

Nadhra Mohamed

Chaska, MN

nadhrmohamed2_znh@indeedemail.com

Authorized to work in the US for any employer

Work Experience

Nursing Assistant

sunflower community assisted living - Saint Cloud, MN

July 2019 to December 2021

- Cared for individuals with dementia, Alzheimer's disease, physical disability, those undergoing post-operative recovery, and convalescents.
- Took and recorded vital signs such as temperature, blood pressure, pulse and respiration rates, and blood sugar
- Monitored patients' intake of oral medications as directed by physician or nurse, and made a notation of time and amount given. Cleaned rooms, changed bed linens, and attended to patients' comfort and cleanliness
- Turned bedfast patients to avoid bedsores or gave enemas, douches, massages, alcohol rubs, and compresses.
- Prepared and served food or fed patients needing assistance, and recorded food or liquid intake and output.

Nursing Assistant

Northway care - Saint Cloud, MN

September 2017 to February 2019

- Provide personal hygiene for elderly patients or those recovering from surgeries, injuries, or accidents by assisting with their basic needs, such as showering, bathing, dressing, and eating.
- Maintain patient stability by checking vital signs and weight, and recording intake and output of urine.
- Offer activities that are essential for daily living by assisting patients with their meals, including serving and feeding them if necessary.
- Serve the hospital community by adhering to professional standards, hospital policies, and procedures, as well as local, state, and federal requirements.
- Set up medical equipment and help with various therapeutic procedures to include laying out tools for examinations or moving devices between rooms.
- Answer calls for assistance and observes changes in a patient's behavior, emotional state, or physical condition.
- Implement individualized care plans and offer support to patients to maintain their dignity, privacy, and comfort.
- Assist in the maintenance of a clean, tidy, and safe environment by reporting environmental deficiencies including equipment or lighting problems to the charge nurse.

Education

High school diploma

Chaska High School

September 2015 to June 2019

Skills

- Applied Behavior Analysis
- Behavioral Health
- Special Needs
- Tutoring
- Autism Experience
- Behavioral Therapy
- Special Education
- Experience with Children
- Alzheimer's Care
- Dementia Care
- Individual / Group Counseling
- Addiction Counseling
- Crisis Intervention
- Group Therapy