# Kymberly Gabriel

# Registered nurse

Norwalk, IA 50211 kymberlyleothi2\_jqt@indeedemail.com +1 515 494 5764

Caring and compassionate nurse who's dedicated to making sure that patients receive quality health care services.

# Work Experience

#### **Health and Wellness Director**

Agemark Corporation - Norwalk, IA July 2021 to October 2021

Oversee health and wellbeing of tenants in the independent, assisted, and memory care community. Develop care plans. Coordinate staffing. Training and education of direct care staff.

#### **Interim Director**

Campbell street services - Des Moines, IA May 2021 to July 2021

provide daily review of building clinical standings for all residents within the building alongside the medical director and nurse practitioner. Conduct daily assessments, review nursing documentation, update and review of care plans, complete staffing, and many other leadership tasks.

#### **Director of Nursing**

Norwalk Nursing and Rehabilitation Center - Norwalk, IA January 2019 to January 2021

provide daily review of building clinical standings for all residents within the building alongside the medical director and nurse practitioner. Conduct daily assessments, review nursing documentation, update and review of care plans, complete staffing, and many other leadership tasks.

## MS/Tele Clinical Staffing RN

UnityPoint Health - Des Moines, IA February 2018 to March 2019

Assist with staffing in 17 different Medical/surgical floors throughout the Unitypoint Health DSM region. Vital and assessment of post-surgical patients. Medication administration and intravenous therapy. Direct patient care under physicians orders.

## **RN Case Manager**

Optimae LifeServices - Des Moines, IA March 2017 to April 2018

Provide home health based mental health services to the Des Moines region and it's surrounding counties. Working alongside clinical supervisor to ensure mental health remains stable and health care needs are met and maintained.

Medication management

- •wound and ostomy care
- home infusion therapies

### Medical/surgical/trauma nurse

Mercy Medical Center - Des Moines, IA May 2015 to April 2017

Vital and assessment of post-surgical patients. Medication administration and intravenous therapy. Wound care and ostomy management. Transplant post surgical care and management.

#### **Pediatric Nurse RN**

Iowa Home Care - West Des Moines, IA August 2014 to August 2015

Provided in home health services for pediatric clients. Which included, medication administration, physical assessment, intravenous therapy, wound care, and venipuncture.

#### **Pediatric Home Health Nurse LPN**

Ultimate Nursing Services - West Des Moines, IA November 2013 to January 2015

Providing health services to children in home.

- Maintain health of children and assisting in meeting health goals.
- · Administer medications and treatments as ordered.

#### **LPN (Licensed Practical Nurse)**

Mercy West Pediatrics - Clive, IA August 2013 to December 2013

Assisted with clinical work such as, preparing patients for physicians assessment, phlebotomy, laboratory, medication administration, and scheduling.

#### Education

#### **Associates degree in Nursing**

Kaplan University-Des Moines Campus - Urbandale, IA October 2013 to October 2014

# **Diploma in Licensed practical nursing**

Kaplan University - Urbandale, IA November 2011 to May 2013

# **Nursing Licenses**

#### RN

Expires: March 2023

State: IA

# Skills

- Medical Terminology (5 years)
- Home care (3 years)
- Customer Service (9 years)
- Nursing
- Medication Administration
- EMR Systems
- Patient Care
- Venipuncture
- Epic

# Certifications and Licenses

# **Mandated Reporter child and adult**

November 2019 to November 2022

# **BLS/CPR**

November 2019 to November 2021

## **HIPAA**

Present

# **BLS, ACLS**