

Elizabeth Frost

Oshkosh, WI 54901

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(920)2525287

Actively seeking to reach my full potential

Willing to relocate: Anywhere

Authorized to work in the US for any employer

Work Experience

Certified Nursing Assistant (CNA)

Winnebago County Health Department - Oshkosh, WI

March 2020 to Present

ADL's, food service, memory care, restorative care, ROM, activities, charting, etc.

CNA - Certified Nursing Assistant

Bethel Home - Oshkosh, WI

January 2020 to March 2020

- Worked in a nursing home
- Monitored vital signs
- Served meals
- Performed post-mortem care, if needed
- Cleaned and sanitized rooms
- Recorded resident care daily
- Assisted residents with activities of daily living

Caregiver/Med Tech

ARCADIA HOME CARE STAFFING - Appleton, WI

December 2019 to February 2020

ADL's, housekeeping, meal prep, medication administration, memory care.

Lead Medication Aide

LAKEPOINT VILLA ASSISTED LIVING - Oshkosh, WI

August 2018 to April 2019

Medication management, ADLs, Laundry, Housekeeping, Food prep/service, maintained all medical records of patient care, condition, or problems to report and discuss with Care Coordinator, supervised other caregivers on shift, trained new employees.

Caregiver/Med Aide

LAKESHORE MANOR-MEMORY CARE UNIT - Oshkosh, WI

September 2017 to May 2018

Medication management, Laundry, Food prep/service, Direct patient care aimed at comfort, psychological, social, and spiritual well-being. Aided in personal hygiene, physical comfort, nutrition, rehabilitation and safety.

Caregiver/Med Aide

EMERALD RIDGE ASSISTED LIVING - Neenah, WI

September 2016 to July 2017

Medication management, ADLs, Housekeeping, Activity involvement, Food service, Communication between physicians/hospice and the facility, trained new employees.

Education

Certified in Nursing Assistant

Fox Valley Technical College - Oshkosh, WI

December 2019 to January 2020

Certificate in Nursing Assistant

FVTC - Appleton, WI

January 2010 to April 2010

GED in High School Education

FVTC - Appleton, WI

December 2008

Skills

- CPR/First Aide (8 years)
- Med Tech (8 years)
- Assisted Living (8 years)
- Microsoft Word

Certifications and Licenses

driver's license

Basic Life Support (BLS)

January 2020 to January 2022

Certificate ID: 004IOKG

Certified Nursing Assistant (CNA)

February 2020 to February 2022

License number: WI032257301639

Assessments

Customer Service Skills — Proficient

December 2018

Measures a candidate's skill in evaluating approaches to customer service & satisfaction.

Full results: https://share.indeedassessments.com/share_assignment/5cxbcizknliii0co

Nursing Aide Skills — Expert

October 2019

Providing nursing aid to patients using knowledge of relevant equipment and procedures.

Full results: https://share.indeedassessments.com/share_assignment/zp3rge5etmkda7tv

Nursing Skills: Patient Focus & Orientation — Proficient

October 2019

Addressing concerns and using sensitivity when responding to needs and feelings of patients.

Full results: https://share.indeedassessments.com/share_assignment/hioruvwuwuspynq

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.

Additional Information

SKILLS

- Strong attention to detail
- Selfless/Empathetic

- Medication Administration
- Patient Safety
- Vital signs/CPR