardiac step down unit at this facility, providing excellent patient care, along with compassion to meet patient needs. I performed tasks such as medication administration, assistance with daily activities, assistance with ROM, and life-saving measures such as CPR and ACLS. I challenged, but did not limit myself to learning new tasks, and educating myself more daily. I learned how to work well with not only other nurses, but nurse-aids and other faculty throughout the hospital. I currently work in the CVICU and have been in this position since March of 2020. I have taken care of many critical patient’s during this time and have learned new skills that I will carry with me throughout my nursing career. |
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# **Education**

| August 2010-June 2014 | *High School Diploma, Hyden, KY,* Leslie County High School |
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| August 2014-May 2015 | Morehead, KY, *Morehead State University* |
| August 2015-May 2017  March 2017- September 2019 | Hazard, KY, *Hazard Community and Technical College*  *Associates Degree Nursing, Hazard, KY, Galen College of Nursing* |

# **Communication**

| Very empathic listener and persuasive speaker. I handle face-to-face situations well when presented with them. I am hyper aware of presenting myself with good body language and facial expressions when talking to others, which is a key when you are talking to someone as a nurse, especially if they may have a different cultural background. These communication skills have been refined during my experience working with the elderly, in which I have dealt with a lot of patients who possess dementia and Alzheimer’s. It is very important to convey to the patient that you are there for them, and let them know that they are being taken care of so they can trust that everything will be okay. Recently since working in the CVICU, I have developed and adjusted my communication skills when dealing with family members. Especially during trying times such as now, it is important to keep family members updated. I’ve learned more ways of better communication, and showing compassion while being understanding. |
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# **Leadership**

| Very motivational and encouraging. In class and the work environment, I have always been known as a leader, as opposed to a follower. I always encourage my coworkers and classmates to not give up and to always go above and beyond the “call of duty”. If a coworker or classmate, or even a patient, is feeling down, I will try to enhance their self-esteem. I am a very positive person even when things do not always go as planned. It is important to not stress out because that will lower work performance, as well as performance and personality as an individual. I am very trustworthy as far as someone having a problem and me being the person that they can come and talk to and be confidential with about whatever may be troubling them. However, I do know the boundaries of confidential versus mandated reporting. If I have made a mistake, it is my responsibility to be open and honest with not only myself but others about my mistakes, which allows me to grow as a person and a nurse. Since being in the ICU, I have learned that sometimes you have to take on the role of being the leader in certain situations, that include: rapid response(s), code blue(s), trauma(s), etc. I have learned to know not only my role in life-saving situations, but making sure that everyone knows theirs as well to ensure safety for not only staff members but the patient as well. |
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